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USPS 388-320

THE NEWS-LEDGER

35 Cents

(916) 371-8030

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Volume 31, Number 19 | *Serving West Sacramento and Yolo County Since 1964* | Wednesday, December 28, 1994

Mischief mars Santa runs

■ Carload of teens harasses firefighters' Santa Claus, and organizers are re-thinking next year's visit from the jolly St. Nicholas

By Steve Marschke

Every year in December, volunteers from the West Sacramento Firefighters Association venture forth from local fire stations with Santa Claus atop a fire truck, visiting West Sacramento neighborhoods and tossing candy canes to local youngsters.

And every year, there are a handful of unpleasant experiences as some locals throw rocks, eggs or insults at the jolly fat man.

This year, according to local firefighters, a carload of teenagers in West Sacramento's north area actually threatened to shoot Santa if he didn't give them more candy. Because specific information was not gathered about the car and its occupants, the matter has not been turned over to the police.

"99 percent of the people are great," said one firefighter who asked not to be identified. "We're doing this for the community, and it's sad this kind of thing has to happen. We may have to change how we do this next year."

Among the options being kicked around for next year's Santa run include inviting a police escort or confining Santa's visits to parks or grocery store parking lots instead of driving him around on residential streets.

At least one resident, Karen Christenson of Essex Ave., is upset by the possibility that Santa might not make the rounds next year due to a few people throwing rocks or threatening Santa. Christenson has a young daughter who enjoys the lights and festivities surrounding the fire department's Santa runs.

"We don't want this taken away from us because of some

Please see SANTA, back page

Christmas dinners for 840

■ According to project's organizers, about ten percent of West Sacramento's population took advantage of donated food for the holidays

By Steve Marschke

Just before the holiday, members of the West Sacramento Christmas Basket Project passed out 840 boxes of holiday food to needy local families. Taking into account the number of people in each family (the parcels were tailored to family size), that represents about 2,956 people fed by the charity project.

"That's up from last year," said Helena Helmold, one of the event's organizers. "That's nearly a tenth of the city's population."

The food came from collections brought in by nearly all the city's churches and service groups, headed by about 100 volunteers. It was distributed from the I.L.W.U. union hall near 4th and F streets in Broderick (in the city's northeast area).



Photo courtesy of Hope Anaya

Preparing Christmas basket meals

"People got poultry, fruits, vegetables, potatoes, soup, milk, bread, rice, and a little something extra. We only served about 10 homeless families. We geared those packages towards things they could use."

Because the homeless families would have difficulty cooking chicken or rice, for example, they instead received items like Spam or canned stew.

Helmold praised the teamwork and giving spirit of those who volunteered and those who donated food.

"West Sacramento is just the most absolutely fantastic town," she said.

Helmold cited the residents of Crystal Court in Southport (a neighborhood equally famed for its enthusiastic Christmas light decorations) for their generosity.

"Crystal Court must have brought in seven barrels of food just by themselves. They had the court lit up and we gave them a barrel and they just kept filling it."

Sulpizio is named new director of local port

■ Assistant port director to get his turn at the helm after eight years of service as assistant

By Steve Marschke

At a Tuesday morning meeting, the Port of Sacramento's governing commission chose to select assistant port director John Sulpizio as the new head of the facility, replacing outgoing director Mike Vernon, who has announced his resignation effective March 31.

In doing so, the commission elected not to open up a candidate search to fill the position.

Sulpizio, a West Sacramento resident, has served as assistant director of the port since 1987. He came to the local facility (which has its headquarters on Stone Blvd. opposite the south end of Park Blvd.) from Ohio.

He spent eight years as a comminity and economic development officer for the city of Loraine, Ohio, and then served eight years as director of the port in Loraine which serves Lake Erie.

He said that Port Loraine and the Port of West Sacramento have little in common aside from both being inland ports.

"They're two entirely different kinds of ports," said Sulpizio. "The Port of Loraine moved something like 10 million tons of cargo annually, primarily across private docks. We were a planning and financing agency, with few facilities."

That port handled mostly bulk industrial cargoes such as iron ore for the steel industry.

The Port of Sacramento, on the other hand, "owns far more assets and is far more complex in its business operations."



John Sulpizio

Sacramento's port owns a lot of real estate and cargo facilities, making money primarily by handling agricultural and timber commodities such as rice, fertilizer, wheat and wood chips.

The Port of Sacramento faces a huge challenge in the coming year, say both its outgoing director and its incoming one.

"We continue to need to improve our facilities if we're to remain competitive in the region," said Sulpizio. "Major capital investments are being delayed. On a day-to-day basis, though, we're trying to attract customers and modestly improve our facility through our capital improvements program."

The port has had troubled times since cargoes dropped off beginning in the 1980s. But the facility made over a million dollars in its last fiscal year -- its best in a decade -- largely due to increasing rice exports to Japan.

Port officials hope to finish deepening the deepwater channel which connects the facility to the Sacramento River (and onward to the Bay Area) near Rio Vista, and to upgrade conveyor systems and other equipment and facilities. But when they floated the idea of using a public bond measure throughout the port district (an area which includes Sacramento County and eastern Yolo County), cries of alarm went up from the city and county of Sacramento.

So the cities and counties on both sides of the river have joined to begin a study of the port, to examine its viability and its options. That study was targeted for completion in March.

"It may well be that the study will take longer than earlier anticipated," Sulpizio

Please see SULPIZIO, p. 10

More on Ganas case:

Police restraints helped cause death of suspect, attorney says

■ Lawyer for victim's family says "hogtying" of Ganas contributed to his respiratory failure and death

By Steve Marschke

An attorney for Alex Ganas, a 33-year old Sacramento man who died in the custody of West Sacramento police after a violent struggle with them in 1991, said that excessive force and improper restraints helped cause the man's death.

"The officers used excessive force on Alex at the Allstar Inn (a Harbor Blvd. motel), using 15 to 25 baton strikes," said lawyer Rick Sieving. Sieving and West Sacramento officials recently negotiated a $225,000 settlement over the death, which will include a $100,000 up-front payment and the purchase of $125,000 in guaranteed annuities to benefit the dead man's two children over the coming years.

Ganas leaves a nine year old son and 12-year old daughter.

According to a Yolo County coroner's report, Ganas had a 3.3 mg./liter blood level of methamphetamines when he died, and a blood level of 2 mg./liter is potentially fatal. The coroner also found evidence of heart disease in the six-foot, 223 pound man.

According to Bruce Kilday, the attorney for West Sacramento, police were called to the motel Aug. 24, 1991 to investigate a prowler. One witness said Ganas was looking in car windows and motel windows.

When police arrived, he started to show them identification and then turned to walk away, said Kilday. The officer put a hand on Ganas's shoulder, and Ganas turned around and "pounded" the officer.

A struggle ensued, with Ganas using what city officials said was almost superhuman strength. A police dog bowed out of the fight early after being inadvertently struck on the nose with a police baton.

"It took three or four officers just to hold him down," said Kilday. "At one point, he did a pushup with two officers on his back."

Five officers became involved.

When they subdued him, officers placed hobbles on his ankles, handcuffed him behind his back, and "hogtied" Ganas (connecting his handcuffs to his hobbles) as they put him in the

Please see GANAS, back page

More reports of mail stolen from residential Southport mailboxes

At least two residents of the Linden Road area east of Jefferson Blvd. in Southport have reported mail stolen from their mailboxes recently.

"I put my mail out at 7:30 a.m. into the mailbox, and when I went out to add to it at 9:00, it wasn't there," said Pat Stratfull of Linden Road. "The mail carrier had not yet come."

Another resident has reported to the post office that there was not mail in her box on a day she was expecting to receive some. Later, she was informed by a bank that someone was cashing some personal checks which were supposed to have been sent to her mailbox, but evidently had been stolen from it.

That incident occurred about six weeks ago.

West Sacramento postmaster Ron Herbert said the case of the woman with the stolen checks is the only such incident which has been reported to him, and he encouraged the resident to file a police report.

Stratfull said she had been told by a postal employee that a bag of mail taken from the Gregory Rd./Bevan Rd. area in Southport was found in a ditch nearby, with the mail having been opened and searched.

"It was mail from the locality all around there," she said. "They just tear it open to see if there's money in it and then just dump it."

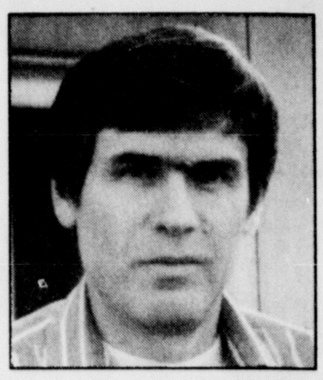
About a year ago, a similar streak of mailbox thefts was reported. Areas of Southport and Bryte were targeted, and some of the mail was recovered alongside a rural road north of West Sacramento.

A Sacramento postal inspector recommended several ways for residents to try to protect themselves from theft. He recommended that people not leave either incoming or outgoing mail in their mailbox overnight, and that they note the description and vehicle license numbers of anyone seen loitering around residential mailboxes.

He also said people should suspect mail theft if someone has obtained some of their new checks, or their credit card numbers, and tried to use them.

How the truth always seems to be in reverse

My Back Pages



By Daryl Fisher

When I was young -- 22 to be exact -- a girl I liked invited me to go camping with her and her family. I had just returned from Vietnam and I told her, "Thanks for asking, but I think I've had enough camping to last me a lifetime."

"But this isn't real camping," she assured me. "We have a nice little cabin up near Donner Lake. Come on -- it'll be fun. Plus my dad really wants to meet you."

"What?" I asked, suddenly more alarmed than if she had said her family cabin was located right in the heart of the Iron Triangle.

"You're going to have to meet my dad sooner or later," she said, obviously reading the panic on my face. "This'll be the perfect way to get it over with."

"I guess you're right," I finally said. "Is he a pretty easy person to talk to?"

She smiled, took my sweaty hand into hers and said, "I'm afraid he teaches philosophy. You should be prepared to think BIG."

"What's that mean?" I asked with concern.

"Just that my dad is full of hot air and thinks he has the answers to all of the world's problems." She smiled even wider and added, "Hey, you two ought to get along just great, huh?"

And so we did until darkness blanketed my second night at the mountain-top cabin and my girlfriend's father suggested that the two of us go out and look up at the numerous constellations he could identify. "So, Daryl, what do you think about when you look up at all these stars on a clear night like this?" he suddenly asked me out of the blue.

"Oh, I don't know," I finally managed to reply. "How the universe got started and stuff like that I guess."

"Well," he said, looking directly at me -- almost through me, "when I look up into the sky on an incredible night like this, I think about how everything we believe in is usually 180 degrees from what it seems."

"Really?" I said, trying to buy some time.

"That's right," he explained, "the truth is almost always the exact opposite of what we think it is. Now you think about that when you get some time. It's a great thing to learn at an early age."

He also went on to explain the yin and yang in Chinese cosmology and a number of other interesting concepts which went over my head, but later that night, as I tried to fall asleep on a sagging couch which had seen much better days, I couldn't get his little theory that the truth is rarely what we think it is out of my mind. As I kept endlessly flipping the beliefs (he had called them barriers) which confined my life on their backside, it finally dawned on me that the man wasn't nuts at all -- and that what he had said was actually an insight worth remembering.

Anyway, although his daughter and I stopped dating soon thereafter and I never really got a chance to talk to him at any great length again, I still recall that little starry-night chat with appreciation from time to time. I also often find myself bumping into the truth -- at least what I believe the truth to be -- just where he said I would find it -- about 180 degrees from where it's supposed to be -- and here are just a few old assumptions of mine which have turned out to be pretty much the exact opposite of what I once believed them to be:

That if you put enough time and effort into raising your children, they will all turn out exactly the way you want.

That the more money you earn, the more you'll be able to save.

That one has to love rarely to love well.

That we can tame the savageness of man and make gentle the life of the world.

That one can actually improve the educational experience of young men and women by getting elected to a school board.

That those who make big profits know how to profit from them.

That the politics of nations are shaped by men with ideals and nobility.

That a man or woman who has become conscious of the absurd will someday be free of it.

That a gorgeous spring day in the foothills can last forever.

That the world will not kill the very good, the very gentle, and the very brave impartially. That one's fate is a punishment.

That there is no victory in lost causes.

That there is sun without shadow, and it's not essential to know the night.

That there is meaning in the happiness of angels.

That we can know beauty without being intimate with suffering.

That the decadence of our era is different from that of others.

That when you act, you risk more.

And that we will have the good fortune in our lives to meet, love, and disappoint only exceptional beings.

Academic decathlon, mock trial teams fire up at RCHS

By Rhapsody Flores
Commissioner of Publicity,
River City High School

River City's winter activities have just begun. The academic decathlon team members have been chosen. The mock trial team has received their official mock trial competition case. The leadership class has been busy coordinating many holiday activities and fundraisers. Many students at River City have been participating in community service.

River City's academic decathlon honor team members are Hoang Truong, Sarabh Sharma, and Arsalan Yusufzai. The scholastic team consists of Toua Lee, Jose Gonzalez and Frol Savenko. The varsity team member is Jayson Gawthorpe. Ms. Higgins and Mrs. Carlisle have taken on the job of coaching the team. The team has been studying many different subjects to prepare for their competition. The academic decathlon team will compete at Davis High School on February 4, 1995.

The mock trial team is also preparing for competition and has its first practice round in January. Team members are Andradi Villalobos; Raquel Peralta; Andrea Smith; Marie Vasi; Kizzy Wood; Rebekah Shubin; Shelly Taunk; Sarah Vanderford; Ty Fisher; Rishi Sharma; Leslie Lamkin; Melissa Farril; Ivanna Nickolic; and Jason Scrimsher. The competitions will take place on February 4, 1995.

The leadership class at River City has been busy. The junior class officers just held the winter dance. The commissioner of Internal Affairs, Alyssa Murphy, has just finished putting together River City's annual tree and door decorating contest. Sixth period classes have the chance to participate. This year's theme is "Santa's Workshop." The leadership class is also holding fundraisers to raise money. The leadership students hope to earn enough money to attend the Winter Election Leadership Conference (WELC) in Los Angeles this February.

Students at River City have been putting in extra time to help the community. R.C.'s leaders have raked leaves, cut branches and had a simple conversation with some of West Sacramento's elderly. Many students have participated in the annual can food drive.

River City's Renaissance program is collecting socks for students at the Mustard Seed School. River City High School seems to be in the holiday spirit.

Farming to be radio topic

As the farming community goes, so goes the economy. That's the saying and the fact what will be explored today on the West Sacramento Chamber radio show from 12:05 to 1 p.m. on KJAY, 1430 AM.

Bob Dunham, chamber member and owner of Freddie's Gourmet, will interview local agribusinessman Joe Borges, who is set to discuss the issues that keep farmers, grocers and residual businesses going, and how what happens to them affects the general public.

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WEST SACRAMENTO

Obituaries

Virginia Ortiz

Virginia "Dottie" Ortiz, a long-time community leader in the West Sacramento area, died Dec. 21, 1994 in Sacramento at the age of 90.

She is survived by children Margie Clark, Alma Rains and Frances Mendoza of West Sacramento, Paula Emperador of Sacramento, Leonard Ortiz of Galt; by brothers and sisters Tessie Meyers of Yountville, Pearl Phillips of Petaluma, Gene Long, Wilbur Long and Harvey Long of Sacramento; and by 24 grandchildren and 25 great grandchildren.

She was preceded in death by daughter Rachel Otten.

A Mass of Christian Burial was held Dec. 27 at Holy Cross Church in West Sacramento, and interment followed at St. Mary's Cemetery. A Recitation of the Rosary took place Dec. 26 at Harry Nauman & Son funeral chapel in Sacramento.

Mrs. Ortiz was born in Oklahoma Indian territory in 1904 and settled in West Sacramento's Broderick area in 1925 with her husband, the late Julian Salvator Ortiz.

During W.W. II, she chaired a sewing group that prepared medical kits for combat and baby clothes for the needy. She was a volunteer at Holy Cross Church for many years.

Mrs. Ortiz was assistant postmaster in Broderick for a year and worked as a cafeteria employee, and as manager of the Bryte Elementary School cafeteria, from 1954 to 1968. She was a lifetime member and past president of the Parent-Teacher Association and volunteered for the Broderick Christian Center and served as chairwoman of the East Yolo Senior Club's quilting group.

In 1973, United Christian Centers honored her for her work with Broderick and Bryte residents. On October 29 of this year, the city council of West Sacramento honored her 90th birthday with a proclamation for her community service.

In a document signed by Mayor Cindy Tuttle, the council characterized Mrs. Ortiz as a "shining example of love and devotion to her large family" and recognized her "many contributions to the community."

She was preceded in death by her son Steven R. Caouette and sister Irene Cunha.

A native of Elk, California, she was a longtime West Sacramento resident.

A Mass of Christian Burial will be held Dec. 28 at 10:00 a.m. in the St. Francis Catholic Church in Sonoma. Recitation of the Rosary was held Dec. 27 at River Cities Funeral Chapel in West Sacramento. Interment will be at St. Francis Cemetery in Sonoma.

Memorials are preferred to the Hanna Boys Center, P.O. Box 100 in Sonoma, CA 95476.

Josephine Cauette

Josephine Caouette died Dec. 22, 1994 at the age of 81.

She is survived by her husband of 47 years, Ray Caouette of West Sacramento; by daughter in law Melody Caouette and grandson Jonathan Caouette of Rohnert Park; by sister Lucy Reardon of Sonoma; and by several nieces and nephews.

Alfred Migge

Alfred Lloyd Migged died in Colusa on Dec. 3, 1994.

He is survived by his wife, Myrtle Migge of West Sacramento; by children Donald Migge of Rancho Cordova and Jane Cook of Springfield, Oregon; by twin brother Francis Migge of Belmont; by son in law Jim Cook and daughter in law Mary Migge; by grandchildren Erin and Melissa Migge and William Cook.

A 42-year resident of West Sacramento, Mr. Migge was a retired accountant for the state department of water resources, with 25 years of service. He was a native of San Mateo, age 74.

Funeral services were held Dec. 9 at East Lawn Mortuary. Interment followed at East Lawn Sierra Hills Memorial Park. In lieu of flowers, memorial contributions may be made to the American Heart Association, Golden Empire Chapter, P.O. Box 160126, Sacramento, CA 95816.

THE NEWS-LEDGER
Est. 1964

The *News-Ledger* was founded August 14, 1964. It is the successor to the *Weekly Reader*, founded by Julius A. Feher in April 1938, and incorporates the *West Sacramento News*, founded by Julius A. Feher in August, 1942.

The *News-Ledger* is a weekly newspaper published every Wednesday. It provides coverage by mail and other distribution to the city of West Sacramento, including the communities of West Sacramento, Bryte, Broderick and Southport.

The *News-Ledger* is a newspaper of general circulation by Yolo County Superior Court decrees No. 21893, dated June 1, 1967, and No. 29812, dated June 4, 1973.

Michael P. Garten, Publisher
Successor to Julius A. Feher, 1988

Steven K. Marschke, Editor
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David Weller, Correspondent
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Richard Novoa, Correspondent

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Design Consultant & Coordinator

Second Class Mail privileges authorized May 10, 1965 at the West Sacramento Post Office. Second Class Mail paid at West Sacramento, CA 95691.

Price per copy: 35 cents

Subscription price: $15.00 per year within Yolo County (including West Sacramento); $20.00 per year all other areas in the U.S. Call (916) 371-8030 to begin home delivery by mail.

News submissions: The *News-Ledger* welcomes information on local news and events. It is best to submit news and calendar items in writing, with your phone number in case we have any questions, to the below address. Deadline is the preceding Friday at 5:00 p.m. Call 371-8030 if you need more information.

Letters to the Editor: The *News-Ledger* welcomes letters to the editor offered for publication and offering the views of its readers on any issue of local interest. Letters must be original, signed, and must include the author's phone number and address for confirmation purposes. Letters should be brief and may be edited for length or for objectionable or libelous content.

Deadline is the preceding Saturday, and letters may be mailed or dropped off to the below address.

Advertising: Deadline for classified advertising is the preceding Monday at 5:00 p.m., and ads should be prepaid. See the classified advertising page or call 371-8030 for more information. Deadline for all other advertising is 5:00 p.m. on the Friday before publication; call 371-8030 for information.

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SPORTS

The Sports Insider

(Editor's note: the editor enjoyed last week's Sports Insider column so much that he inadvertently signed his own name to it. Apologies to Mr. Novoa and to any confused readers.)

By Richard Novoa

The N.F.L. playoffs are set to start on Saturday, Dec. 31 as the 49ers finished the season losing to the Central Division champion Minnesota Vikings 21-14 last Monday night.

In the second quarter, coach Seifert began replacing the players that earned the 49ers the NFL's best record at 13-3. Before retiring to the bench, Young completed 12 of 13 passes for 94 yards with no interceptions and one TD, and ended the regular season with a proficiency rating of 112.8, eclipsing Joe Montana's league record of 112.4 set in 1989.

Young also won his fourth straight NFL passing title and was voted to the All-Pro team as was Jerry Rice.

More importantly, the 49ers didn't lose any of their first string players, and the Niners won't have to play again until Jan. 7 at Candlestick Park against one of the three teams that finished beneath Minnesota in the standings: Detroit, Green Bay or Chicago.

If the Vikings beat the Bears, they travel to Dallas on Jan. 8 and the 49ers play the winner of the Detroit/Green Bay game.

The Packers are playing the best among the wild card teams, so look for Green Bay to win at home. **Green Bay 31 - Detroit 23.**

The Vikings have beaten the Bears seven straight times, but if the Vikings' QB Warren Moon, who injured his knee, doesn't play, look for an upset by the Bears. If Moon plays the whole game: **Minnesota 28 - Chicago 17.**

The Los Angeles Raiders are the best team not to make it to the NFL playoffs this year and they have nobody to blame but themselves. With the score 7-3 Kansas City, the Raiders' QB Jeff Hostetler threw an interception in the closing seconds of the first half that was returned for a touchdown, and the Chiefs moved into the playoffs next Saturday in Miami.

This game is a hard one to pick because Joe Montana can win anytime and anywhere and Kansas City has all their injured players back for the playoffs.

On the other hand, Dan Marino has led the Dolphins to the Division title in the East, but they have struggled all year. This is a toss up -- take the points! **Miami 28 - Kansas City 27.**

The last AFC wild card game is on Sunday, Jan. 1 -- New England at Cleveland.

The Patriots, who after losing to the Browns in Cleveland in week ten, have won their last seven games in a row and are playing real well. Take the points and the Patriots in an upset at the dog pound! **New England 23 - Cleveland 19.**

HAPPY NEW YEAR!! See ya next YEAR!!

Cameron Foundation makes $21,430 gift to library

From Jay Johnstone
Yolo County Librarian,
Arthur F. Turner Branch

On December 13, the Arthur f. Turner Branch of the Yolo County Library received a grant of $21,430 from the Cameron Foundation of West Sacramento to expand its reference services. The expanded reference project, called Research Toolbox, consists of five-year subscriptions to a computerized news database and some financial newsletters. The objective of the project, according to library manager Jay Johnstone, is to help students and independent researchers get the facts they need more quickly.

The centerpiece of the project is INFOTRAC, a computerized database of over 150 general interest magazines, a newswire service and three almanacs. Full-text articles are available on the system and can be printed out at the computer station in the library. In addition, the library will subscribe to Valueline Investment Survey and Morningstart Mutual Funds.

The Cameron Foundation grant will help the library restore subscriptions which were lost to budget cuts amounting to 30% during the last two years. Although individual donors and the East Yolo Friends of the Library have been able to make up some of the losses, the Cameron Foundation grant will stabilize the subscription budget and allow West Sacramento residents access to information previously available only at the Davis branch or from the main Sacramento Public Library branch. Unlike the Sacramento library system, however, the Yolo County Library branches in Davis and West Sacramento have been able to retain evening service hours.

Who benefits from the investment in library information resources? Recent examples at the Arthur F. Turner branch include jobs seekers getting background on prospective employers, investors watching the stocks and bonds markets, medical patients involving themselves in their own treatment and individuals researching their legal rights. And there are always school children with homework assignments.

The new subscriptions will start in February. The library will use computer equipment already at the branch which will be enhanced to run the INFOTRAC database. The library administration has also announced dial-in access to its own YOLOLINK database of human services and is working with other library systems and commercial vendors to link their resources. Branch librarian Johnstone credits the Cameron Foundation with helping West Sacramento use these emerging technologies. Without the budget to subscribe to databases, says Johnstone, you may be able to ride the information highway, but you won't have the admission price to bring home the treasure.

For more information about services and activities at the Arthur F. Turner Branch library, call 371-5612.



Toys collected & passed out for Christmas

For years, Mary and Norman Pierce have spent their time collecting toys to give out at Christmas time. They go to thrift stores, garage sales and flea markets, and look over many toys. Mary buys only those toys that she can put in the washing machine, brush, and tie on a new ribbon.

The Pierces visit the preschools, churches and some day care centers, the community clinic, and the battered children's center. They also got into low-income areas and look for the homeless children on Christmas day.

This year, Mary and Norman attended the party with Santa at the Moose Lodge for the mentally retarded; these children so enjoy Santa's visit.

After Santa visited Harper House for abused children, he was so impressed that he made a second visit and made a donation of $500, which was greatly appreciated.

They also donated to the VFW Hall in Bryte and West Sacramento for their Christmas party and were told how much the children enjoyed the toys.

Mary and Norman gave out over twelve hundred toys. Approximately 100 of the toys were donated by friends, which they appreciated. Anyone wishing to donate toys for the program is asked to contact Steve Marschke at the News-Ledger.

Mary is a member of Soroptimist International and each year Soroptimist International gives a party for the seniors at the Senior Center on Cummins Way, and this year Mary and Norman gave each senior a teddy bear, which they all enjoyed.

Mary Pierce and Santa also presented Susan Lindahl a check for $200 for the Food Basket from Soropimist International West Sacramento.

Have you written a letter to the editor lately?

Sports Quiz Answers

1. Knute Rockne; 2. baseball; 3. Peggy Fleming; 4. Ladbrokes of London; 5. one; 6. "Brian's Song"; 7. Jimmy Snyder; 8. Rocky Marciano

The Sullivan Sheet
by Rick Sullivan

N.C.A.A. FOOTBALL BOWL PICKS

ORANGE BOWL, Miami, Florida
Miami 2½ over Nebraska

PEACH BOWL, Atlanta, Georgia
Mississippi St. 7 over N.C. State

HALL OF FAME, Tampa, Florida
Wisconsin 1½ over Duke

CITRUS BOWL, Orlando, Florida
Alabama 12 over Ohio State

COTTON BOWL, Dallas, Texas
Texas Tech 3 over USC

CARQUEST BOWL, Miami, Florida
West Virginia 1 over S. Carolina

FIESTA BOWL, Tempe, Arizona
Colorado 13 over Notre Dame

ROSE BOWL, Pasadena, California
Penn St. 27 over Oregon

SUGAR BOWL, New Orleans, Louisiana
Florida 3 over Florida State.

Sports Quiz
by Larry Duncan

1. What football coach is responsible for popularizing the forward pass?
2. What sport made it to the first cover of "Sports Illustrated"?
3. Who was the only athlete to take home a gold medal from the 1968 Winter Olympics?
4. What is the largest legal bookmaking firm in the world?
5. What number wood is a driver in golf?
6. What television movie was a dramatization of the death of the Chicago Bear's Brian Piccolo?
7. What is Jimmy the Greek's given name?
8. What boxer's nickname was "The Brockton Bomber"?



WASHINGTON LITTLE LEAGUE

Expanded boundaries: West Capitol Ave. north to river.
Managers & Coaches: please sign up by Dec. 15th.
Cost: 1 child, $30; 2 children, $55; 3 children, $75; 4 children, $95 to sign-up by Jan. 27th.

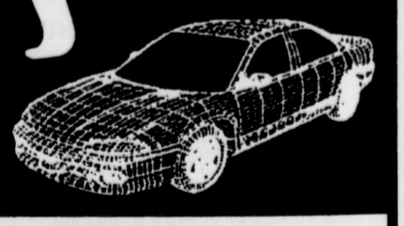
Sign-up
Schedule: ***T-Ball:*** Jan. 7th, 10-3 & Jan. 8th, 1-4.
Minor/Major: Jan. 14th, 10-3 & Jan. 15th, 1-4
Seniors: Jan. 21, 10-3 & Jan.22, 1-4.
All sign-ups at Bryte Firehouse, Lisbon & Yolo.

Late Sign-Ups: Bryte Firehouse - Jan. 28th, 10-3 & Jan. 29th, 1-4.
Late Signup Cost: 1 child, $35; 2 children, $65; 3 children, $85; 4 children, $105.

Tryouts: Feb. 4, 11-? & Feb. 5, 1-?

For more information, please call ***371-5792***

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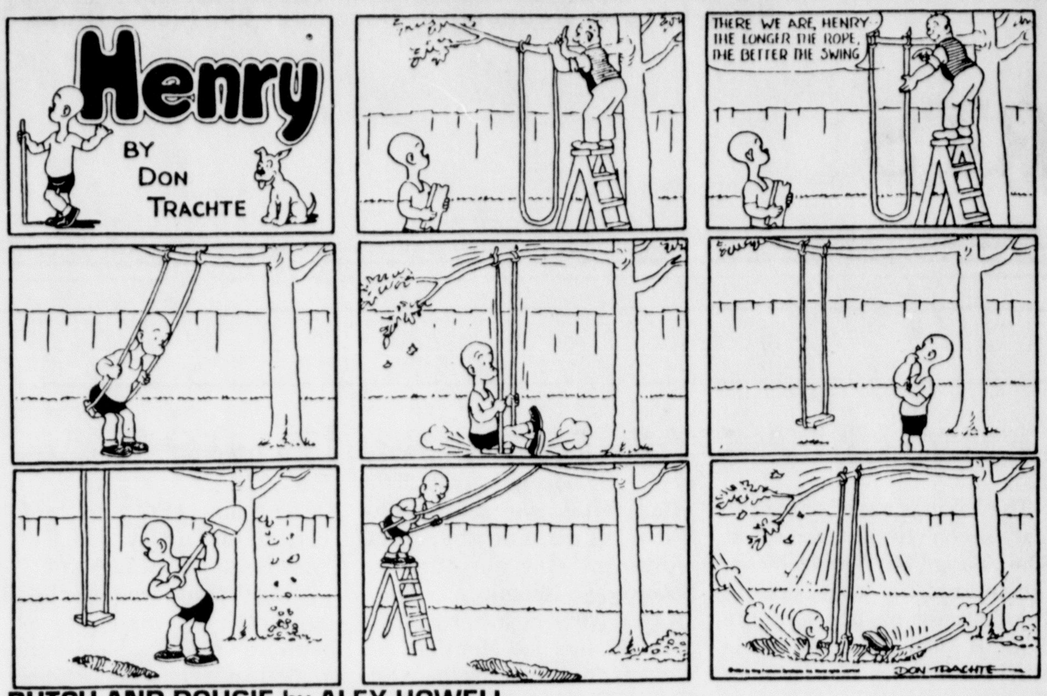
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  Valid Mon. – Thurs. Anytime Through 2/28/95.
- FALL SPECIAL: TWO GREEN FEES PLUS A CART ONLY $32
  Valid Mon. – Thurs. Anytime Through 12/22/94.
- DRIVING RANGE & SNACK BAR OPEN DAILY
  (Weather Permitting)

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BUTCH AND DOUGIE by ALEX HOWELL







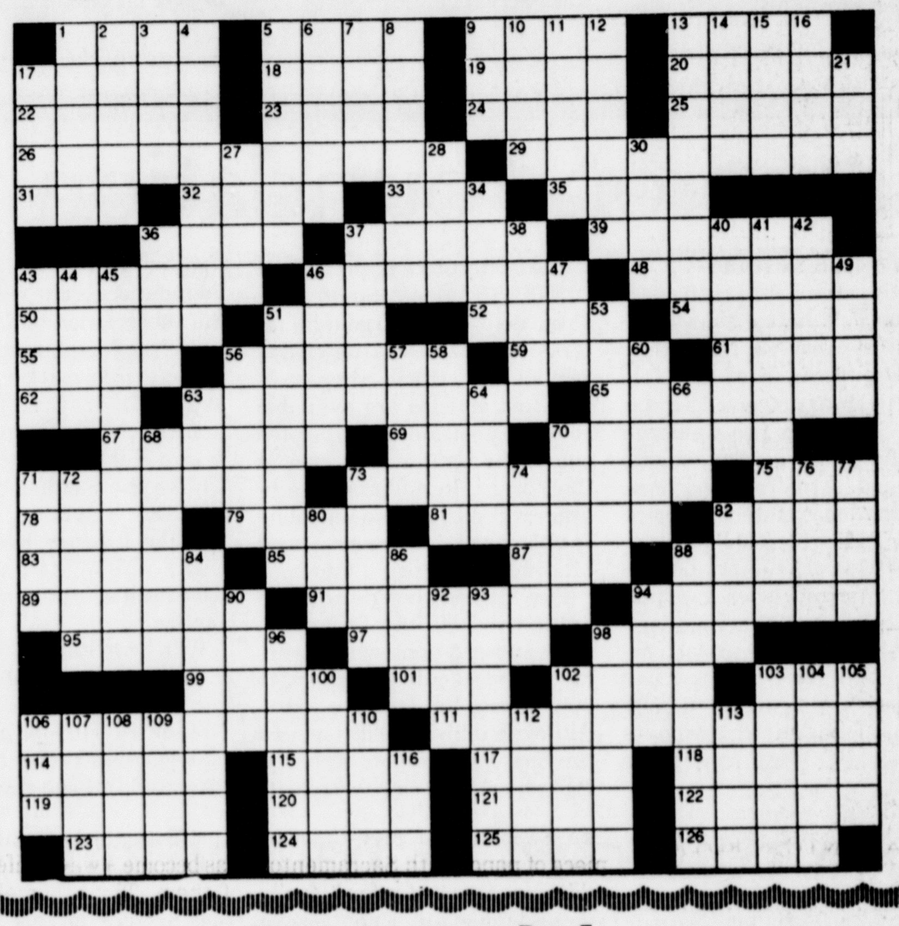
GEORGE by MARK SZORADY

HAPPY NEW YEAR!

Super Crossword

ACROSS
1 Gloomy
5 Trade center
9 Mr. Lerner
13 Tulsa's st.
17 Tribal name
18 Bassoon's relative
19 A swan was her swain
20 Stringed instrument
22 Glass work
23 Aretha's essence?
24 Nightingale prop
25 Dropped the ball
26 "The Roman Hat Mystery" author
29 Tony-winning director
31 Martial-arts master
32 Promote
33 Makes one's mark
35 Have to have
36 Nudge
37 Long-legged wader
39 They're often drawn
43 Pile up
46 Nomad
48 Wise guy?
50 "Ulysses" hero
51 Grizzly's grizzly
52 Jury member
54 Flying Post
55 Toto's creator
56 Rutabaga's kin
59 Female student
61 "... — o'clock scholar"
62 Actress Wedgeworth
63 "The Miracle Worker" star
65 Unadorned
67 Roofing material
69 Cy Young stat.
70 Christian of "Kuffs"
71 Singer Harry
73 CNN host
75 Spearheaded
78 Vivacity
79 San —, Italy
81 Tawdry type
82 Way
83 Answers an alarm?
85 Bunch of ribs
87 Demolished dessert
88 Beat into shape
89 Spread the word
91 Warwick's destination?
94 The Rio Grande, e.g.
95 Tank crew?
97 Inclined
98 Press a point?
99 Literary pseudonym
101 Erie hrs.
102 Codger
103 "Bird — Wire"
106 "Too Close for Comfort" star
111 "Foggy Mountain Breakdown" composer
114 Colonel Tibbets' mom
115 Straightened up
117 Mideast bread?
118 China's Zhou —
119 Prepared pears
120 Galley features
121 Memo words
122 Oktoberfest vessel
123 "Peter Pan" pirate
124 Midwestern st.
125 Adequate
126 Fuss and feathers

DOWN
1 Twofold
2 Fred's partner
3 Well-done, to some
4 Kitchener's conquest
5 Place for prayer
6 Approximately
7 Wolf
8 Wired
9 Half and half?
10 Rachel's sister
11 Big pitcher?
12 City near Vesuvius
13 Prepare to bounce?
14 Soprano Te Kanawa
15 Forsaken
16 Baldwin of "Malice"
17 Brinkley's man
21 Citrus cooler
27 Draft device
28 "Quo Vadis?" character
30 Dotes on a dachshund
34 Cold food?
36 Formal in the gym
37 Funny Youngman
38 Sib's kid
40 Pilot
41 "A Night to Remember" author
42 Look like Hook?
43 "Waterloo" group
44 Scottish family
45 "One O'Clock Jump" composer
46 Sinbad's sack?
47 Recent: prefix
49 Actress Daly
51 Steak holder?
53 Get it
56 Volga language
57 Concept
58 Acts catty?
60 Guitarist Eddy
63 Acceptable amount
64 Marx or Malden
66 UK standard
68 Trustworthy
70 Ray
71 Laura of "Jurassic Park"
72 Author of "Daniel Deronda"
73 From the neighborhood
74 It makes rye high
76 Finish the lawn
77 "Bambi" extras
80 Bell and Barker
82 Salty Sahl
84 "Don Giovanni" feature
86 Patella's place
88 Place for tired dogs?
90 Surrealist Salvador
92 Oriental medium
93 New York neighbor
94 Coalition
96 Hire
98 Tom of "Happy Days"
100 Winning
102 Bow or Barton
103 Inspected too closely?
104 Mysterious Marsh
105 Z — zebra
106 Gumshoe
107 Baseball's Cabell
108 Campus digs
109 Painter Paul
110 Mitchell homestead
112 Slippery site
113 Proverb preposition
116 Sound of disapproval



Please see answers *Page 7*

MagicMaze

WORDS ENDING IN "SURE"

S W T Q N K I F C Z W U R P M
L J E R U S N O T H E C Z X U
E S Q R N A L J G E C Z X V T
I R E R U S A E L P R E P N L
S C U J F S R H R E R E C E A
U E Y S I U O W V U R T R R P
R N N L S R K P S I S U G E C
E S S A S E B A M Z S A S X W
U U E U U E R U S O P X E N S
R R P O R E M P L L C J I M I
T E G E E E D C B A Y X W U T

Find the listed words in the diagram. They run in all directions-forward, backward, up, down and diagonally.

Assure, Censure, Closure, Composure, Ensure, Erasure, Exposure, Fissure, Insure, Leisure, Measure, Pleasure, Pressure, Tonsure, Treasure

Vision Teaser



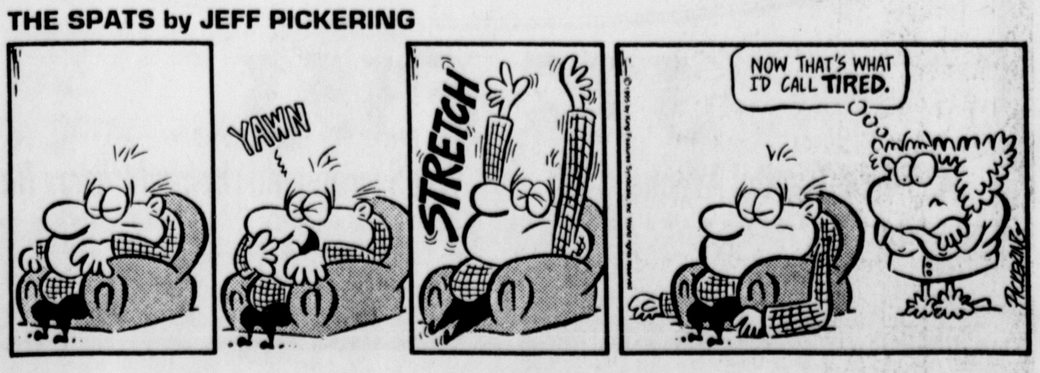
Find at least six differences in details between panels.



OUT ON A LIMB by GARY KOPERVAS



THE SPATS by JEFF PICKERING



OPINION

News-Ledger Editorial

Public often on the hook for private mistakes, tragedy

Cases like the Ganas case, in which the city agreed to pay $225,000 to the children of a man who died in police custody, make us look hard at our legal system.

In the Ganas case, it is an admitted fact that the victim was under the influence of a dangerous amount of drugs when he violently resisted arrest by West Sacramento police officers.

It is less clear whether the officers' "hogtying" restraints helped cause Ganas to stop breathing, or whether the man ever requested medical attention. The only undisputed fact is that sometime during the trip to Woodland in the back of a patrol car, before he arrived at a hospital for routine medical clearance, Ganas stopped breathing.

City officials have agreed to pay $225,000 to his children and their attorney.

Another recent lawsuit cost the city millions, after a 19-year old man became paralyzed in a car wreck on a levee road.

The man, who had been drinking, gave the car keys and driver's seat to a girl too young to have a driver's license. The pickup truck went through a guardrail and put the young man in a wheelchair for life.

The city had built the guardrail to lesser standards than other guardrails, and wound up with a whopping liability to the 19-year old.

In both cases, injury and death were brought about mostly by the victims' own choices. Negligence on the part of the city was debatable. Perhaps, as in the case of the guardrail on the levee road, this negligence only failed to protect the victim from his own gross mistakes.

But if you are involved in a tragedy, and you have deep pockets (as is the case with the city of West Sacramento and its taxpayers' money), you pay.

The pendulum needs to swing back a bit. Damages have often gone too high.

True, businesses, governments and individuals should pay a price if they cause injury to others -- and that price should be especially high if their actions are grossly negligent, illegal, or intentional.

But as a city, a county, a state and a country, we need to take another look at personal responsibility; to bring the pendulum back towards the middle a little bit. Twenty or thirty years ago, it was unusual for someone to win big damages for personal injury, even if a big award was justified. Now, in many cases, it is simply too easy to win big.

There is a risk involved with ingesting large amounts of drugs and fighting with police officers. There's a risk involved with asking an underage youth to drive you along a river road.

Taxpayers should not bear the costs of the tragedy which results when someone takes those risks.

Letters to the Editor

Thanks

The West Sacramento Rotary Club would like to thank everyone who donated Christmas gifts for the community's senior citizens this holiday season. The Rotary Santa Gift program delivered 71 gifts due to the publics holiday spirit. A special thanks to Big "R" Sporting Goods, State Farm Insurance, the Parks and Community Services Department and Raley's for their generosity in making this event a success.

MEMBERS OF THE WEST SACRAMENTO ROTARY CLUB

More thanks

The East Yolo Senior Club would like to thank Paulette Quam, who played Santa Claus; and her elves, Ed Quam, Betty Christopherson, Jamie Baynton, and Wes Beers, who cooked our Christmas ham and cleaned up for the East Yolo Senior Club potluck. This is the fourth year they have helped the seniors. They made it one of our happiest Christmas potlucks. Its beginning to be a tradition. These people take the time out of their lives to make someone else's Christmas very special.

Also, I would like to thank Rebecca Espinosa for donating such a large quantity of stuffed animals for the children at Harper House. This shows you how our youth also know the gift of giving, as well as receiving. While I'm at it, I would like to thank the planning commission for the go ahead for a security fence at Riverbend Senior Manor.

JUANITA LOPEZ
West Sacramento

No thanks

I wish to thank the City of West Sacramento and the police Department for their kindness to the homeless and needy who made their homes on our river banks and those who live out of their cars, vans, and old motor homes at the Broderick boat ramp.

On December 22, 1994, the West Sacramento Police Department made a raid on these people and gave them one day to leave the river and the Broderick boat ramp park. What a wonderful Christmas gift the city gave these homeless and needy people. Thank goodness there were few children to run out, but the old and sick, you didn't miss. The oldest was a 94-year-old lady and her grandson. Bless you West Sacramento! You gave them a piece of paper with Sacramento addresses to go to for food. don't you understand these homeless don't want to be with a 1000 others, standing around on corners or at Loaves and Fishes cold "Friendship Park." These people are mostly ex-service men and people on disability, who found friendship and comfort in helping each other. Sure, there are few drunks and some doing drugs on the river. The good people down on their luck, get put into the same class as the ones doing the drugs. Why couldn't West Sacramento show some Christmas love and wait until the holiday is over, to ask the homeless to move. What was so important they couldn't stay a few more days. No, the city said, "Let's clean up our city for the holidays." Did they hit West Capitol and go after the hookers running up and down our city's main street, wearing Santa hats and giving out AIDS, or the drugs dealers and pimps? Wonderful job you've done, West Sacramento. Do you know most of the homeless you hurt, don't with you and yours any unhappiness or hold hard feelings. Being kicked while down, has become a way of life for most of them. Three homeless men took a large female dog into their damp, who was about to give birth. She had eight puppies. These men took her and two other dogs that were unwanted into their lives. When they showed me the fat three week old pups, out popped three baby kittens that they found dumped at the boat ramp. These three men had almost nothing, but still had love to give to the unwanted pets of East Yolo. The animals ate before the men did. That, my friends of West Sacramento, is true love. That is what Christ died on the cross for, and the true meaning of the holiday season. How sad the city of West Sacramento forgot the true meaning of this very special holiday.

Next year I pray you will think before you act. The homeless will be back, they have very few places to go. The Bible tells us the poor will always be with us.

I speak for my homeless, we wish all of you Gods, love and a merry Christmas and the best to all of you in 1995.

MARILYN MEYER
West Sacramento

You're reading West Sacramento's only local, independent newspaper.

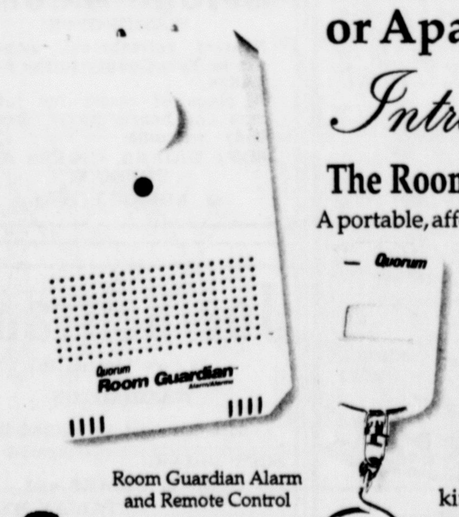
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U.S. Department of Transportation

Letter Policy:

The News-Ledger welcomes your opinions for its 'Letters to the Editor' section.

To be considered for publication, letters must be signed and include the author's address and telephone number (which will be kept confidential). Letters should be brief and may be edited for length or objectionable content, although the News-Ledger attempts to print letters in their entirety.

Send your submissions to the News-Ledger, P.O. Box 463, West Sacramento, CA 95691.

Deadline is the Saturday before publication.

PAGE FROM THE PAST

LOCAL ITEMS

The Sacramento river registered 12 feet 4 inches, U. S. gauge at the Southern Pacific bridge yesterday. To any interested property owner of Sacramento who voted for filtration bonds the river is now an interesting sight. It is not exactly black or blue but more of a tawny yellow carrying debris in such quantities that the mud is easily discernible in the stream, and anyone would wonder how on earth such stuff could be pumped into the water mains as the supply for humanity.

Mrs. C. A. Newton went to San Jose for the New Year on a visit with her daughter, Mrs. G. R. Stevens. She has not yet returned to her home here.

Robert Kallie is able to be around again after having been confined to his bed for several months with an injured foot.

Fred Buckingham is down from Paradise Valley, Nevada, on a visit to his mother, Mrs. Sara Buckingham.

Mrs. H. Weatherbee and son are visiting relatives here from Greenville, Plumas County.

Ed. Wilson and wife have returned to their home in Pleasant Grove after a holiday visit with friends in Washington.

Albert Johnson and wife have returned to Davis after spending several days at the Graves home during the holidays.

Probation Officer A. A. Powers spent last Tuesday around town looking after some children that had been placed in his charge and were ordered removed to the Grass Valley orphanage.

Putzman's auto supplies are back to old prices. 1015 J street.

The public school opened its regular session last Tuesday morning with all the kiddies rejoicing more or less about getting back to work.

A warrant has been sworn out by Josefa De Ruiz against Francisco Vaca on the charge of attempted rape. The family home is on the Oakland-Antioch, about three miles south of West Sacramento, and Mrs. De Ruiz makes claim the attempt was made when her husband was absent from the house but returned in time to prevent actual assault. Vaca has disappeared and has not yet been arrested.

Last Sunday C. V. Reynolds moved into his newly built houseboat and had it christened with "Sacramento Straight." Reynolds believes in obeying all the laws of the land, even the Volstead law, but some of his friends abused his confidence and took along a bottle of jackass. Luckily when the christening was over there was some of this left and it provided a real good time for the boys who had been invited in the doings.

Al Hartwell is home from a Sacramento hospital where he was confined for several weeks with a severe case of pneumonia.

Putzman repairs all models of bicycles. 1015 J street.

Captain A. E. James is greatly improved since an operation was performed for the removal of cataracts from his left eye. He is still under the care of a physician.

Owing to the great increase in the children attending the Bryte School it will be necessary next fall to convert the auditorium into a classroom. The auditorium of the school has been a place of meeting for all public gatherings in Bryte and has been a source of much pleasure and entertainment for the residents of the district.

Young men, women, over 17, desiring government positions, $130 monthly, write for free list positions now open, R. Terry (former Civil Service examiner), 859 Continental Bldg., Washington, D. C.

The Gabriella Store at Bryte was entered by thieves last Monday night. What available change was around was taken, together with some candy and tobacco.

The Riverbank school opened on Tuesday morning with 126 pupils present.

The sewage system of the Washington school was completely overhauled during the past vacation, and new mains were laid. The mains now etxend 500 feet beyond the previous pipes, and the septic tank was enlarged. The work has been completed in accordance with suggestions of the State Board of Health.

Mr. and Mrs. Ernest Saylor, who recently came from Texas, are guests at the home of Mr. and Mrs. Pat Markey.

Miss Ethel Cook has returned to San Francisco, where she is a student at the State Teachers' College, after spending the Christmas vacation with her parents.

Miss Jeanette Buckingham, after spending several days visiting her parents, Mr. and Mrs. F. M. Buckingham, returned last Tuesday from Paradise Valley.

Tony Borzone has returned from a holiday visit in Oakland.

Mr. and Mrs. Ward Pagnello entertained at a New Year's eve card party, when their guests were: Colonel and Mrs. Brown, Captain and Mrs. A. Wright, Lieutenant and Mrs. Arthur Stark, Mr. and Mrs. Charles Edwards and Mrs. Annie Edwards.

Mr. and Mrs. A. A. Thomas had as their guests at New Year Mr. and Mrs. W. Purdue and son Albert, and Mr. and Mrs. R. Barnes of Elmira.

Miss Helen Holt was a guest last Monday at the home of Miss Essie White, returning from Chico, where she spent the Christmas vacation with her mother.

Allen Stockton has returned to Maxwell after a holiday visit with his parents, Mr. and Mrs. Robert Stockton.

Mr. and Mrs. H. P. Hoover of Tuolumne spent New Year's day as the guests of Mrw and Mrs. William Norton.

MASQUERADE BALL AT BRYTE WAS A GREAT SUCCESS

On New Year's Eve the masquerade ball given by the Bryte Improvement Club in the public school building was a brilliant success in a social way as well as financially.

The net proceeds were $70 after all expenses were paid.

This money will be devoted towards paying for a lot on which a town hall is to be built and part of which has already been paid, but of which there is a balance owing to the West Sacramento Company.

On that account it is the intention of the Bryte Improvement Club to continue Saturday night dances for some time to come so that the balance may be raised.

A committee of arrangements has been named and it has already taken active steps to make those Saturday night dances thoroughly enjoyable. The committee consists of Frank Murray, Charles F. Noyes, A. Trealor, H. C. Bell, B. Anater, Ed. White, H. L. Freese, Ethel M. Bell and Lillie White.

Those who won prizes at the masquerade ball on New Year's Eve were Mrs. D. Freese, Mrs. Ed. Cluness, H. Freese and H. Childers.

A feature of the evening's entertainment was fancy dancing by Miss Violet Freese.

WOODLAND MAN AND WIFE KILLED IN ARKANSAS

Woodland, Jan. 4.—Mr. and Mrs. William Bennett of Woodland were killed in an automobile wreck at Hot Springs, Arkansas. No details of the accident have been received here.

The word came to Charles W. Boyd, Secretary of the Woodland Lodge of Eagles. The Arkansas Eagles send word that they were holding the bodies pending instructions from Woodland.

Bennett was prominent in the Eagle fraternity of this city for many years. He had owned and managed a blacksmith shop and wagon repair factory. With his wife and three children he had been visiting in Arkansas for several weeks.

His wife was the former Miss Bessie Rice, an attractive Knights Landing girl.

Bennett, who is about 46, and his wife, about 40, are survived by one son, William, Jr., of this city. The boy is 6 years old. Bennett was a brother of Mrs. William Carmichael of Sacramento and John Bennett of Grass Valley.

Mrs. Bennett was the daughter of the late Joseph Rice of Knights Landing, who was run down by an automobile and killed on the Yolo causeway three years ago. Mrs. Ida Murphy of Sacramento is a sister.

The remains of both are to be brought here for burial.

It is a tribute of respect to the practicability of prohibition that sixty-four persons were lynched in the United States during 1921.

We were told when prohibition would become effective there would be no more lynchings.

Percy Wheeler, Mayor of Gloucester, Mass., denouncing prohibition in his inaugural address, said:

"I have seen kits of mackerel each with a bottle of whiskey in the center shipped to Maine."

And yet Maine has been dry for fifty-five years.

When making purchases please mention The Independent. It helps us and doesn't hurt you.

SURVEY OF COUNTY HIGHWAY NORTH OF S. P. TRACKS MADE

Yesterday a gang of men under County Surveyor Proctor were busy taking surveys and elevations of the road to be built north of the Southern Pacific tracks from Fifth Street to the end of the incline of the Southern Pacific bridge.

This portion of the road will be built under the county bond issue and has been in process of formation for some considerable time.

It is about the most badly needed road on the face of the globe and its construction would mean the elimination of two bad railroad crossings for all people who live north of Washington.

From what could be learned from the surveyors yesterday an early start will be made to complete the road.

A small portion of the Henley block will be used at the turn at Fifth Street and a portion of the Parkinson block across the street will also be used to make the curve wide enough for all practical purposes.

It is understood that owners of these properties have already settled on prices to be allowed them for their holding.

RAIN TO DATE GOES UP TO 6.20 INCHES

Woodland, Dec. 30.—Another five-hundredths of an inch of rain was recorded last night, making a total of 6.20 inches for the season as against 9.40 inches for the corresponding date last season. The rain last season, however, was scattered over such a long period that it did not do one-half the good the rain of the past few days has done in preparing the country for bountiful harvests.

The Sacramento weather bureau predicts further unsettled weather and possibly rain.

VERY BEST CITIZENS DON'T STOP TO SMASH VOLSTEAD LAW

Seattle, Wash., Dec. 29.—Evidence has been discovered by federal agents here showing that thousands of gallons of alcohol have been obtained fraudulently on permits issued by the federal prohibition office in Seattle, Roy C. Lyle, prohibition director for Washington, announced today.

The alcohol thus obtained, Director Lyle said the evidence showed, had been used by an organized gang as the base for manufacture of synthetic "gin," "champagne" and "fancy wines," retailed here at high prices. He declared he had in his possession names of business and professional men who were clients of the bootleggers. Delieveries, he said, had been made in downtown office buildings.

Six men, whose names were not given, were questioned this morning, Director Lyle said. He added that he expected to make a number of arrests soon.

Broadway, New York, was the wettest place in the country on New Year's Eve, although 244 enforcement officers were trying to prevent the people from drinking booze.

An army of five million couldn't stop the people of the United States from getting their schnapps.

OLD RESIDENT OF THIS SECTION LAID AT REST

The funeral of the late Mrs. Mary Lauken, who died at her home in Yolo County Wednesday of last week, was held at 2 o'clock Friday from the undertaking parlors of Harry A. Nauman & Sons. Burial was in the City Cemetery.

Deceased, who was the relict of the late Michael Lauken, made her home for many years a short distance below Sacramento on the Yolo side of the river. She was 85 years of age.

Mrs. Lauken was the mother of George C. Lauken of Sacramento, Mrs. Annie Van Tassel, Mrs. Bertha Enis and Katherine, Gertrude and Maude Lauken of West Sacramento and Mrs. Sophia Dierssen of San Francisco and Mrs. Louisa Trumpler. She was a native of Germany.

A Reno man urged his wife to wear her waists higher and her skirts longer.

Like a good many women she wanted to be perverse and wore her waists lower and her skirts higher.

Now there is no home.

Strange aeroplanes were seen hovering over New York the other day. Military authorities thought they were Germans.

It was only a few Scotchmen coming over with a little Scotch whiskey for the people.

NEW "PEACE DOLLAR" NOW IN CIRCULATION

Philadelphia, Jan. 4.—The new silver dollar, the "Peace Dollar," was placed in circulation yesterday, several hundred thousand having been shipped to the Federal Reserve banks by the Philadelphia mint.

The new coin was made in commemoration of the arms conference.

There will be 180,000,000 of the new coins issued, one-half of which will be dated 1921. The first dollar was sent by special messenger to President Harding.

The Yolo Independent tells the truth in plain words. That's the reason its circulation is growing Subscribe for it. $2.50 per year.

FOR SALE — Fruit trees, figs, shade and ornamental trees, shrubs and evergreens. Flowering acacia trees our specialty. Reasonable prices. Address GRAY NURSERIES, Donly Gray, Mgr., Marysville, Cal. Phone 55F6.

12-Mile House
On Auburn Road is a conundrum to many people.
We have not been caught.
We have straight goods.
Our name is above criticism.
Stop and See!
JIM DEVECCHI, Prop.

NEIL R. McALLISTER
LAWYER
Mitau Bldg., Sacramento
Main 580


New
Fall Woolens
Tailored to Order
$30 $40
$45 $50
Cut, materials, trimmings and fit of the class that will bring you back for another suit
Tommy Clifton
POPULAR PRICES
FINE TAILORING
1009 Eighth Street

Al's Cafe
1118 J Street, Sacramento
MERCHANTS' LUNCH
11 a. m. to 2 p. m.
Coolest GILT EDGE or BUFFALO in town
We give the best and quickest service in town
V. Nicoletti, Prop.

THE ROYAL
501 K Street
Has always been a popular place for liberty-loving citizens. We treat our customers right and we ask similar treatment.
REST AWHILE
When you pass our place.

NAGELE'S
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Sacramento
Established 40 years and stronger now than in boyhood.
Good fellows come here to pass time and bull.
John Negro, Prop.

TRAVEL INN
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This is a public resort where we put out the best the reformers permit us.
We have all beverages within the law.
We Treat You Right
F. GADDI

Windsor Bar
Home of the Tacoma Brew
—and—
Local Made Cigars
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REPUTATION
is a necessary thing we must sustain
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goods are now on hand and your reputation will be improved by a neat selection.
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Nearest refreshment emporium in Yolo County to the S. P. bridge.
A place of resort for jovial men and hearty boys. Everybody welcome.
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J. NOVELLI, Prop.

Joe Beltrami
Is now located in
WASHINGTON
with the best to be had in
SOFT DRINKS
GOOD CIGARS and
ITALIAN MEALS
Old friends will welcome him back for old time's sake.

You Love to Eat Our ITALIAN MEALS
Because of the flavor, the taste, the finish that tickles your appetite. And you don't pay a fortune for a display of dishes, but a reasonable price for good grub. American cooking for those who prefer it.
Meals 40c.
WASHINGTON HOTEL
Front Street, Near Bridge
Washington, Yolo County
TONY BORZONE, Prop.

AT THE CROSSING
Elk Grove
W. C. HOOPER
Has Water for your auto.
A mouthful for your stomach.
And something to wash it down
TRY HIM OUT

BILL DREHER
Has Opened at 1015 10th St., Sacramento
THE EXCHANGE GRILL
Catering to the appetites of good fellows is the pleasure of our young lives.
You Are Welcome

Lanagan & Fouse
Made 1023 Third Street, Sacramento, famous as the home of the hop grower.
We, too, want to see
California Products
up at the front making the State famous and the town in the front rank.
We have Soft Drinks, Cigars and Entertainment.
Joe Pucinelli, Proprietor
Phone Main 5686

CAFE DE PARIS
200 L STREET
An old established place of business.
We observe the laws of the land and simply try to make a decent living.
Every man who conducts himself is welcome.
F. PARDI, Proprietor

Jack Carroll
Invites his old friends to his new place of business at
10th & S
A classy, quiet corner with the best goods that can be had.
ALL COLD DRINKS

Venice Cafe
315 K Street, Sacramento
Formerly known as
Norton & Pendergast
Resort is now under new management with a wide and varied stock of goods that give pleasure to life.
We have the best of soft drinks. Union made cigars and much entertainment.
Don't Forget the Place
DUNNING & McKENZIE

FIFTH AVENUE HOUSE
Has always on hand a stimulant, a sedative, a purgative or a restorative. Call at
1015 Fifth, between J and K
PRATO & BAGGERIO, Props.

STAR CAFE
130 J Street
We Cater to the
LIBERAL PEOPLE
of Sacramento and Yolo Counties in any beverages that are within the law.
V. Salani, Proprietor

Gem House
G. W. Radonich, Prop.
HEADQUARTERS FOR FUN.
130 K Street, Sacramento
WE CATER TO LIBERALS

KOPP'S RESORT
ARNO
On Upper Stockton Road—19 Miles
(Lately at Perkins)
Free Camping Grounds
Fine Fishing and Hunting
Dining Room—Lunches
Postoffice
A quiet place to accommodate good people.
Gasoline, Oil, Free Water
E. KOPP, Proprietor

Big Reduction in Bread Prices
RETAIL PRICES AS FOLLOWS:

Big Dandy Bread	12c per 1½-lb. loaf; 2 for 23c
Faultless Bread	12c per 1½-lb. loaf; 2 for 23c
Pan Dandy Sandwich Bread	12c per 1½-lb. loaf; 2 for 23c
Big Twin Bread	10c per 1½-lb. loaf; 2 for 20c
Small Faultless Bread	8c per 1-lb. loaf; 2 for 15c
Milk Bread	8c per 1-lb. loaf; 2 for 15c
French Bread	8c per 1-lb. loaf; 2 for 15c
Rye Bread	8c per 1-lb. loaf; 2 for 15c
Graham Bread	8c per 1-lb. loaf; 2 for 15c
Small Twin Bread	8c per 1-lb. loaf; 2 for 15c

Made and Baked at Kaeser's Bakery and Sold at
GEO. BEALE & CO.
Washington

The Good Old Summer Time
PROMPTS A GOOD TIME
At no place can you enjoy yourself better than at
The Bungalow
House entirely remodeled at great expense
EATS DANCING CABARET REAL JAZZY MUSIC
Yolo Boys and Girls Always Welcome

Fort Sutter Cafe
500 J Street, Sacramento
STRICTLY FIRST CLASS
Your patronage will be appreciated. Hot and cold lunch always on hand
Phone Main 2538-L

Police log

Dec. 20, 6:50 p.m.
A child less than four years old told police a 67-year old Glide Ave. man who was her neighbor fondled her and showed her a pornographic videotape. The man was arrested, and the girl was uninjured.

Dec. 21, 2:35 p.m.
A prostitute entered the vehicle of an undercover officer near Walnut and West Capitol Ave., and offered to perform a sex act for $30. She was arrested.

Dec. 21, 3:42 p.m.
A 19-year old man was arrested after he and approximately four others beat a victim to unconsciousness, causing the victim to be hospitalized for a broken nose and cuts and swelling in the face.

Dec. 22, 2:50 p.m.
At Glide and West Capitol, a 45-year old West Sacramento woman entered the vehicle of an undercover officer, asking if he was "looking for a date," and offered two sex acts for $20. She was arrested.

Dec. 24, 9:11 a.m.
The employee of a West Capitol gas station/market said a suspect used a card to try to pay for groceries and gasoline, but that the card was stolen. The suspect's vehicle fled, leaving the groceries behind. The car license plate indicated a stolen vehicle as well.

Dec. 24, 12:20 p.m.
A 41-year old Sacramento man hid supermarket merchandise under his clothing and then tried to return it to the store for cash. He was placed under citizen's arrest.

Dec. 25, 2:15 a.m.
Officers were dispatched to a West Capitol Ave. nightclub for a report of three or four males preparing to fight; one of them possibly armed. They saw the suspect's vehicle pulling away and stopped it. They found nothing during a pat-down search of the suspect, but located a loaded .380 cal. semi-automatic gun under the driver's seat and a billy club under a jacket on the rear seat. The 20-year old male suspect was arrested.

Dec. 25, 2:23 a.m.
At a Touchstone Pl. residence, the estranged husband of the female resident got into a fight with another man, hitting him on the head with a glass bowl.

Dec. 25, 7:28 a.m.
At a Manzanita Wy. home, about $5,000 worth of tools were stolen from a backyard the previous night.

Dec. 25, 7:27 p.m.
A city of West Sacramento vehicle parked at city hall was burglarized. A window was broken and the glove compartment was searched.

Dec. 25, 7:33 p.m.
The burglary of a Yolo County vehicle was reported. The car's passenger window was broken, its glove compartment was rifled, and a gas card stolen.

Dec. 26, 1:40 a.m.
An officer did a license check on a vehicle at 5th St. and West Capitol, learning it was a stolen car. The driver was arrested.

Dec. 26, 1:40 p.m.
A Merkley Ave. woman said a vehicle belonging to her son, who was in prison, was stolen the previous night.

Dec. 26, 4:02 p.m.
A Joan St. man reported a woman at his location was throwing vases at him. She was transported to a hospital for medical clearance due to a fever.

Dec. 26, 4:44 p.m.
A city vehicle parked at the redevelopment agency on Jefferson Blvd. was burglarized over the weekend.

Fine of up to $25 may be issued for kids biking without helmets

Parents and legal guardians are reminded that beginning January 1, 1995, a fine of not more than $25 will be issued to any person under 18 years of age operating a bicycle or riding as a passenger on a bicycle without a helmet, when riding on public property.

Residents of Solano and Yolo County who would like more information on helmet safety or where to purchase low cost helmets, while supplies last, are encouraged to contact the following agencies:

In Benicia, the Benicia Fire Department at (707) 746-4275; in Fairfield and surrounding areas, Head Injury Prevention Inc. at (707) 422-1040; Yolo County residents may contact the Yolo Bike Safe Program at (916) 757-5526. Cash donations are also welcomed.

Although the law went into effect January 1994, only warnings have been given to those riding without a helmet.

Soroptimists host party for seniors

Soroptimist International West Sacramento put on the annual Christmas party for the seniors on December 14. Each senior was given a Christmas bag of nut bread, apples and oranges, and a basket of candy. Santa also gave each senior a stuffed teddy bear, donated by Mary and Norman Pierce.



Left to right: Jewel Hensley, Marie Gonzales, Ruby Hulan and Mary Pierce.

Recycle your Christmas tree Jan. 7-8

The City of West Sacramento and Riverside Tree Farm will help you recycle your cut Christmas tree.

The event will be held on January 7 and 8 at Riverside Tree Farm, 1320 Linden Road. Cut trees can be brought to the site each day between 9 a.m. and 3 p.m. for grinding into mulch.

Residents will also be able to leave with mulch for use in their own yard.

Large quantity users should call the city's recycling coordinator at 373-5810 to arrange for pick-up.

Hoffart returns from Mediterranean

Navy airman recruit Brandon Hoffart, son of Robert and Gerrie Cervantes of West Sacramento, recently returned from a six-month deployment to the Mediterranean and Adriatic Seas and Persian Gulf with the aircraft carrier USS George Washington, the lead ship of the USS George Washington Joint Task Group.

He is a graduate of Delta High.

Clark completes Marine basic training

Marine private Uriah Clark of West Sacramento recently completed recruit training.

During the training cycle at Marine Corps Recruit Depot, San Diego, recruits are taught the basics of battlefield survival, and introduced to typical military daily routine

He is a 1994 graduate of River City High School.

BRIDGE

HOW TO CAPTURE A KING

North dealer.
East-West vulnerable.

NORTH
♠ 9 5 2
♥ K 9 6
♦ A Q 8 4
♣ A J 3

WEST
♠ A J
♥ 10 7 4 2
♦ 7 3 2
♣ 7 6 5 2

EAST
♠ K Q 10 8 3
♥ 5
♦ J 10 9 6
♣ K 8 4

SOUTH
♠ 7 6 4
♥ A Q J 8 3
♦ K 5
♣ Q 10 9

The bidding:

North	East	South	West
1 ♦	1 ♠	2 ♥	Pass
3 ♥	Pass	4 ♥	

Opening lead — ace of spades.

There is no advantage in bucking your head against a stone wall. When the evidence indicates that a normal line of play will lead to defeat, it is surely advisable to seek another approach that offers a better chance of success.

Consider this deal where South loses the first three spade tricks. East then shifts to the jack of diamonds, taken with the king, and it appears that South must rely on a club finesse to make the contract.

But the bidding tells declarer that East almost surely has the king of clubs for his overcall. South should therefore try to find some way other than a club finesse to escape a club loser. Accordingly, declarer plays the A-K of trumps, East showing out, and then makes his bid for fame and fortune by cashing the ace of clubs, deliberately shunning the finesse. He then plays the Q-J of trumps, producing this position:

North
♠ A Q 8
♣ J

West
Immaterial

East
♠ 10 9 6
♣ K

South
♥ 8
♦ 5
♣ Q 10

When South next plays the eight of hearts, discarding the jack of clubs from dummy, East is in a pickle. Whatever he discards, declarer wins the rest of the tricks.

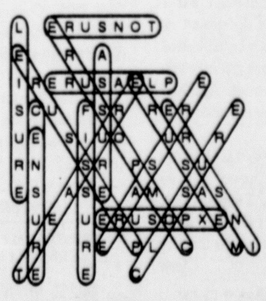
By adopting this method of play, South rejects the tempting club finesse in favor of a line of play that will succeed if East has at least four diamonds in addition to the king of clubs. In the actual case, declarer is well rewarded for rejecting the obvious line of play.

Answers to Puzzles:

Vision Teasers

Differences: 1. Arm is raised. 2. Tool chest is larger. 3. Logo is added. 4. Furnace gauge is smaller. 5. Shirt is different. 6. Mustache is missing.

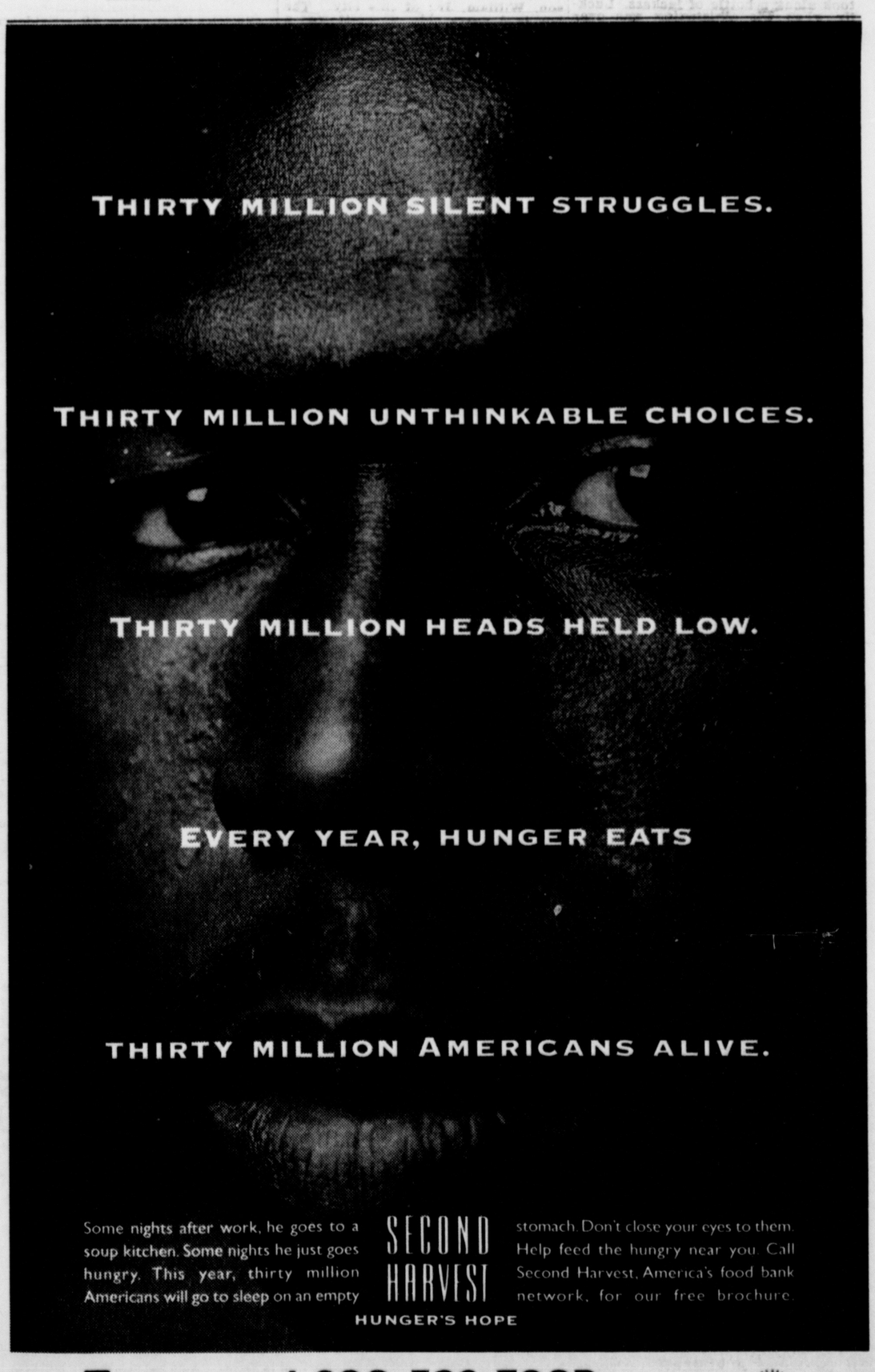
WORDS ENDING IN "SURE"



Answers to Super Crossword

	D	A	R	K		M	A	R	T		A	L	A	N		O	K	L	A
J	U	D	A	H		O	B	O	E		L	E	D	A		V	I	O	L	A
O	P	E	R	A		S	O	U	L		L	A	M	P		E	R	R	E	D
E	L	L	E	R	Y	Q	U	E	E	N		H	A	L	P	R	I	N	C	E
L	E	E		T	O	U	T		X	E	S		N	E	E	D				
		P	O	K	E		H	E	R	O	N		S	T	R	A	W	S		
A	C	C	R	U	E		B	E	D	O	U	I	N		S	A	V	A	N	T
B	L	O	O	M		B	E	N			P	E	E	R		W	I	L	E	Y
B	A	U	M		T	U	R	N	I	P		C	O	E	D		A	T	E	N
A	N	N		P	A	T	T	Y	D	U	K	E		A	U	S	T	E	R	E
		T	H	A	T	C	H		E	R	A		S	L	A	T	E	R		
D	E	B	O	R	A	H		L	A	R	R	Y	K	I	N	G		L	E	D
E	L	A	N		R	E	M	O		S	L	E	A	Z	E		M	O	D	E
R	I	S	E	S		R	A	C	K			A	T	E		F	O	R	G	E
N	O	I	S	E	D		S	A	N	J	O	S	E		B	O	R	D	E	R
		T	E	T	R	A	S		L	E	A	N	T		B	L	O	T		
			E	L	I	A		E	D	T		C	O	O	T		O	N	A	
T	E	D	K	N	I	G	H	T		E	A	R	L	S	C	R	U	G	G	S
E	N	O	L	A		N	E	A	T		R	I	A	L		E	N	L	A	I
C	O	R	E	D		O	A	R	S		I	N	R	E		S	T	E	I	N
	S	M	E	E		N	D	A	K		O	K	A	Y		T	O	D	O	

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Public Notices

Continued from Page 8

The following person is doing business as Pueblo Music, 750 M St., Davis, CA 95616:

Hiram Sasnette Jackson, 750 M St., Davis, CA 95616.

This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 1, 1994.

/s/Hiram S. Jackson

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Dec. 8, 1994
by: /s/K. Weisenburg, Deputy Clerk

Dec. 14, 21, 28 Jan. 5 (275)

NOTICE OF TRUSTEE'S SALE
Trustee Sale No. 94-31754
Title Order No. 527139
Reference No. 448419
APN No. 58-184-07

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/15/92. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On 01/04/95 at 4:00 P.M., **Professional Foreclosure Corporation** as the duly appointed Trustee under and pursuant to Deed of Trust, recorded on 05/20/92 as Document No. 016658 Book 2352 Page 598 of Official Records in the Office of the Recorder of Yolo County, California, executed by: Elizabuth A. Walker, an unmarried woman, as Trustor Capitol Commerce Mortgage Co., as Beneficiary.

Will sell at public auction to the highest bidder for cash (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state.) At: At the main entrance to City Hall, 2101 Stone Blvd, West Sacramento, CA all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein: Lot 8, Block 2, amended Map of Westmore Subdivision, filed May 10, 1952, in Book 4 of Maps, Page 40A, Yolo County Records.

The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 1020 Park Boulevard, West Sacramento, CA 95691.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: $113,331.69 Estimated. Accrued interest and additional advances, if any, will increase this figure prior to sale.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation.

Professional Foreclosure Corporation, as Trustee, 4180 La Jolla Village Drive, Suite 405, La Jolla, CA 92037, Telephone Number: (619) 546-9880. By: Christine Milner, Trustee Sale Officer, Date: 12/09/94
ASAP143779
12/14, 12/21, 12/28

MARKETPLACE

Directory of Local Businesses



Phone Jacks
Installations & Repairs
Business & Residential
Bell Trained with 16 Years Experience of Professional Work!
Reasonable Rates & Seniors Discount
Call Joe at: 372-1540
Pager: 848-0525

Mary Kay Cosmetics
BERTA JOHNSON
Independent Beauty Consultant
373-1578
3901 Lake Rd. #2 West Sacramento

Anderson Bros. Body Shop
Same location since 1976 ▪ 3033 Duluth in West Sacramento
- Insurance Claim Assistance
- Precision Color Matching
- Unibody Specialists
- Towing Available
- Quality Work
- Estimates



371-4552

CREST JEWELERS
Watch and Jewelery Repair
WE BUY SCRAP GOLD
1296 West Capitol — 371-6440

THE JOHNSON INSURANCE AGENCY
Call Tom or John
442-1125
Life Insurance
Disability
Health
Individual
or
Group

(916) 361-2934
Pager (916) 948-6619
Helpin' Handz
Driving / Errands / Home Repairs
Rain Gutters Cleaned / Yard Work / Housework
A little bit of everything – **Not sure? Just Ask!**
Jami G. – Negotiable Rates –

Total Hair Care For The Family
Haircut Plus
1812 Merkley Avenue
West Sacramento
Matilda Aguilar • 375-0487

EMERGENCY
J & J PLUMBING
455-9432
PLUMBING, REMODELING, SEWER & DRAINWORK
John Yeargin Home: 371-4151
Cont. Lic. #552529
Ed Yeargin Home: 372-2923

Public Notices

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO
In the Matter of VIRGINIA HEWLETT, Minor. No. J12817
CITATION
TO: Anyone claiming to be the father of the minor.
YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 238 W. Beamer Street, Woodland, California, 95695, on March 23, 1995, at 10:00 a.m. o'clock. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Carole Johnson on February 14, 1993. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.
Dated: Nov. 30, 1994
JANENE YEATES
COMMISSIONER OF THE JUVENILE COURT
(284) Dec. 21 28 Jan. 5 12

Fictitious Business Name Statement
Filed Yolo County
Nov. 22, 1994
File No. 94-751
The following person is doing business as Professional Food Systems, 2335 Del Monte St., P.O. Box 1325, West Sacramento, CA 95691:
ConAgra Poultry Company, a Delaware Corporation, One ConAgra Drive, CC-370, Omaha, NE 68102-5001.
This business is conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on April, 1975
/s/John J. Dill, V.P., Tax
ConAgra Poultry Company
I hereby certify that this copy is a correct copy of the original statement on file in my office.
Tony Bernhard, County Clerk
by: /s/Chris Martinelli, Deputy Clerk
Dec. 7 14 21 28 (268)
CNS1224185

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO
In the Matter of Breanna Wortman, Minor. No. J12924
CITATION
TO: Anyone claiming to be the father.
YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 238 W. Beamer Street, Woodland, California, 95695, on March 2, 1995, at 10:00 a.m. o'clock. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Shawna Wortment on July 13, 1993. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.
Dated: Nov. 30, 1994
JANENE YEATES
COMMISSIONER OF THE JUVENILE COURT
(282) Dec. 21 28 Jan. 5 12

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO
In the Matter of ROBERT LYTELL, Minor. No. J12926
CITATION
TO: Alleged father, Felipe Quinterrez, and anyone claiming to be the father of the minor.
YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 238 W. Beamer Street, Woodland, California, 95695, on February 16, 1995, at 9:00 a.m. o'clock. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Roberta Cruz Raya on June 7, 1989. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.
Dated: Nov. 29, 1994
/s/JANENE YEATES
COMMISSIONER OF THE JUVENILE COURT
(285) Dec. 21 28 Jan. 5 12

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO
In the Matter of JAMES DEAN LYON, Minor. No. J12950
CITATION
TO: Kenneth Lyon and anyone claiming to be the father of the minor.
YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 238 W. Beamer Street, Woodland, California, 95695, on February 23, 1995, at 10:00 a.m. o'clock. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Debora Burr on July 30, 1993. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.
Dated: Nov. 17, 1994
/s/JANENE YEATES
COMMISSIONER OF THE JUVENILE COURT
(283) Dec. 21 28 Jan. 5 12

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO
In the Matter of JOSHUA CALDIERA, JASON CALDIERA, Minors. No. J13053 & J13054
CITATION
TO: Richard Burdick and anyone claiming to be the father of the minors.
YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 238 W. Beamer Street, Woodland, California, 95695, on February 23, 1995, at 10:00 a.m. o'clock. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Annie Caldiera on November 12, 1993. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.
Dated: Dec. 6, 1994
/s/JANENE YEATES
COMMISSIONER OF THE JUVENILE COURT
(286) Dec. 21 28 Jan. 5 12

Fictitious Business Name Statement
Filed Yolo County
Nov. 22, 1994
File No. 94-752
The following person is doing business as Teichert Readymix, 721 Berry Street, Roseville, CA 95678:
A. Teichert & Son, Inc., a California Corporation, 3500 American River Drive, Sacramento, CA 95864.
This business is conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 26, 1989.
/s/Robert H. Hamel
Assistant Secretary
A. Teichert & Son, Inc.
I hereby certify that this copy is a correct copy of the original statement on file in my office.
Tony Bernhard, County Clerk
by: /s/Chris Martinelli, Deputy
Dec. 7 14 21 28 (270)
CNS1224812

Fictitious Business Name Statement
Filed Nov. 7, 1994
File No. 94-766
The following person is doing business as Grimes Company, 1841 Enterprise Blvd., West Sacramento, CA 95691:
James E. Grimes Co. Inc., a California corporation, 1026 West Foothill Blvd., Upland, California 91786.
This business is conducted by a corporation. The registrant commenced to transact business under the fictitious business name or names listed above on May 5, 1993.
s/James E. Grimes, President
James E. Grimes Co. Inc.
This statement was filed with the County Clerk of Yolo County on the date indicated by file stamp above.
Nov. 30 Dec. 7 14 21 (263)
cns1219635

Statement of Abandonment of Use of Fictitious Business Name
Filed Dec. 21, 1994
FBN Number: 91-593
The following person has abandoned the use of the Fictitious Business Name Scott Alden Atkins dba Information Etc., 39600 S. River Rd., Clarksburg, CA 95612:
Scott Alden Atkins, same address.
This business was conducted by Scott Alden Atkins.
/s/Scott Alden Atkins
CERTIFICATION
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date:
by: Ana Morales, Deputy Clerk
Dec. 28 Jan. 5 12 19 (290)

Fictitious Business Name Statement
Filed Dec. 15, 1994
File No. 94-804
The following person is doing business as Dedoshka Software Services, 44544 N. El Macero Drive, El Macero, CA 95618:
Michael R. Dedoshka.
This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 1990 (previously filed in Sacramento County).
/s/Michael R. Dedoshka
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Dec. 15, 1994
by: /s/Chris Martinelli, Deputy Clerk
Dec. 28 Jan. 5 12 19 (291)

STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER A FICTITIOUS BUSINESS NAME FILED YOLO COUNTY DEC. 13, 1994 FBN NO. 89-512
The following person has withdrawn as a general partner from the partnership operating under the fictitious business name of Go Color Separations, 1479 Shore St., West Sacramento, CA 95691.
The fictitious business name referred to above was filed in Yolo County on Aug. 21, 1989; Current FBN #94-194. The full name and residence of the person withdrawing as partner is Kathleen O'Donnell, 1038 33rd St., Sacramento, CA 95816.
/s/Kathleen O'Donnell
This statement was filed with the Yolo County Clerk on the date indicated by the file stamp above.
CERTIFICATION
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Dec. 13, 1994
by: /s/C. Martinelli, Deputy Clerk
(289) Dec. 28 Jan. 5 12 19

Fictitious Business Name Statement
Filed Dec. 5, 1994
File No. 94-771
The following person is doing business as Elliott Service Cnt., 1449 Sacramento Ave., West Sacramento, CA 95605:
Kathrine Melvina Walker, 2013 Devon Ave., West Sacramento, CA 95691.
This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on Dec. 5, 1994.
/s/Kathrine M. Walker
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Dec. 5, 1994
by: /s/Linda Mata, Deputy Clerk
Dec. 14 21 28 Jan. 5 (279)

Fictitious Business Name Statement
Filed Nov. 8, 1994
File No. 94-719
The following persons are doing business as DBG Enterprises, 4600 2nd St., Davis, CA 95616:
Richard DiStefano, 1213 Alvarado Ave., Davis, CA 95616; Grant Bowers, 5 Meadowbrook Dr., Davis, CA 95616; Nancy and Chuck Guenther, 4600 2nd St., Davis, CA 95616.
This business is conducted by a General Partnership. The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 1995.
/s/Richard DiStefano
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Nov. 8, 1994
by: s/Karen S. Smith, Deputy Clerk
Dec. 7 14 21 28 (274)

Fictitious Business Name Statement
Filed Dec. 5, 1994
File No. 94-770
The following person is doing business as Stewart's Mobil Repair, 3000 Lillard Dr., #277, Davis, CA 95616:
Jeff Jay Stewart, same address.
This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on Sept. 26, 1994.
/s/Jeff Stewart
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Dec. 5, 1994
by: /s/Vikki Wittig, Deputy Clerk
Dec. 14 21 28 Jan. 5 (276)

Fictitious Business Name Statement
Filed Nov. 8, 1994
File No. 94-718
The following person is doing business as Video City, 417 Mace Blvd., Suite K/L, Davis, CA 95616:
DBG Enterprises, 4600 2nd St., Davis, CA 95616.
This business is conducted by a General Partnership. The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 1, 1995.
/s/Richard DiStefano
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Nov. 8, 1994
by: /s/Karen S. Smith, Deputy Clerk
Dec. 7 14 21 28 (273)

Fictitious Business Name Statement
Filed Nov. 16, 1994
File No. 94-737
The following person is doing business as Consumer Credit Counseling Service of Sacramento; CCCS, 11130 Sun Center Dr., Ste. F, Rancho Cordova, CA 95670:
Consumer Credit Counselors of Sacramento, Incorporated in California.
This business is conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on Feb. 15, 1989.
/s/Rita M. Mathis, President
Consumer Credit Counselors of Sacramento
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Nov. 16, 1994
by: /s/C. Martinelli, Deputy Clerk
Dec. 14, 21, 28 Jan. 5 (278)

Fictitious Business Name Statement
Filed Dec. 5, 1994
File No. 94-772
The following person is doing business as Hair Designers, 177 Lincoln Ave., Woodland, CA 95695:
Irene R. Towse, 4 West Southwood Dr., Woodland, CA 95695.
This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on Jan. 5, 1995.
/s/Irene R. Towse
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Dec. 5, 1994
by: /s/Chris Martinelli, Deputy Clerk
Dec. 14 21 28 Jan. 5 (277)

PUBLIC HEARING NOTICE
The City Council of the City of West Sacramento will conduct a public hearing on January 11, 1995 at 7:00 PM or as soon thereafter as possible, on the following. The hearing will be held in the City Council Chambers, 2101 Stone Blvd., West Sacramento, CA. Interested persons may appear and be heard on the issue(s) listed.
1. Ordinance 95-2 entering into a Development Agreement with MacMillan Bloedel of America, Inc. to construct a paper recycling plant within the Southport Industrial Park. Owner: Southport Investors, 1450 Harbor Blvd., West Sacramento and Sacramento-Yolo Port District, 2101 Stone Blvd., West Sacramento. Applicant: MacMillan Bloedel of America, Inc, c/o MacMillan Bloedel Limited, 925 West Georgia Street, Vancouver, B.C., Canada.
(292) Dec. 28

TRUSTEE SALE #TS94-10141
TITLE ORDER #25675 B&W/REF #902231
NOTICE OF TRUSTEE'S SALE
YOU ARE IN DEFAULT UNDER A NOTICE OF ASSESSMENT LIEN. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On January 4, 1995 at 11:00 A.M., TOUCHSTONE LAKE ASSOCIATION, as the duly appointed Trustee and CIMARRON SERVICE CORPORATION, its Agent, under and pursuant to Covenants, Conditions and Restrictions affecting the land herein described recorded in the Official Records in the office of the Recorder of YOLO County, California and executed for the benefit and security of TOUCHSTONE LAKE HOMEOWNERS ASSOCIATION, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, (payable at the time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state.) At: The main steps of the County Courthouse 725 Court St., Woodland, California That certain real property described in the Assessment Lien recorded 09/06/91, as Instrument No.: 22816 records of YOLO County, California The street address and other common designation, if any, of the real property described above is purported to be: VACANT LOTS Assessors Parcel Number: 45-280-04 AND 45-280-05, AS TO PARCEL 1 45-280-06 AND 45-280-07, AS TO PARCEL 2 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. THAT said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, or as to insurability of title. The total amount of the unpaid balance of said obligations together with advances, and estimated costs and expenses, is: $12,985.79 Accrued interest and additional payments if any, will increase this amount prior to sale THAT notice of breach of said obligation and election to sell said real property was recorded 09/06/94 as Document No. 27927, Official Records in the office of the Recorder of YOLO County, California, Against: JMA CORPORATION the purported owner/s of record.
DATE: December 8, 1994
TOUCHSTONE LAKE ASSOCIATION, TRUSTEE CIMARRON SERVICE CORPORATION / ITS AGENT 170F ALAMO PLAZA STE #501 ALAMO, CA. 94507
(510) 838-6370 BY: DAVID F. BROWN, Vice President
QPP 16073 12/14,12/21,12/28/94

Fictitious Business Name Statement
Filed Dec. 8, 1994
File No. 94-787

Continued to Page 7

NOTICE TO ADOPT A NEGATIVE DECLARATION

A Mitigated Negative Declaration has been prepared for the **Southport Gateway Tentative Subdivision Map and Planned Development Permit,** southeast of the intersection of Jefferson Boulevard and South River Road, in the Southport area of West Sacramento. This Mitigated Negative Declaration has been prepared to address the potential environmental impacts of a proposed 343-unit residential subdivision on approximately 70 acres owned by Ryder/Allfam Properties. The Mitigated Negative Declaration concludes that with the implementation of recommended mitigation measures, there will be no significant adverse impacts on the environment.

Copies of the Mitigated Negative Declaration are on file in the office of the West Sacramento Community Development Department at 1951 South River Road, West Sacramento, CA 95691 (telephone: 916/373-5854). Any affected or interested parties may comment on the Mitigated Negative Declaration before 5:00 p.m. on January 5, 1995 by calling or writing to the Community Development Department at the above address and telephone number.

The West Sacramento Planning Commission will consider adoption of the Mitigated Negative Declaration on January 18, 1995 in the City Council chambers located at 2101 Stone Boulevard, West Sacramento, California, at 6:00 p.m., or as soon thereafter as the matter may be heard. Any affected party may appear at the January 18, 1995 Planning Commission meeting and comment on the Mitigated Negative Declaration and/or the proposed project.

(293) Dec. 28

MARKETPLACE

Directory of Local Businesses

SACRAMENTO (916) 373-1481 — OUTSIDE AREA 800-300-1481
★ ALLSTAR ★
HEATING & AIR CONDITIONING
BOB VAN DYKE, JR. License # 584481 — FREE ESTIMATES EXPERT INSTALLATIONS
(Serving Yolo & Sacramento Counties)

California Home Care
Serving All of Your Home Needs for Over 20 Years
Remodel ♦ Maintenance ♦ Repair
Fully Bonded & Insured
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375-0627

MBE MAIL BOXES ETC.®
813 Harbor Blvd., W. Sac.
372-7623 ■ fax: 372-3329
Open M-F 9-6, Sat. 10-3
■ 24-hour mailboxes ■ UPS ■ copies ■ fax service ■ boxes ■ notary ■ etc., etc.!

372-6888
BARBARA'S BEAUTY SALON
VALERIE ROHDE
formerly from Joanne's Korner
320 Webster St.
West Sacramento, CA

MARTINEZ BROTHERS GARDENING
Lawn Service and Clean Up
Complete Lawn & Garden Care
Also Cleanups
Commercial & Residential
375-0549
Please leave message.
Monthly service or one time service.

Groceries Beer/Wine — B-B-Q Ribs Sandwiches
Shirley's Deli - Mart
SHIRLEY DEW
SUMMERTIME SPECIAL
FREE 10 LB. Bag of Ice with any 12 Pack of Beer
(916) 371-7715
3360 Jefferson Blvd.
W. Sacramento, CA 95691

DAVID B. ING
Broker
VANTAGE POINT MORTGAGE
"We want to help!"
We Have 100% Loans Available!
★ BILL CONSOLIDATION ★ HOME IMPROVEMENT
★ PURCHASE ★ REFINANCE ★ CASH OUT
4800 MANZANITA AVE., SUITE 12
CARMICHAEL, CA 95608
FAX: (916) 482-2319
OFFICE: (800) 359-8505
MESSAGE: (800) 464-0541
PAGER: (415) 406-7386

Buy, Sell or Question
JOHN KANE, G.R.I., C.R.S.
155-15th Street
West Sacramento
Phone: 373-5300

Classified Ads

SERVICES

Landscape Contractor
Trees, stumps, one-time cleanup expert. Shrubs, pruning, landscape removals, repairs, aerate lawns, rockscapes, haul it (small jobs also). Contractors License 535496. Insured. Arborist. Equipped. Workman's comp.
371-YARD
A-TFN

HELPING HANDS. For all seasons, for in-home and out-of-home care, gardening, maintenance, driver for errands and appointments. Hourly, weekly, bi-weekly or monthly rates. We're also good as a gift! Please call Jami, 361-2934.
G-TFN

Phoenix Paint Co. No job too small. Excellent trim work. State lic. #465770. Ins./bonded. Call 372-2941.
P-TFN

ARCTIC HEATING AND AIR CONDITIONING
Repair, service and replace existing heaters, refrigerators, freezers, air conditioners, etc. For local attention 24 hours, call 371-7416. Lic. #576702.
A-TFN

ELECTRICAL CONTRACTOR. Call West Sacramento Electric, your local contractor, for your electrical jobs. No job too small or too big. Free estimates. Lic. #253854. Wayne Foss, 371-8737.
F-TFN

PAINTING
WATERBLASTING
WALLPAPERING
30 years experience. Insured, member BBB, Lic. #169525. FREE ESTIMATES. Jay H. Williams, Painting Contractor.
371-0542
J-TFN

HARRIET ANDERSON PAINTING, Lic. 674282. Residential & commercial, interior & exterior. Call 372-9127.
A-TFN

HANDYMAN

Home Repairs
Water Leaks
(Kitchen & Bath)
Roll Roofing
Rain Gutters
FREE ESTIMATES
CALL DAVE
364-5374
S-8

• INSTALLED •
WINDOW GUARDS
&
SECURITY DOORS
371-6975

HANDYMAN SERVICES
Carpentry, electrical, plumbing, painting, home remodeling. Low rates. Call 372-6814.
H-TFN

HANDYMAN: retired maintenance man. If you have something broken, I can fix it. Cut this ad out and save it! 371-2310
P-34tfn

PERSONAL CARE

Pedicure, manicure, foot bath, fungal nails, calluses done at your location. Call Marie, 482-4767. Licensed.
B-TFN

Color Analysis: Will tell you the colors you should wear to enhance your natural beauty. For more info, for a makeover, call 441-8273.
tfn

HAIR CARE

Joann's Korner has a new hairstylist for everyone: Colleen Roe. Perm specials $35. Open Sat. 10-?. 371-3019. 115 15th St., W. Sac., CA
JK-42tfn

Styles by Stella: Perm sale, $25 & up, includes cut. Spirals $55 & up. Haircuts $8. Child cuts $6. Senior discounts. 372-1611 for appt.
S-20

MUSIC & DANCE

ELAINE'S DANCE STUDIO
1510 Merkley Ave., Suite 2. 371-8975 or 371-2016. Tap, modern ballet, classical ballet, jazz, acrobatics. Ages 2 1/2 to adult. Call for FREE trial lesson.
E-TFN

WALKER STUDIO OF MUSIC, 1413 Meadow Road, West Sacramento. Phone 371-8225.
W-TFN

CLEANING

"Nitty Gritty Cleaning Service, licensed and bonded. Commercial, residential. Weekly, bi-weekly, monthly. One-time and rentals. GIFT CERTIFICATES AVAILABLE! Kelli or Robin, 371-2061 or 375-0332.
NG-37tfn

HOUSES FOR SALE

SUPER VALUE! 3 BR, 1 bath with new carpets & paint. Park Blvd. to 11th St. then to 1039 Canna Way. Drive by, then call Denise at 372-6255 for more information on this Cook Realty.
MPGtfn

MUST SEE! 2 BR, 1 bth country cutie in quiet premium Southport neighborhood. 1665 Tamarack Rd. Priced to sell. 373-9047 for appt.
B-3tfn

Broderick, close to school & shopping. 3BR, 1 bath, C H/A, newly remodeled, spacious yard. $85k. By appt., 372-1952.
P-4tfn

Trudy's Day Care has full time toddler opening available. Well-supervised, loving environment, spacious yard and close to park. Arts, crafts, meals & snacks provided. 372-7162.
TM-tfn48

TUTORING

Private instruction by a tutor with a Calif. teaching credential, grades 1-12. If your child is having difficulty at school because he or she isn't motivated, has poor testing skills, or is simply falling behind in specific subject areas, please give me a call at 372-6174. Work is done by the hour and rates are negotiable.
D-tfn

HOUSES FOR RENT

1928 Evergreen Ave., West Sacramento. Refrig., washer/dryer. Detached garage, utility room. For info. & applic., please call Jacqueline Gilmete at 371-3549.
G-tfn

$300, 1 BR, nice, quiet, parking. Good for seniors. 642 California St., W. Sac.
P-19

3 BR, 1 bath, newly remodeled, CH/A, $695/mo. 761 Elder Dr., by appt. Call after 6 pm, 372-1952. Avail. for immed. occup.
P-4tfn

APTS. FOR RENT

Special : Apt. at 621 Maple St. #1, W. Sacto. 372-5878 or 371-2502.
K-TFN

Genius does what it must. Talent does what it can.
—Edward Bulwer-Lytton

HOUSES FOR SALE

COOK REALTY
(916) 451-6702
3 Great Values
OPEN HOUSE ON SUNDAY — Canna Way
3 Bedroom - All new carpets, fresh paint, very nice yard. On Canna Way, close to everything - Priced to sell today!
Fixer on very large Cul-de-Sac on Stuart Court lot. Second rooms, large family room addition. Bring your decorating talents.
SOLD
Established area - Near shopping, parks & golf. Motivated seller is relocating. 3 Bedrooms. Reuter Dr. - Now Only $85,000.
For your private showing or more information on these properties – Call:
Gail Bonne 451-0708
Charles Covey 428-3223

1 BR apt., stove & refrig., carpet. 371-6112 or 375-1339.
D-TFN

West Sacto. furnished 1BR apt. for rent. Very clean & cozy. All new applicances, fenced yard, shade trees, much more. Conveniently located, perfect for senior citizen. $350/mo. + depo. Call 372-7163.
A-tfn50

1 and 2 BR apts., quiet and clean, senior citizens welcome. 371-3114.
K-TFN

1 & 2 BR apts., refrig., stove. 372-9659.
K-TFN

1 BR apt. $350/mo. Call 421-4879, 372-7364, 371-6550.
- K-tfn

1 BR apt., util. paid, patio, $450. Also avail.: studio apt., $260/mo. 372-2828.
M-12tfn

2 BR apartments, utilities included. Drapes, carpets, stove, refrig. Large, $425. Small, $375. 371-7279.
M-17tfn

Lg. 2 BR, utilities incl., carpets, drapes, stove & refrig. $425. 371-7279.
M-tfn

ACCEPTING APPLICATIONS. Including those assisted by county section 8. 1, 2 & 3 BR apts. starting at $385/mo. 401 Westacre Rd. 371-3939.
M-TFN

MOBILE HOMES

Mobile home: 12 X 62, 2 expandos, $15,000 obo. Or trade for car, truck, van plus money. Or rent $550/mo. + $450 depo., utilities included. 564-3224.
C-TFN

Mobile Home: 50X22. Nice trailer, needs some work, in lovely trailer park space. Storage sheds, laundry area. $7,000. Call 371-3096 after 5.
21

MISC. FOR SALE

Firewood by the stack. $25 - $50 - $75 - etc. U haul. $5 delivery. Ray, 372-3291 or 372-8733.
A-20

Thomas transistor organ, willing to give to right owner, must be hauled out by this weekend. In W. Sacto. Call for info, 759-0117
C-19

Utility trailer, must see!! 4X6 custom-built to last. Fully enclosed & weatherproof. Side panels are removable or can be hinged. Excellent, lightweight & versatile trailer. See at Critter Corral, 4201 West Capitol Ave or call Randy, 372-5714.
R-tfn

Firewood: eucalyptus & pine mix. $150/cord. 371-0441.
S-19

Glass display cases, display racks, gondola & accessories. Warehouse racks, forklifts, etc. Liquidation Center, W. Sac. Call 373-3300
E-22

MISC. WANTED

Buying estate sales: antiques & collectibles. Larry, 621-4611.
P-tfn

AUTOS

89 Geo Metro, 5 spd, air, cass., AM/FM stereo, clean, 45-50 mpg. This car will sell. Call 372-9170
H-21

BOATS

Houseboat: 42 X 16, redwood construction, bedroom loft, 4 skylights, stained glass windows, stove, refrig., washer/dryer, swamp cooler, furnished. $29,900. 372-7265.

HELP WANTED

Part-time receptionist. Must be friendly. Need valid Cal. driver's lic. Minimal typing. $5.25/hr. Shifts either 8-noon or 1-5. Call Stacy, 371-7042.
cc-20

Help wanted: free gift. Avon, all areas. Reps earn up to $8.00 per hour. No door to door. Call today, (916) 682-5918, Shirley.
R-TFN

Wanted: care lady for disabled man. 9 am - 11 pm Sundays, 371-7120.
R-TFN

Single Again magazine is now seeking experienced newspaper or magazine distributors for the greater Sacramento metro area. Must be willing to develop your own territory. Excellent profit margin. Magazines shipped to your home or business. This is an independent contractor agreement. Call 800-836-9180. Lv. message.
PVS-TFN

Reserve Firefighter for City of West Sacramento (VOLUNTEER). The West Sacramento Fire Department is currently recruiting for its Reserve program. Applicants must possess and maintain an Emergency Medical Technician I certificate and be able to respond to a call within 15 minutes. Pick up job description & City application or send self-addressed stamped envelope to: Human Resources, 2101 Stone Blvd., PO Box 966, W. Sacto., CA 95691. FFD: 5pm, 1/6/95. AA/EOE.
WS-19

Need reliable West Sacto person to drive van for disabled man 6 to 8 hrs. per week daytime. Call 371-7120.
R-TFN

CLERKS: Seeking friendly, reliable individuals for C store/gasoline retail positions. Start $4.85-5.10. Advancement opportunities. Full benefits, flexible hours. Ultramar/Beacon, 1001 Sacramento Ave., W.S.
B-20

PETS LOST & FOUND

Found dog: male, probably collie mix, white w/brown spots, long hair. Jefferson Blvd. near freeway Dec. 7. 371-8558.
C-20

In this world what matters is not to know mankind, but to be smarter on the spot than he who stands before us.
—Goethe

FREE THINGS TO SEND FOR

(NAPS)—For a free brochure on Hawaii travel, contact your travel agency or call 800-2-HAWAII.

For recipes featuring one of America's favorite nuts, send a self-addressed, stamped long envelope to Pecans, The Thacker Group, 1008 Second Street, Old Sacramento, CA 95814.

For a free copy of the Louisiana Sweet Potato Commission's Low Fat Recipe Brochure, write: P.O. Box 113 Opelousas, Louisiana 70571-0113 or call (318) 942-3689.

News-Ledger
Your classified ad for a garage sale, bike or house-for-rent could have been on this page.

Cost: $3.50 for up to 25 words for one placement. Only $12.00 total to run the same ad four times. Charge yourself an extra dime for each additional word.
Deadline: Monday at 5 p.m. for the following Wednesday edition.
How to get your ad to us: Just drop your ad and payment in the mail to the News-Ledger, P.O. Box 463, W. Sac., CA 95691. Or bring it buy our office at 816 Westacre Rd. (next to Kentucky Fried Chicken, across from Raley's). It's O.K. to drop it through the mail slot if we're not in.

NATIONAL SELF STORAGE®
National Self Storage
MINIMOD of SACRAMENTO
OPEN EVERY DAY
SIZES FROM 8X5 (40SF) TO 8X40 (320SF)
CALL FOR SPECIALS
(916) 371-3865
2600 EVERGREEN WEST SACRAMENTO
We also sell Boxes, Locks, & Moving Supplies

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Since 1969
371-8945
CATERING
• AT IT'S BEST •
Freddie's Gourmet is the Leader in
• QUALITY • QUANTITY
• SERVICE • PRICE
• CORPORATE • INDIVIDUAL
120-C 15th St. W. SACRAMENTO

Corned Beef and Cabbage
$5.49
Thurs. Nite Only 4 to 10 pm
Valid West Sacramento Only
Only 1 coupon per person, per day. May not be used in conjunction with any other Discount or Special.
(OFFER GOOD FROM 1-1-95 THRU 1-7-95)

Denny's RESTAURANTS
4025 Lake Road
West Sacramento • 371-8724
Denny's is committed to providing the best possible service to all customers regardless of race, creed or national origin.

Prime Rib Dinner
Served daily 4 – 10 p.m.
Includes: Soup or Salad & Bread
$5.99
Valid West Sacramento Only
Only 1 coupon per person, per day. May not be used in conjunction with any other Discount or Special.
(OFFER GOOD FROM 1-1-95 THRU 1-7-95)

Local Scene —

Tipsy Taxi

Revelers at local bars who feel they may have had a little too much to drink, and are unsafe for driving, may call 372-3360 New Year's Eve for a free ride to their West Sacramento home. The service will be provided from 8 p.m. to about 2 a.m. this Saturday, courtesy of volunteers from the East Yolo Information Center on Alcohol and Other Drug Abuse -- commonly known as the Center.

Chad Robison in Guam

Navy petty officer 3rd class Chad Robison, son of Sandra Groves of West Sacramento, recently participated in the 50th anniversary of the liberation of Guam with amphibious assault ship USS Belleau Wood.

The 1990 graduate of River City High School joined the Navy in May 1991.

Four-year old's mom and her boyfriend face charges

The mother and boyfriend of a four-year old Evergreen Ave. were both arrested in connection with the man's alleged molestation of the girl.

On Dec. 23, police arrested Pamela Weldon, 33, for child endangerment. Police believe that her live-in boyfriend, John Deaton, molested Weldon's daughter.

Deaton has a previous conviction for child molesting, and both Deaton and Weldon told police they were aware there was a court order barring him from contact with the girl, according to police records.

Deaton was charged with molestation and Weldon was charged with child endangerment.

This Week In History

On December 26, 1620, 103 passengers on the Mayflower landed at Plymouth in Massachusetts ... **December 26, 1776**, George Washington and his troops defeated the Hessians in Trenton, N.J. ... **December 29, 1890**, the last major conflict between Indians and U.S. troops, the Battle of Wounded Knee, took place; about 200 Indians were killed, along with 29 soldiers ... **December 29, 1876**, a train crash in Ashtabula, Ohio caused 92 deaths ... **December 30, 1903**, a fire in the Iroquois Theater in Chicago, Ill., claimed 602 lives ... **December 27, 1927**, Jerome Kern's "Show Boat" opened in New York City ... **January 1, 1931**, the London Naval Reduction Treaty, signed by the U.S., Great Britain, Italy, France and Japan, took effect ... **December 26, 1933**, the U.S. foreswore armed intervention in nations of the Western Hemisphere ... **December 31, 1936**, the London Naval Reduction Treaty expired ... **December 31, 1944**, a railroad disaster occurred in Bagley, Utah, resulting in 50 casualties ... **December 28, 1966**, a train wreck in Everett, Mass., took the lives of 13 people ... **December 26, 1971**, U.S. bombers launched a massive five-day air strike against North Vietnam in retaliation for alleged violations of agreements reached prior to the 1968 halt in bombing ... **January 1, 1978**, an Air India 747 exploded and crashed into the sea off Bombay, resulting in 213 deaths ... December 31, 1979, a fire raged through a social club in Chapais, Quebec, causing 42 deaths ... **December 31, 1986**, the Dupont Plaza Hotel in Puerto Rico went up in flames, killing 96 people.

'As I See It':

Movie review: 'Interview with a Vampire'

By Cristina Barraza Rubalcava
River City High School Journalism Class

The long-awaited film "Interview with the Vampire" totally blows away any one of the plethora of "traditional" horror flicks. Here's how I see it.

The movie theater gets dark. The audience grows quiet. In the city of San Francisco, the interview begins. . .

Malloy (Christian Slater), a career interviewer, finds a willing and able subject in Louis (Brad Pitt). Louis tells his story, which begins in 1781 with Lestat (Tom Cruise), the giver of his "undead" life.

Louis tells of the rats he has drained, the chickens he has sucked dry, and of the beautiful wenches he and Lestat have shared. The sweet, delicious taste of youth eternal and the tears Louis has cried over the loss of his mortality have left his human soul unsettled.

A 10-year old orphan named Claudia (Kirsten Dunst) fills the emptiness in Luis's heart. She becomes a young prodigy for Lestat with whom he can share toasts of fresh, warm blood. As Claudia's child-like hunger consumes her, the three kill as a family.

Neil Jordan's brilliant direction of Anne Rice's script (based on her best-selling book) could possibly make this movie a cult classic for Generation X. Its spooky atmosphere gives it the "by candlelight" feel. The low-key, homoerotic subtext and Lestat's witty remarks make this a serious movie you can actually sit through, have a few laughs, and even get a jump of fright.

And that's how I see it.

You can see it too. . . (check your local listings).

SULPIZIO from page 1

said, "perhaps until June."

Sulpizio said that although the study will affect how the port might finance its improvements, it won't change the fact that the improvements are needed.

Port commission members are appointed by members of the boards of supervisors and city councils of West Sacramento, Sacramento, and Yolo County. Five of the seven appointments are controlled by the Sacramento side of the river, where most of the property value within the port district lies.

Yolo County's longtime appointee, James Cameron Jr., recently announced that he will resign from the board effective the end of the year, and the county will have a chance to appoint a replacement.

Other commission members voted to commission member Stan Hazelroth, a Sacramento businessman, to take over Cameron's position as chair of the commission in 1995. That vote will have to be ratified by representatives of the city councils and boards of supervisors in the district, who will come together at a yet-unscheduled meeting of the port's "board of election."

Sulpizio is currently finishing a term on the West Sacramento Chamber of Commerce's board of directors, and served as chamber president during 1993.

SANTA from page 1

bad people," said Christenson. "Maybe the police are willing to escort next year."

The $2,500 cost of providing the candy canes this year was underwritten by the firefighters' association and by Unocal, which has a fertilizer facility near the Port of Sacramento. As part of the annual Santa run, the firefighters collected food for the West Sacramento Christmas Basket Project. The food was distributed to needy families before the holiday.

"We had about three pickup truckloads of food collected this year," reported firefighter Lars Knutsen.

Although one firefighter expressed doubt over whether the annual event would continue, others were more positive that something will be worked out in time for the 1995 holidays.

"There'll be a Santa," said Captain Jim Medich. "If you take a grapefruit or a few rocks, that's just (the nature of) kids."

Firefighter Knutsen said organizers of this year's Santa run were Steve Zehnder and Becky Ramirez.

Planners proceed with 343-home residential project near Jefferson bridge

Owners of a 70-acre property in West Sacramento's Southport region are proceeding with plans for a 343-unit residential subdivision. The city's planning commission will consider adopting a "mitigated negative declaration" for the project at its Jan. 18 meeting.

The declaration states that, with certain mitigations, there will not be a significant environmental impact to the project and no EIR (environmental impact report) will be required.

Public input on the declaration is invited by Jan. 5 to the city's community development department.

The land is located just southeast of the Jefferson Blvd./South River Road intersection and close to the Jefferson Blvd. barge canal crossing. It is owned by Ryder/Allfam Properties.

The property is subject to the Southport Framework Plan and may not be developed until a second bridge access is built to connect West Sacramento across its barge canal.

The development is called the "Southport Gateway" project.

GANAS from page 1

back of the patrol car. One officer of the five present heard Ganas use the word "medic" and, said Kilday, assumed Ganas was a veteran having some kind of flashback. Other officers reported that Ganas never asked for medical attention.

Sieving, the attorney for the man's children, said that the "medic" comment was a cry for help.

"He called out for a medic and said help, stop, and pleaded for his life," said Sieving.

After the fight, a West Sacramento police officer transported Ganas to a Woodland hospital for routine medical clearance, radioing ahead for two sheriff's officers to meet him in case of another struggle.

"They pulled the guy out of the car and noticed he was limp," said the city's Kilday. "They got a gurney and rushed him into the emergency room, where resuscitation efforts were attempted."

But Ganas had died.

The coroner listed the causes of death as respiratory failure and methamphetamine poisoning, and also reported traces of cannaboids in the man's blood.

Sieving said that the "hogtying" procedure helped kill Ganas.

"Handcuffing him behind his back to his ankles pressed his spinal column up into his (chest) cavity," he said.

About the settlement, Sieving said "we would have obviously wanted more money."

A city press release said that the police acted correctly and justly, but that the city settled the lawsuit to avoid the danger of having to plaintiff's attorney's fees (which they estimated at $300,000) if the plaintiffs were awarded even a "small amount," such as $100,000.

Sieving, however, disagreed. He said that the city would not have been liable for his clients attorney fees unless the city was found to have violated the civil rights of Ganas -- which would have required gross errors of some kind, or willful intent.

"There could have been a negligence kind of damages and then there would be no attorney's fees paid (by the city)," said Sieving.

He added that he believed that city officials "made a business decision based on the facts" of the case.

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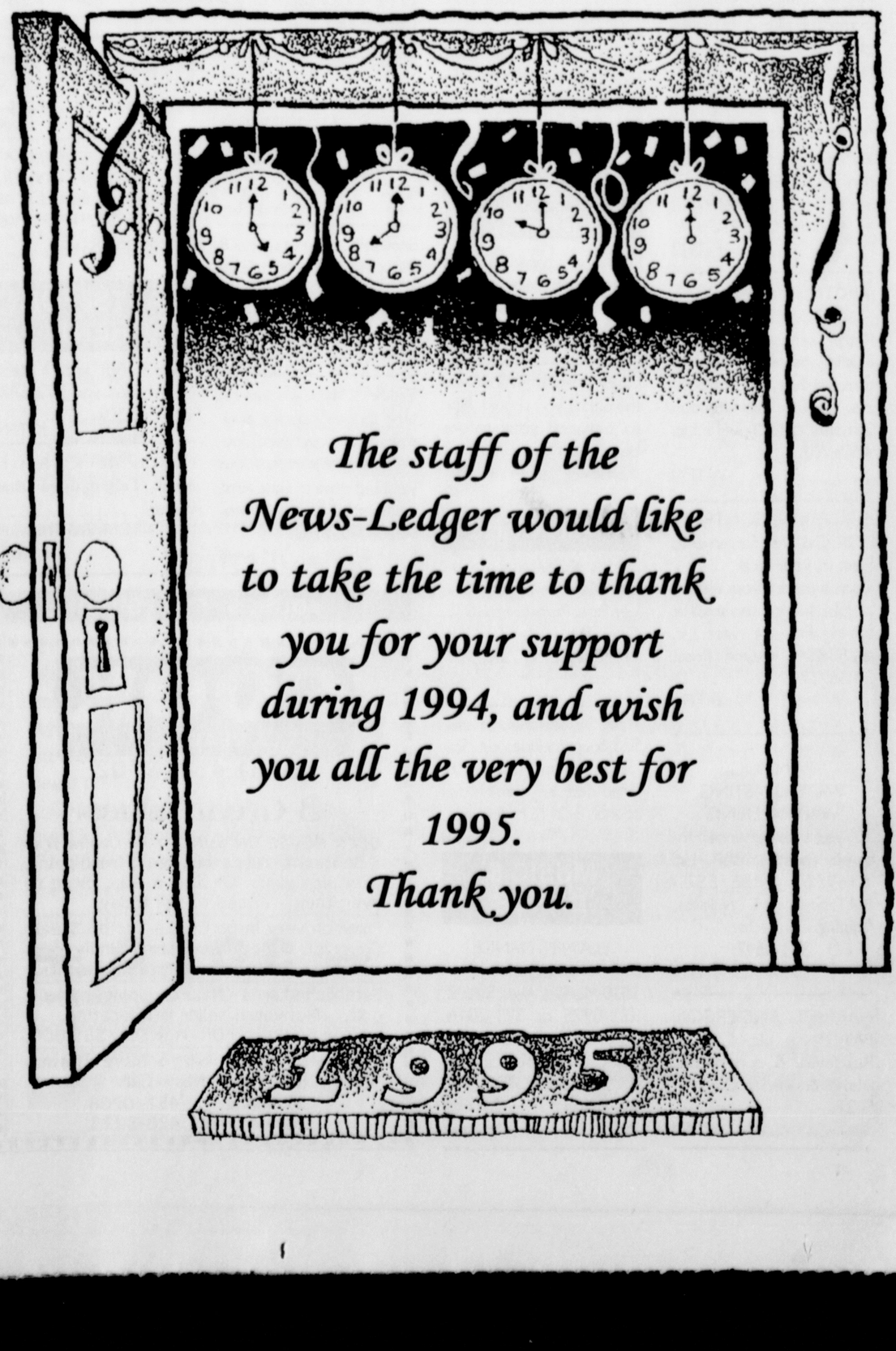
CHAOS

by BRIAN SHUSTER



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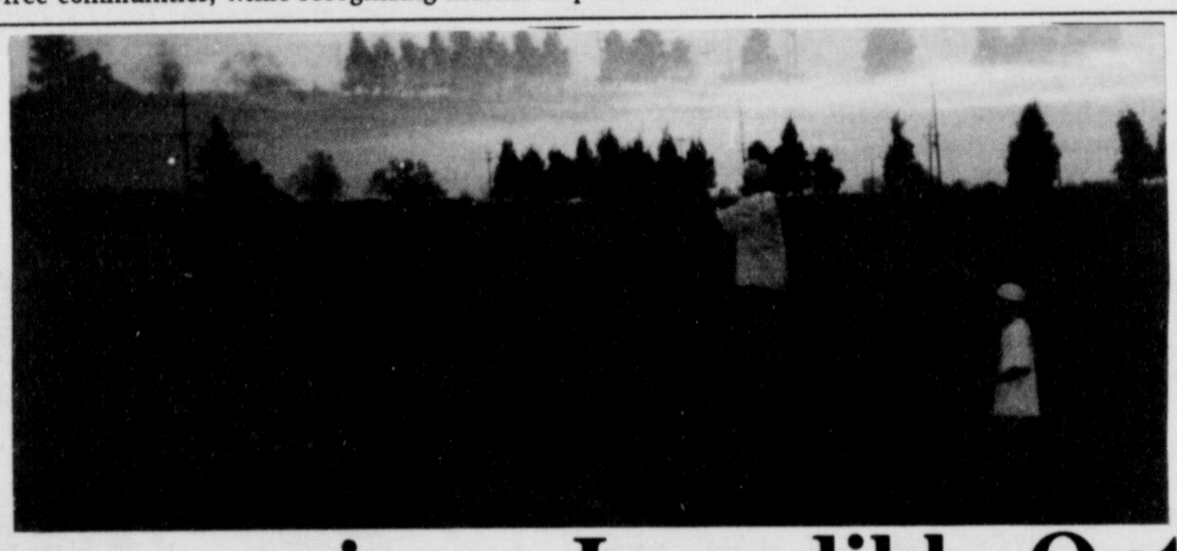
1995

Volume 1, Number 5

December 1994

YOLO UNITE!

The People of Yolo County, acting as a Partnership, are dedicated to providing ideas and visions that create safe, drug-free communities, while recognizing mutual respect for our own and each others' ethnicities and cultures.



Recovery is an Incredible Option

By Z.F.

While I was in the 4th or 5th grade, I started hanging out with my sister's friends. They were about three years older than me. I was introduced to pot at a party. During the 6th grade, I came to school every day either stoned on pot or acid.

In the 7th grade, I was introduced to crank - my drug of choice. That was it, right there. Line after line. That's what I lived for.

My connection was an easy walk down the street. I had been saving money since the 3rd grade for college or a guitar or something. I had about $300.00. It soon became only $7.00.

Life was shit. I didn't care about anything or anyone. My main goal in life became to buy all the crank in the world.

I lost half of my friends. I lost a great deal of weight. It was a physical and mental addiction. Mostly mental at first. It made me feel stronger. But then I had to start taking it just to feel normal. It was my remedy to feeling bad.

All I cared about was the guy down the street. He packed my bags fat giving me a little extra every time just so I'd keep coming back to him.

After I spent my savings, I started selling to support my habit. My parents were real suspicious. I thought they were stupid, but I guess they weren't.

They questioned me sometimes and would hint things like "you know drugs are bad". But I'd just slough it off.

After awhile, I hit bottom. Emotionally and financially. I came to a point where I couldn't remember feelings. I couldn't understand how that could have happened to me in only three years.

From there, I started thinking about a way out. I thought about suicide. That was the first thing that came to mind. One night, I took some acid and took too much. I had a bad trip. I called one of my friends. She was scared for me so she called my parents on our other phone. My parents came in my room and I thought they were going to be mad. I just sat there while they talked to me. I was surprised that the only feeling that they expressed was distrust. I had lost their trust and they were afraid for me.

My parents called a guy they knew in the NA - Narcotics Anonymous program. His son was a friend of mine. They took me to an NA meeting that night.

I went with the thought that I was there to please my parents and I never planned to go again. But the people there said some things that hit home for me. They were saying things that said to me "That's me", even though I was younger than them.

I was amazed that there was another way of life. I had lived with drugs for so long I knew I was at the bottom. I fell in love with the program.

I looked at the steps that night. I looked them over about 100 times and that first step - admitting that we're addicts and our lives are unmanageable - that was me.

It gave me a reason to live. I felt secure. When there's no other solution but death, recovery is an incredible option. I'm 14 years old and I'm in recovery. I want others to learn from my experience and not ever even experiment with drugs. 'Cause they're only fun for awhile and I'll live with this for the rest of my life. Change your playground and playthings.

(Z.F. is a young man living in Yolo County. His name was changed to protect his privacy. We greatly appreciate him and his family for their candor and courage in relating his story).

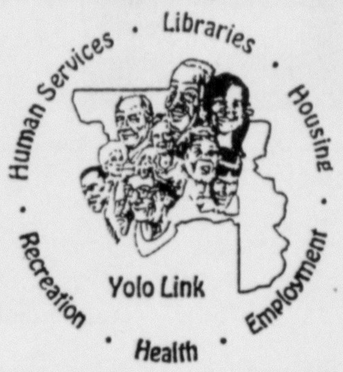
CAPAY VALLEY, ESPARTO & MADISON

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Congressman Vic Fazio & Staff

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county offices of Social Services, Community Partnership, Probation, and the Senior Centers in Davis, Woodland and West Sacramento.

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Send your newspaper submissions to:
Yolo Unite! Editors
P.O. Box 676
Esparto, CA 95627

Santa Rides a Redwing!

By Robin Fugate



Photo by Robin Fugate

The Roadrunner Motorcycle Club, a chapter of the Goldwing Touring Association and the Wild Pigs, a group of law enforcement officers co-sponsored a "Toys for Tots" motorcycle run in late November.

This is an annual alcohol and drug-free event to assist the Marine Corps League with their collection of toys for children. Local businesses donate toys, food and prizes for the run and Santa Claus makes a special appearance. "I love doing it," says Santa. "Anything to benefit the children". Mrs. Claus says "It helps our kids. They are our future".

Santa Clos Maneja Una Motocicleta Redwing!

Por Robin Fugate

El Club de Motocicletas Correcaminos, parte de la Asociacion Turistica Goldwing y Los "Wild Pigs", un grupo de policias patrocinaron una crusada para "Toys for Tots", un proyecto de juntar donaciones de juguetes para niños de bajos ingresos.

Este es un evento anual a beneficio de prevencion de drogas y alcohol, ayudan a La Liga de la Marina en juntar juguetes donados para niños. Negocios locales donan juguetes y premios para la crusada y un Santo Clos hizo una presentacion diciendo, "Me encanta hacer esto. Cualquier cosa que sea a beneficio de los niños." La Señora Clos dice, "Esto les ayuda a nuestros niños. Son nuestro futuro."

Love: The One Creative Force

By Eric Butterworth

A college professor had his sociology class go into the Baltimore slums to get case histories of 200 young boys. They were asked to write an evaluation of each boy's future. In every case the students wrote, "He hasn't got a chance."

Twenty-five years later another sociology professor came across the earlier study. He had his students follow up on the project to see what had happened to these boys. With the exception of 20 boys who had moved away or died, the students learned that 176 of the remaining 180 had achieved more than ordinary success as lawyers, doctors, and businessmen.

The professor was astounded and decided to pursue the matter further. Fortunately, all the men were in the area and he was able to ask each one, "How do you account for your success?" In each case the reply came with feeling, "There was a teacher."

The teacher was still alive, so he sought her out and asked the old but still alert lady what magic formula she had used to pull these boys out of the slums into successful achievement.

The teacher's eyes sparkled and her lips broke into a gentle smile. "It's really very simple," she said. "I loved those boys."



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CAPAY VALLEY, ESPARTO & MADISON

Grandparents Raising Grandchildren

By Kay Lehr, RN, MBA

Across the United States there is a growing number of grandparents raising their grandchildren.In large part, alcohol and drug problems of the grandparent's biological parents account for this increasing phenomenon. As grandparents either gradually or abruptly take on the responsibility of grandchildren, many issues arise, including: legal rights custody, financial issues, health care, housing changes, and emotional adjustments.

In order to deal with the challenges, grandparents are forming Grandparent Support Groups. These groups provide a needed forum for grandparents to problem solve specific legal, financial and health issues. The emotional adjustments, however, are often the most subtle and challenging to approach. The adjustments may include giving up your dream of leisure time, missing the fun of entertaining your grandchild and the giving of him/her back to his parents, having to meet your grandchild's everyday needs rather than buying him/her the perfect gift. In addition to grandparent support groups, good friends and the enlistment of other relatives to help with the grandchild can assist with the emotional adjustments.

If drugs and/or alcohol contributed to the grandparents caring for their grandchildren, then past relationship problems between the grandparent and the grandchild's parent are inevitable. Typical family relationship problems that result with a member who uses and abuses are: broken promises, eroding trust, being angry at yourself and your child for ignoring signs when you knew something was wrong, and above all, conflicts around your child living a lifestyle difficult to understand.

People who have not loved or lived with an addict or acholic will often say, "I just wouldn't put up with it". The reality is that we do give the people we care about the most, second chances. Second chances are, indeed, useful in normal family relationships, however, to give as addict a second chance it to buy into the addiction. In other families the style is not one of second chances but of rigid, disengaged reactions.

Unfortunately, in both family styles, the addicts compulsion to use is stronger than the family values and rules.

The way out of the confusion is to learn about addiction and reach out to others.

Your family members individual reactions to your addicted child are important to sort out.

Freedom from the reactions involve looking at when you began to deny yourself and not consider your real feelings. Did this happen as you were relating to your own son or daughter or were those patterns established from your childhood experiences? The process to change the way you relate is slow but very rewarding. You will know you are changing when you can:

Consistently make decisions taking your own needs into account.

Stand alone and enjoy being alone.

Feel good about yourself without underlying feelings of guilt.

Trust yourself and have a few truly intimate relationships.

Lastly, after people understand addiction and their own defeating reactions, down the road, there is a desire to make peace with you child. This is a challenge for all parents as your child grows up in a culture that you have not experienced. Generational differences alone can make it hard for parents and children to relate to each other. Adding addiction makes it more complicated, but not impossible if the addict is willing to face him/herself and his/her addiction.

For more information or resources, call Yolo County Public Health at 666-8645.

"The way out of the confusion is to learn about addiction and reach out to others".

Abuelos Criando a Nietos

By Kay Lehr, RN, MBA

Por todo el país hay una gran cantidad de abuelos que crían a sus nietos. Este creciente fenómeno es en gran parte debido al abuso de drogas y alcohol de los padres biologicos de los niños. Conforme los abuelos se hacen cargo de sus nietos, algunos de estes problemas surgen: la custodia legal, las finanzas, el cuidado medico, espacio en la vivienda, y ajustes emocionales.

Para soportar este reto, algunos abuelos han formado Grupos de Apoyo Para Abuelos. Estos grupos proveen la oportunidad de discutir soluciones especificas sobre problemas legales y medicos. Lo mas dificil suelen ser los ajustes emocionales por tener que cambiar planes de tiempo libre, extrañar el pasear con el nieto, el tener que entreger el nieto a sus padres, o el tener que proveer diariamente en vez de solo regalar algo de vez en cuando. Aparte de tener grupos de apoyo, las buenas amistades y una familia pueden ayudar con los ajustes emocionales.

Si el abuso de las drogas y el alcohol es uno de los factores por los cuales el niño termina bajo el cuidado de algún abuelo, problemas entre el abuelo y los padres biologicos del niña son inevitables. Problemas tipicos familiares, cuando alguien abusa las drogas y el alcohol son: promesas incumplidas, desconfianza, recor en el abuelo contra si mismo por haber ignorado los sintomas que eran notorios, y lo más importante, la confusión de no poder comprender el porqué el niño debe vivir el estilo de vida que lleva.

Personas que no han estado en relación amorosa o vivido con un abusador de sustancias frecuentemente dicen, "Yo no lo soportaría". La realidad es que uno siempre da oportunidades a nuestros seres que amamos. Las oportunidades, las cuelas son buenas para problemas familiares normales, para un adicto es como apoyar su adicción. En otras familias el estilo de vida no es el de "dár mas oportunidades" sino el vivir reacciones fuertes y dificiles. Desafortunadamente, en ambos tipos de familias, lo que sucede es que el impulso del adicto es más fuerte que los valores y reglas familiares.

Es muy importante estudiar como la familia trata al niño/niná que vive entre abusadores de sustancias.

La liberación de los sentimientos que uno aprendió al vivir entre algún adicto ocurre cuando uno identifica el momento en que uno comenzó a negar las necesidades propias por las que se nos imponían. Es posible cambiar la manera en que uno se relaciona con otros, después de lo que uno aprendió en la niñez, el cambio es lento pero muy satisfactorio. Cuando uno comienza a cambiar uno nota lo siguiente: las decisiones toman en cuenta las necesidades porpias, uno se goza en estar solo, uno no se siente culpable por sentirse bién, hay confianza para otros uno comienza a tener relaciones intimas autenticas.

Por ultimo, cuando las personas comprenden lo que es la adicción de sustancias y el comportamiento destructivo que produce, se dan cuenta que hay deceos de hacer las pazes con el niño interno que uno posee. Este es un reto para todos los padres quienes tienen niños se crian en una cultura extrana. Las diferiencias entre generaciones podrian hacer imposible una relación entre padres e hijos. Si hay adicción las cosas se complican mucho más, pero no elimina la posibilidad de que el adicto se mire a si mismo y a su vicio.

Para mas información y ayuda llame al Departartamento de Salud del Condado de Yolo al 666-8645.

"Uno erradica la confusión cuando uno aprende sobre la addicción y la comparte con otros".

DAVIS

Feeling Your Way: Recovery With a Holistic Twist

(Second of a four-part series)

By Sandra Dolber-Smith, M.A., M.F.C.C.

AUTOBIOGRAPHY IN FIVE SHORT CHAPTERS

Chapter 1) I walk down the street.
There is a deep hole in the sidewalk.
I fall in.
I am lost . . . I am hopeless.
It isn't my fault.
It takes forever to find a way out.

Chapter 2) I walk down the same street.
There is a deep hole in the sidewalk.
I pretend I don't see it.
I fall in again.
I can't believe I am in the same place.
But it isn't my fault.
It still takes a long time to get out.

Chapter 3) I walk down the same street.
There is a deep hole in the sidewalk.
I see it is there.
I still fall in . . . it's a habit.
My eyes are open.
I know where I am.
It is my fault.
I get out immediately.

Chapter 4) I walk down the street.
There is a deep hole in the sidewalk.
I walk around it.

Chapter 5) I walk down another street.

- Portia Nelson, 1980

Many of you read Part One of this series in our last issue and did the "Focusing" experiment. The experiment was about naming your feelings and getting more familiar with them. (Copies are available from Yolo Unite, 757-5520.)

Part Two is describing and interacting with those feelings - playing, testing, verbalizing. One way we interact with our feelings is by describing them in words. The poem at the beginning is an example of how Portia Nelson described her feelings about significant learning experience.



What is so important about describing and interacting with feelings? Remember the theme of this series: transforming feelings from recovery's biggest challenge of into your most powerful allies. Naming feelings is only a first step. Description and interaction deepens familiarity.

Greater familiarity means greater predictability, increased respect, and the seeds of self-trust. To trust your feelings, strengths and vulnerability, is to empower recovery.

Why choose writing to describe and interact with feelings? Feelings kept inside are easily ignored. Ignored, they are a risk for self-sabotage. Ignored, they hold the power of secrets.

Feelings on paper out in the open. Risks and secrets are exposed, their power minimized. The power become yours to use for building credibility and make informed decisions.

Poems are writings that play with word combinations to make word pictures about the way you feel about something.

Poems try out words that describe feelings and experiences. They test how it feels to show your words on paper where somebody might see them - where you might see them.

Some of you may already write about your feelings in journals, letters, or in poems. But many folks have the idea that making a poem is only for writers or for people with a certain kind of education.

Not true! EVERYONE has a poem inside, waiting to see the light of day. To prove it, I challenge you to play with the next self-experiment.

Below is a guide for making a two-part poem. The theme for the poem is about feeling safe and in control compared feeling at risk. Follow the instructions below and amaze yourself and your friends with the results!

MAKING A POEM

PURPOSE: To use words to describe and interact with your feelings.

TIME: 20-30 minutes.

MATERIALS: A pencil, two sheets of lined paper, quiet place and uninterrupted time.



STEP A)

At the top of one sheet, write: "WHERE I FEEL MOST SAFE or IN CONTROL"

At the top of the other sheet, write: "THE PLACE I FEEL MOST AT RISK"

STEP B)

Pick either page to begin and lay the other aside until later.

STEP C)

Respond to each of the 10 items below. DO NOT copy what is written on this page onto your lined page and do not number your responses.

- This is a type of poem that is not supposed to rhyme, so relax.
- Use BRIEF phrases - No complete sentences.
- Use lots of descriptive adjectives.
- Write the first words that come to mind after you read the item. The longer you think, the harder it is to be brief.
- HINT: Allow yourself no more that one line for each response.

SAMPLE RESPONSES:

Item #1: At the coast

Item #2:A high ridge, above the ocean, light wind

STEP D)

After your complete all ten responses on your first page, put it aside and repeat STEP C on your second page.

1.a. Tell your SAFEST or MOST IN CONTROL place to be. (One sheet)

OR:

b. Tell your most AT RISK place to be. (Other sheet.

2. Describe the surroundings.
3. Describe the experience of being there.
4. Describe who you are with, if anyone.
5. Name the prominent features of this place.
6. Describe your feelings with regard to those features.
7. Describe sensations you feel in your body related to your feelings.
8. Describe the activities or happenings of this experience.
9. Say your wants, needs, wishes, reactions to this place.
10. Name the place.

Try reading your poem out loud to someone you trust. Read only what is on the pages without explaining the exercise. Then ask the person to read it out loud while you listen. How does it feel to do this? What is your friend's reaction?

The results of this experiment may surprise and impress you. Feelings you describe will validate feelings of those who have been there and move those who have not.



We at Yolo Unite would welcome the opportunity to publish a few of the poems from this experiment. If you would like to share your poem with fellow readers, mail both parts to: SANDRA M. DOLBER-SMITH, C/O Yolo Unite!, 600 A Street, Davis, CA 95616. You may sign your real name, a made up name, or "anonymous". Submissions cannot be returned so be sure to make a copy before you send it!

Sandra Dolber-Smith is a licensed psychotherapist who uses a body-oriented approach to psychotherapy. She has a master's degree in clinical holistic health education and has taught stress management, communication skills and massage therapy. She has a private practice, Adaptive Transitions in Davis and sees individuals and groups, and teaches workshops.

DAVIS

Dig The New Breed!

"I do feel different coming to school because at first I'd get up in the morning and "Oh I don't want to go to school, I'm going to pretend I'm sick" or be all tired and not wanting to come and thinking about dropping out and stuff..."

"My video was about how gangs and drugs effects teens in the 90's about the gang violence, the drugs, the clothing and the shooting and all that stuff. I chose it so I could show it out to the young kids so they would think about it before they join a gang or do drugs. And I hope it really influences people, especially young teens. It made me feel better. Now I want to come to school and become somebody."

"My video is about spousal abuse and battered women. It's about my mom and I did it so that people could know that it really does happen and people do get hurt and they die sometimes."



Photo by jesikah maria ross

"If this were never here, I probably wouldn't be coming to school. I probably would have dropped out already and become a junkie. I'd probably be out partying all the time. I'm now looking into maybe making it a career if I can."

"I did a video on abuse because my mom was in an abusive relationship with her boyfriend. He would always beat her whenever he wanted to and I didn't think it was right. I made a video to let everyone else know what kind of abuse girls have to go through. When I was doing it I had flashbacks so it was really hard trying to concentrate on making it, but I liked it. I think there should be one of these programs in every school."

"My video was about drug use in Davis. I did it about teenagers basically because that's what I am, a teenager, and I used to do a lot of drugs and most of my friends, people that I hang out with, do drugs. I did my piece on drugs to show adults in Davis what is really going on because they don't really know. It turned out really well and I was really proud of it. I've been coming to school constantly."

A Festival of Video Arts Created by the Students of Martin Luther King High School

By jesikah maria ross

Recognizing the potential for media arts education in Davis, The Davis Civic Arts Commission awarded me a grant to conduct a Media Arts Education Residency at Martin Luther King High School last Spring. Students began to create weekly video productions in conjunction with their academic coursework.

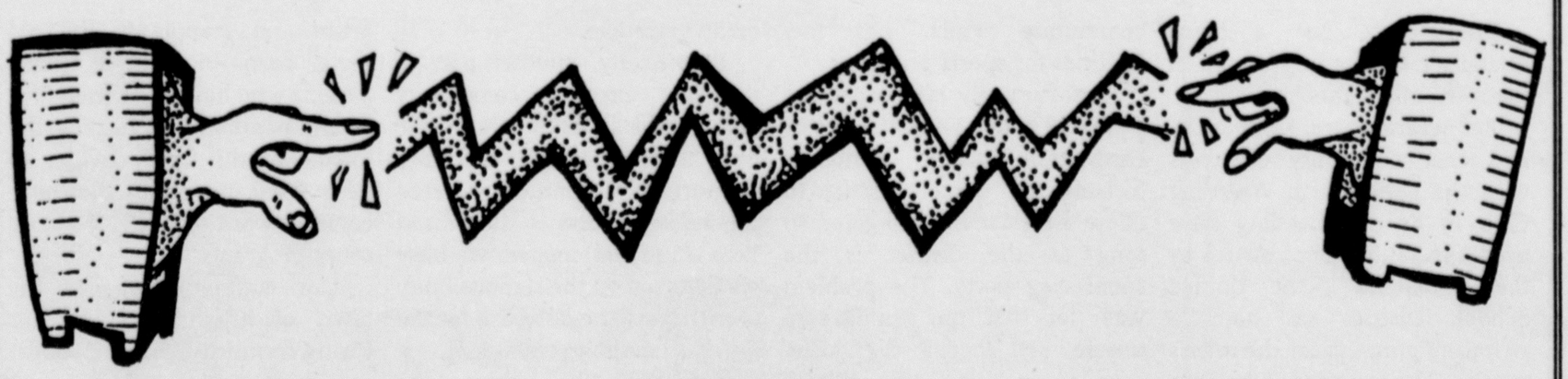
From biographies on Henry Ford to interviews with lowriders, from personal pieces on substance abuse and battered family members to a critique of representation of Asians in the media, the students deconstructed television stereotypes and mythologies and used the camcorder to make their own version of history and reality.

In such a curriculum, students find that television is not a "window on the world", "a slice of life", or "a mirror of society", but rather that TV programs are carefully manufactured constructs with nothing left to chance. Instead of passive consumers, students are trained to become active and questioning participants, artists, and producers.

Their fresh and innovative styles coupled with their from-the-gut content converged to create evocative art pieces that give voice to teenage concerns and an outlet for artistic, cultural, educational, and personal self-expression.

The success of the program, especially in increasing attendance, student self-esteem, and awareness of issues facing multicultural youth has led to the creation of a regular video course at MLK. In addition, a number of other local educators are now investigating ways to incorporate video production and analysis into their curricula.

jesikah maria ross is a local media artist and the Production and Human Resources Manager at Davis Community Television. She can be reached at 757-2419 or jmross@ucdavis.edu.



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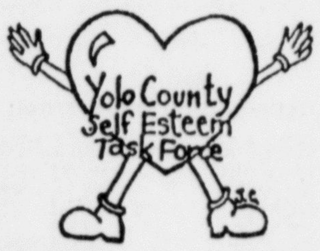
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Daily Democrat

Supervisor Mike McGowan & Staff



Self-esteem is the one key ingredient that affects the level of proficiency in all fields of endeavor and involves respecting others and feeling a sense of harmony and peace within oneself. The mission of Yolo County's Self-Esteem Task Force is "a commitment to find ways in which we can empower all of the citizens of Yolo County to take control over their own lives so that they can become personally and socially responsible, contributing citizens." Become a part of their team and call Sandi Redenbach at 756-8678.

Get involved in your Community Council! Call Marilyn, your Community Worker at 666-6008 today!

Send your newspaper submissions to:
Yolo Unite! Editors
430 Lincoln Avenue
Woodland, CA 95695

Hardwood Agricultural & Media Project (HAMA)



Photo by Allison Pohl

On Thursday, December 1, 1994, 28 young people celebrated the completion of the first phase of the HAMA (The Hardwood Agricultural and Media Project) was developed through a grant from the Urban School Collaborative, a division of the President of the University System's Office.

Dunnigan Families United, the Colusa County School District and Yolo Unite collaborated with the African American and African Studies Department of UC Davis to offer an exciting program of alternative after-school and summer activities for youth in the Dunnigan area. For further information, contact Marilyn Hays of Yolo Unite at 666-6008.

HAMA Participants!

Joseph Coutee		Jennifer Molina		Monte Robinson
Steven Sims	Kim Garin	Chris Kestersen	Karika Robinson	Jonika Robinson
Eddie Watts	Erika Garin	Niya Duchine	Nicholas Kestersen	Molli Garin
Laura Johnson	Latomba Bishop	Sarah Johnson	Jerome Davis	Willie McClure III
Tarik Dean	Dominique Smith	John Mouton	Sonya Johnson	Ruby Marie McClure
Terry Renee McClure	Jason Hays	Mikkia Smith	Jessica Molina	Cherie Mooring

"The solution of adult problems tomorrow depends upon the way we raise our children today. There is no greater insight into the future than recognizing when we save our children, we save ourselves." ***Margaret Mead***

Yolo Unite Has a Barn!

By Dave Stoebel

Yolo Unite has a barn! Actually a bus barn... located in the town of Knights Landing.

For several years, Keith Smith and other community volunteers with the Lobo North Wrestling Club in Knights Landing have used a metal bus barn owned by the Woodland Joint Unified School District to hold a wrestling program for the town's youths. The presence of the barn has been a true blessing in this community which has few facilities for sports programs.

Unfortunately, last year it was discovered that school earthquake safety standards forbade the school district to allow these activities to go on so long as the district is the sponsoring party. The problem was not that the building is unsafe, just that it cannot be certified as being safe without the blueprints which were lost many years ago.

Fortunately, another part of the law exempts community organizations like Yolo Unite from these standards. So, since supporting community-based prevention efforts is the reason Yolo Unite was created, we have gladly taken on the responsibility of managing the bus barn for the Knights Landing community.

Beginning this spring, the Lobo North wrestlers will again grunt and grapple in the old metal barn. In addition, many parents who have been energized by the possibility of helping the town's youths find activities to keep them out of trouble, have come forward to begin planning other programs.

Our congratulations to the town of Knights Landing for caring so much about it's youth!

DUNNIGAN, KNIGHTS LANDING, YOLO & ZAMORA



Flip Flops and Mitten Socks

By Lynn Hull

"The orphans are going to like all this stuff," John said as he loaded the last box. The back of the panel truck was filled with presents and bags of food gathered by his Scout troop. He found room for a big bag of apples. "Perfect fit!"

"Boys, it's time to go," Dad said as he closed the back doors. "Get in."

The truck was a bit crowded, but nobody minded - everyone was too excited about the Christmas party at the orphanage. Everyone except John.

He'd never met any orphans before, and the Korean boys, he'd been told, didn't speak English. Meeting them made him nervous, but he didn't say anything. After all, his dad was the troop leader. Besides, the other boys had been in the troop longer, and the party had been their idea. They thought this wasn't just a good Christmas service project, but a way of celebrating the end of the war by helping the Korean kids who had lost everything they had, including their parents.

Each boy was supposed to pick out three of his own toys to give to the orphans. Good ones, too - not old, broken ones. "Something you'd like to get as a present," John's dad had insisted. John tried to act as excited as the others. "I hope the boy who gets my race car likes it," he said. "It's my favorite."

It wasn't quite true, but no way was he going to give away his best stuff! Dad's transfer was only going to be for a few months, and John hadn't been able to bring all his things anyway.

He'd had a hard time deciding what he could part with - certainly not his favorite race car, the one with the ripcord starter and huge, knobby tires. So he'd picked another one. It was almost as good but didn't go as fast. The teddy bear and wooden puzzle he gave up weren't favorite things, either.

John sighed now and stared out the window. They'd been driving for miles through the Korean countryside. Gray, slushy snow lined the road. The farm fields were a patchwork of dirty snow and brown mud. As the truck made its way to the top of the narrow, winding road to the orphanage, John got his first look at it. What an ugly place!, he thought. As soon as his dad parked the truck, the boys scrambled out and began unloading the gifts.

All except John, who was too busy looking around. At the end of the yard was a long shed. Its roof was nothing but scraps of rusty sheet metal. The plywood walls weren't even painted. Scrawny chickens pecked around in the straw, and equally scrawny goats wandered in and out the open door. Just inside the door, he could see rabbit cages. Hiding behind the cages was a skinny little kid with thick bangs cut sharply across his forehead. One of the orphans, John guessed.

The boy peeked around a cage at John, but didn't smile. John noticed that the boy wasn't wearing a coat, just a ragged sweater. No mittens either, nor a hat. Isn't he freezing?, John wondered Then he glanced at the boy's feet.

No shoes! Just rubber flip-flops and those funny-looking Korean socks. He called them "mitten socks" because they had a space between the big toe and the other toes for the flip-flop thong. He knew that they were only funny looking because he'd never seen them before, and that both they and the flip-flops (which would later be known as thongs) were practical and useful. He'd seen Korean farmers wearing the same socks with flip-flops, but he had not realized that anybody wore them in the wintertime, too!

Suddenly the small boy smiled and waved a shy greeting. Then he darted away. John stood watching as silent Korean boys did their chores. Most wore coats, but only a few had mittens. One boy's hands looked blue with cold. John turned to say something to his dad, but he and the other Scouts were heading inside the orphanage. John raced to catch up. Inside it was warmer, but not much. He decided to keep his coat on.

"Come on, boys, help me put the things out," Dad said as he started unloading the food they'd brought. Big bags of rice and beans, two huge turkey, cookies, oranges, apples, candy canes, juice, and cupcakes with green coconut frosting.

Some of the Korean boys helped. They put the presents under a scraggly tree decorated with homemade ornaments and paper chains. On Christmas morning the orphans would open their gifts. Now they laughed and shook each present, chattering away excitedly.

John couldn't understand a word they were saying, but he could see how they felt. He was excited about Christmas too! Maybe he should have given away his favorite race car... But there was no time to think about that, the party was starting. The other scouts were already lining up to sing Christmas carols.

Soon the singing and games were finished, the cupcakes and cookies were eaten and the party was over. As John headed for the door, he spotted the little boy who had smiled at him outside. The boy smiled and waved again from across the room.

John took his red mittens from his pocket and went over to him. "Here. You keep these. Merry Christmas!"

The boy looked puzzled.

"Go on, take them. They're for you - to keep." John held the mittens out again.

Slowly the boy reached for the mittens and slipped them on. His face split into the biggest grin that John had ever seen! He bowed his head and kept repeating something that John couldn't understand.

"Kim Lee, Kim Lee!" the boy then said, pointing at his chest.

"Oh I get it," John cried. "Your name is Kim Lee!" He pointed at his own chest. "John Morris."

The boy nodded, said, "John Morris," then repeated those same strange-sounding words.

This time John knew what they meant: thank you. He wished that he could stay longer, but it was time to go. As they headed down the gravel driveway, John turned to see red-mittened hands waving from the barnyard gate. "Merry Christmas, Kim Lee," John whispered.

All the boys were quiet on the way back. John broke the silence. "Dad, those boys at the orphanage will like the toys and other stuff, but they really need some warm clothes."

"You're right, they do," Dad agreed.

"Do you think we could buy a bunch of mittens and hats and stuff like that and take it out there? In time for Christmas?"

"I think that's a great idea. What do the rest of you think?"

The boys eagerly agreed: "Let's buy them some warm socks." "Maybe we could get them some snow boots too. I'd sure hate to walk around in the snow in flip-flops!" "Me too! Let's get mittens and socks and hats and boots." "My dad and mom will help us." "Mine too." "And mine."

As he and Dad went home after dropping the other boys off, John was happy about the Scouts' new plans. He was even happier as he got out his race car with the rip-cord starter and huge, knobby tires and covered it with Christmas wrapping paper.



In 1992, 68% of bicyclists that were killed and 75% of bicyclists that were injured had been drinking.

Head injury is associated in 70-80% of all bicycle fatalities and bike helmets can reduce the risk of head injury by 85%.

This holiday season give a life saving gift - give a helmet. And remember: Don't drink and ride!

YOLO BIKE SAFE

We have better things to do than drugs.

Podemos hacer mejores cosas que drogas.

WEST SACRAMENTO & CLARKSBURG



Photo by Sarah Taylor

Empowerment Through Lifelong Learning

By Dr. Sarah Taylor
Washington Unified School District

The Washington Unified School District in West Sacramento has moved into the community with a new program, Empowerment Through Lifelong Learning, to serve Southeast Asian parents of district students, speakers of Lao, Mien, Hmong, and Khmer.

Once the program is fully operational, the snapshot will come into focus: It is Tuesday, Mien day. Mien parents make their way to the family literacy center in the apartment complex for their English class. They are greeted at the door by the Mien language aide, who will assist the teacher in conducting this morning's class, which focuses on principles of good nutrition and on how to be an aware consumer shopping in an American supermarket.

The Mien, who do not have a written language and never attended school as children, are being taught how to read the prices on food and to add them up so they can predict their grocery bill.

The teacher has brought in several examples of foods they buy frequently: rice, tea, and vegetables. Parents are comparing the price per pound of different brands of these items.

In the case of vegetables, they are weighing them on scales and learning about ounces and pounds. The language aide explains in Mien that these skills will not only help them shop, but also to assist their children with their math homework. Most of the lesson, however, is conducted in English, the target language.

Parents act out going to the store, as well as being the shopkeeper. "How much do I owe?", they ask. "One dollar and twenty-five cents, please."

District Special Projects staff members are excited to be receiving one of twenty Family English Literacy Programs (FELP) funded nationwide for the 1994-97 term.

A FELP annual award of $138,645.00 supports this innovative community-based program for approximately sixty Southeast Asian adults.

The idea of basing the program at an apartment in the community resulted from the extensive needs assessment conducted by District Special Projects staff to determine the need for literacy services for parents.

Parents of Southeast Asian students as well as teachers of these students expressed eagerness for English classes but described the difficulty parents have in getting to programs located beyond walking distance from their apartment complex.

Project staff designed the program to respond to these and other parental needs.

The project will focus on developing participants' skills in four major areas: 1) English language and literacy, 2) cultural fluency and life skills, 3) child development and parenting, and 4) family literacy which facilitates the educational achievement of limited-English-proficient students and strengthens the relationships between these children and their families.

An important benefit of the parent education and literacy work with the Southeast Asian parents will be their improved understanding of the culture in which their children find themselves.

This understanding will facilitate the maintenance of close family ties, resulting in enhanced resiliency for the children and strong refusal skills when faced with drug and alcohol decisions.

There will be collaboration among District FELP staff, Yolo Unite, and other agencies which provide services to Southeast Asian families. Community members and agency representatives interested in additional information are invited to contact Dr. Sarah Taylor, Director, Categorical Programs and Special Projects, Washington Unified School District, 930 West Acres Road, West Sacramento, 95691.

ການໃຫ້ສິດອຳນາດເພື່ອການຮ່ຳຮຽນຕລອດຊີວິດທີ່ຍາວນານ

ໂດຍ ດ.ອ. ຊາຣາ ເທເລີ
ໂຮງຮຽນ ວໍຊິງຕັນ ຢູນິຟາຍ ສກູລດິສຕຣິກ

ທາງໂຮງຮຽນ ວໍຊິງຕັນ ຢູນິຟາຍສກູລ ດິສຕຣິກຢູ່ທີ່ເມືອງແວສສັກຣາເມັນໂຕ ໄດ້ຂະຫຍາຍໂຄງການເຂົ້າມາສູ່ຊຸມຊົນດ້ວຍ ໂຄງການອັນໃຫມ່ ການໃຫ້ສິດເພື່ອການ ຮ່ຳຮຽນຕະຫລອດຊີວິດທີ່ຍາວນານນັ້ນ ແມ່ນ ເພື່ອບໍຣິການໃຫ້ແກ່ພໍ່ແມ່ຂອງບັນດານັກ ຮຽນດິສຕຣິກທີ່ເປັນຄົນເອຊຽ ຜູ້ທີ່ເວົ້າພາ ສາລາວ, ພາສາມົ້ງ, ພາສາມ້ຽ, ແລະພາ ສາຂແມນ.

ເມື່ອໃດທີ່ໂຄງການນີ້ ໄດ້ເປີດດຳເນີນ ການຢ່າງເຕັມສ່ວນແລ້ວ, ການລົງມືຈະໄດ້ ນຳມາປະຕິບັດພາກຕົວຈິງ: ມັນເປັນວັນ ອັງຄານ, ເປັນວັນຂອງຄົນມົ້ງ. ບັນດາພໍ່ ແມ່ຄົນມົ້ງ ພາກັນໄປຮຽນພາສາອັງກິດຢູ່ທີ່ ສູນຮຽນພາສາອັງກິດຂອງຄອບຄົວ ທີ່ຢູ່ກັບ ອາພາດເມັນພັກນັ້ນເອງ. ເຂົາເຈົ້າໄດ້ຖືກ ຕ້ອນຮັບຢູ່ທີ່ປະຕູທາງເຂົ້າ ໂດຍນາຍພາສາ ຄົນມົ້ງ, ຊຶ່ງເປັນຜູ້ທີ່ຈະຊ່ວຍນາຍຄຣູ ໃນ ການນຳພາໃນຫ້ອງຮຽນໃນມື້ເຊົ້ານີ້ ຊຶ່ງສ່ວນ ໃຫຍ່ ແມ່ນເຈາະຈົງໃສ່ກ່ຽວກັບອາຫານການ ກິນທີ່ເປັນປະໂຫຍດຕໍ່ຮ່າງກາຍ ແລະວິທີທີ່ ຈະລະມັດລະວັງໃນການຊື້ເຄື່ອງກິນ ຢູ່ໃນ ຕະຫລາດຊຸບເປີມາກເກັດຂອງອະເມຣິກັນ.

ຄົນມົ້ງນັ້ນຜູ້ທີ່ບໍ່ມີພາສາຂຽນ ແລະກໍ່ບໍ່ເຄີຍ ໄດ້ເຂົ້າໂຮງຮຽນຄືກັບພວກເດັກນ້ອຍນັ້ນ ແມ່ນ ໄດ້ຖືກສິດສອນໃຫ້ຮູ້ເຖິງການອ່ານ ເບິ່ງຣາຄາຕ່າງໆຂອງອາຫານທີ່ຈະຊື້ ແລະ ໃຫ້ຮູ້ຈັກເຖິງການນຳເອົາຣາຄາອາຫານໃສ່ກັນ ເພື່ອໃຫ້ເຂົາເຈົ້າສາມາດກະຕວງຣາຄາ ເຄື່ອງກິນຂອງເຂົາເຈົ້າໄດ້.

ນາຍຄຣູໄດ້ນຳເອົາຕົວຢ່າງກ່ຽວກັບອາ ຫານການກິນຫລາຍໆຢ່າງທີ່ເຂົາເຈົ້າມັກຊື້ ເຊັ່ນວ່າ: ເຂົ້າ, ຊາດຳ, ແລະຜັກຕ່າງໆນັ້ນ ມາເປັນຕົວຢ່າງ. ພວກພໍ່ແມ່ພາກັນປຽບ ທຽບຣາຄາເຄື່ອງກິນຫລາຍໆປະເພດທີ່ ແຕກຕ່າງກັນເຫລົ່ານີ້ຕໍ່ພາວ.

ກ່ຽວກັບຈຳພວກຜັກຕ່າງໆນັ້ນ ເຂົາເຈົ້າ ທຳການຊັ່ງນ້ຳຫນັກໃສ່ຊິ່ງ ແລະກໍ່ຮຽນຮູ້ ກ່ຽວກັບອິດແລະພາວ. ຜູ້ຊ່ວຍທາງດ້ານພາ ສາໄດ້ອະທິບາຍເປັນພາສາມົ້ງວ່າ ຄວາມຮູ້ ດັ່ງກ່າວນີ້ ບໍ່ເປັນພຽງແຕ່ຈະຊ່ວຍໃຫ້ເຂົາ ເຈົ້າຮູ້ຈັກແຕ່ກ່ຽວກັບການຊື້ອາຫານເທົ່ານັ້ນ ແຕ່ພ້ອມກັນນັ້ນ ມັນກໍ່ເປັນການເຮັດໃຫ້ຮູ້ ຈັກເຖິງວິທີຊ່ວຍລູກຂອງເຂົາເຈົ້າເຮັດເລກ ການບ້ານບ່ໍາອີກດ້ວຍ. ເຖິງຢ່າງໃດກໍ່ຕາມ ສ່ວນຫລາຍຍົກຮຽນດັ່ງກ່າວນີ້ ແມ່ນການ ນຳໄຍສູ່ພາສາອັງກິດ ຊຶ່ງເປັນພາສາເປ້ົາ ຫມາຍ.

ພໍ່ແມ່ວາງຕົວໃນເວລາອອກຕະຫລາດ ກໍ ຄືກັນກັບການວາງຕົວເປັນນັກຊື້ເຄື່ອງ. "ຂ້ອຍຕິດຢູ່ເທົ່າໃດ?",ເຂົາເຈົ້າຖາມ."ນຶ່ງ ໂດລາຊາວຫ້າເຊັນ."

ພະນັກງານສະມາຊິກຂອງໂຄງການພິ ເສດຕ່າງໆຂອງເຂດມີຄວາມຕື່ນເຕັ້ນ ທີ່ໄດ້ ຮັບເອົານຶ່ງໃນຊາວຄອບຄົວໃນໂຄງການຮຽນ ພາສາອັງກິດຂອງບັນດາຄອບຄົວ (FELP) ຊຶ່ງເປັນ ໂຄງການທີ່ໄດ້ຮັບທຶນຊ່ວຍເຫລືອທົ່ວປະ ເທດ ສຳລັບສົກປີ ໑໙໙໔-໙໗.

ການມອບເງິນລາງວັນ $໑໓໘,໖໔໕.໐໐ ປະຈຳປີຂອງໂຄງການ FELP ນັ້ນ ແມ່ນເພື່ອ ອຸ້ມຊູໃນການປຸກຽມແຍງໃຫມ່ຂອງຊຸມຊົນ ຊຶ່ງ ໂຄງການດັ່ງກ່າວນີ້ ແມ່ນແນໃສ່ການຊ່ວຍ ເຫລືອໃຫ້ແກ່ພວກຜູ້ໃຫຍ່ຄົນເອຊຽນຕາຈັນ ອອກສູງໃຕ້ປະມານຈຳນວນຫົ້າເສັ້ນຄົນ.

ແນວຄິດກ່ຽວກັບການນຳໂຄງການນີ້ເຂົ້າ ດຳເນີນຢູ່ໃນທີ່ພັກອາພາດເມັນແຫ່ງໃດ ແຫ່ງນຶ່ງຢູ່ໃນຊຸມຊົນນັ້ນ ແມ່ນຜົນອອກມາ ຈາກການປະເມີນຜົນກ່ຽວກັບຄວາມຕ້ອງ ການຫລາຍຢ່າງ ທີ່ນຳພາໂດຍພະນັກງານ ໂຄງການພິເສດຂອງເຂດ ໃນການຕັດສິນ ເຖິງຄວາມຕ້ອງການສຳລັບການບໍຣິການ ຕ່າງໆກ່ຽວກັບການຮ່ຳຮຽນສຳລັບພໍ່ແມ່.

ບັນດາພໍ່ແມ່ນັກຮຽນຄົນເອຊຽນຕາຈັນ ອອກສູງໃຕ້ ພ້ອມທັງພວກນາຍຄຣູຂອງ ພວກນັກຮຽນເຫລົ່ານີ້ ໄດ້ສະແດງອອກຢ່າງ ຈິງຈັງສຳລັບໂຄງການພາສາອັງກິດ ແຕ່ກໍ ໄດ້ອະທິບາຍເຖິງຄວາມຫຍຸ້ງຍາກຂອງ ພວກພໍ່ແມ່ໃນການເຂົ້າຢູ່ໃນໂຄງການຕ່າງໆ ທີ່ຕັ້ງຢູ່ຫ່າງໄກຈາກທີ່ພັກອາພາດເມັນຂອງ ເຂົາເຈົ້າ.

ພະນັກງານປະຈຳໂຄງການ ໄດ້ອອກ ແຜນການເພື່ອຕອບສະຫນອງຕໍ່ສິ່ງເຫລົ່ານີ້ ແລະຄວາມຕ້ອງການອື່ນໆຂອງພໍ່ແມ່.

ໂຄງການດັ່ງກ່າວນີ້ ຈະແນໃສ່ການພັດ ທະນາວິຊາຄວາມຮູ້ໃຫ້ແກ່ຜູ້ເຂົ້າຮ່ວມສີ່ຢ່າງ ໃຫຍ່ໆຄື: ๑) ການຮ່ຳຮຽນຮຽນອ່ານພາສາ ອັງກິດ, ๒) ຄວາມລື່ນໄຫລທາງດ້ານວັດທະ ນະທັມ ແລະວິຊາປະຈຳຕົວ, ๓) ການພັດ ທະນາເດັກ ແລະການເປັນພໍ່ແມ່ ແລະ ๔) ການຮ່ຳຮຽນຂອງຄອບຄົວ ຊຶ່ງເປັນອັນທີ່ຈະ ໃຫ້ໄດ້ຮັບຜົນສຳເຣັດທາງດ້ານການສຶກສາ ຂອງນັກຮຽນທີ່ບໍ່ຮູ້ພາສາອັງກິດຫລາຍ ແລະສ້າງຄວາມເຂັ້ມແຂງໃນການພົວພັນ ລະຫວ່າງບັນດາເດັກນ້ອຍກັບຄອບຄົວຂອງ ເຂົາເຈົ້າໃຫ້ມີຄວາມແຫນ້ນແຟ້ນຂຶ້ນ.

ໜຶ່ງໃນປະໂຫຍດທີ່ສຳຄັນກ່ຽວກັບການສຶກສາ ແລະການຮ່ຳຮຽນທີ່ໃຫ້ກັບບັນດາພໍ່ແມ່ ຊາວເອຊຽນຕາຈັນອອກສູງໃຕ້ນັ້ນ ຈະເປັນ ຄວາມເຂົ້າໃຈທີ່ກ້ວາງຫນ້າທາງດ້ານວັດທະ ນະທັມ ຊຶ່ງເປັນສິ່ງທີ່ເຮັດໃຫ້ພວກເຂົາເຈົ້າ ຮູ້ຈັກຕົນເອງ.

ຄວາມເຂົ້າໃຈດັ່ງກ່າວນີ້ ຈະເຮັດໃຫ້ເກີດ ຄວາມສະດວກໃນການທຳມາຫາລ້ຽງຊີບໃນ ຄອບຄົວ ຊຶ່ງເປັນຫົນຕໍ່ການເພີ່ມພູນຄວາມ ແຫນ້ນແຟ້ນສຳລັບເດັກ ແລະກໍ່ເຮັດໃຫ້ມີວິ ຊາຄວາມຮູ້ທີ່ເຂັ້ມແຂງໃນການປະຕິເສດຕໍ່ ຢາເສບຕິດແລະເຫລົ້າຢາເມື່ອເວລາຖືກປະ ເຊີນ.

ມັນຈະມີການຮ່ວມໄມ້ຮ່ວມມືກັນລະຫວ່າງ ພະນັກງານໂຄງການ FELP ຂອງເຂດເມືອງ ໂຢໂລ ແລະອົງການອື່ນໆທີ່ເປັນອົງການທີ່ຈັດ ແຈງການບໍຣິການຕ່າງໆໃຫ້ແກ່ບັນດາຄອບຄົວ ຂອງຊາວເອຊຽນຕາຈັນອອກສູງໃຕ້. ສະມາຊິກສະມາຄົມ ແລະຕົວແທນອົງການ ໃດສົນໃຈຢາກໄດ້ລາຍລະອຽດເພີ່ມເຕີມນັ້ນເຊີນ ຕິດຕໍ່ໄປຍັງ Dr. Sarah Taylor, Director, Categorical Programs and Special Projects, Washington Unified School District, 930 West Acres Road, West Sacramento, 95691.

WEST SACRAMENTO & CLARKSBURG

A Word from Shkurkin... 12/94

This is the second of article for the local Russian immigrant community. I originally intended to write about tobacco this month, but a visit with a recent refugee family prompted me to write about other drugs. The daughter in this family said that young Russian men were sniffing a white powder which made them feel great, and that she felt it was OK.

The powder was probably methamphetamine or cocaine. Both are used by young people from the newly arrived Baptist and Pentecostal Russian speaking population, as many parents and young people have told me. Also, Russian youth have been arrested for possession of these drugs. The problem among Russian youth is widespread.

Recently arrived Russian youth face difficulties in assimilating. The drug culture, however, accepts them more readily than other American social groups. Also, a young Russian wants material goods which a parent on starvation welfare income cannot provide, while the drug culture offers large earnings through selling drugs.

These drugs give a feeling of excitement and well being immediately after they are sniffed. About 15 minutes later there comes a feeling of depression, which can be stopped by having another sniff.

A group of people can this way consume hundreds of dollars worth of drugs in one sitting.

How does one tell if someone has fallen into this trap? The following are some of the signs:

1. The unexplained use of large amounts of money in a short period of time; a sudden inability to pay bills, rent, or debt. Family members become aware when asked for money because of an "emergency".

2. A large variation in mood, from fast talking and happy, to irritable, nervous, and argumentive.

3. Unusual sleep patterns. Not sleeping for a number of days and then sleeping 24 hour periods.

4. An increase in cigarette and alcohol use, which are effective in taking the edge off of the depression cycle.

If one finds a small mirrors with a lot of small cuts on it with traces of a white powder, this is a sign of sniffing. Rolled up money with traces of white, or plastic straws cut to short lengths are also signs.

In the next issue I will discuss how to find help. Anyone with questions or comments write to:

Sergei Shkurkin, c/o Yolo Unite!
600 A Street
Davis CA 95616

Беседа со Шкуркиным...12/94

В этой второй из моих статей я собирался написать о табаке, но в результате разговора, который произошёл с новоприезжими я решил описать явление, распространённое среди молодежи нашей недавней иммиграции--нюханье возбудительных средств: мефамфетамина и кокаина. Парни из квартирного корпуса, где эта семья проживала, нюхали что-то похожее на белую пудру, после чего сильно изменялось их поведение. Меня смутило то, что дочь хозяйки (у которых я был в гостях) считала это явление "нормальным".

Эта пудра, вероятно, кокаин или мефамфетамин, широко распространённые возбудительные "drugs" среди парней из новоприезших русских баптистов и пятидесятников в районах Йоло и Сакраменто. Не однократно ко мне приходят как родители, так и сама молодёжь с рассказами из личного опыта по этому поводу.

Мир "нюхателей" принимает к себе новоприезжую молодёжь более охотно, чем другие слои американского общества. Кроме этого, молодёжь часто стремится преобрести одежду, электронику, автомобили -- вещи, которые их родители не в состоянии им купить. А община наркоманов манит пряником колосальных заработков от продажи наркотиков.

Нюханье этих "drugs" производит сразу прелестное самочувствие, но спустя 15 минут на смену приходит депрессия, которая проходит от очередной порции наркотиков. Таким образом, за один присест, компании молодёжи удаётся поглотить на сотни долларов кокаина или мефамфетамина.

Вот признаки по которым можно узнать, нюхает ли человек:

1. Необъяснимые траты больших сумм за короткий срок; материальные затруднения в уплате счетов и долгов; просьбы у семьи больших сумм на сверхсрочные нужды.

2. Резкие смены настроения; от весёлого и разговорчивого до раздражённого, нервного, агресивного.

3. Необычные циклы сна. Ночами не спит, а потом сутки не разбудишь.

4. Гораздо больше курят и пьянствуют. Табак и спирт притупляют депрессию после нюханья.

5. Присутсвие поцарапанных маленьких зеркал или стёкол, в трубку свёрнутые банкноты, короткие "соломки" со следами белого вещества, всё это доказательство того, что человек употребляет эти "drugs".

В следующий раз я объясню куда обращатся с просьбой о помощи. Со Вашами вопросами можно анонимно обращаться по адресу:

Sergei Shkurkin, c/o Yolo Unite!
600 A Street, Davis CA 95616

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Serving the residents of Yolo since 1977, the **Sexual Assault and Domestic Violence Center's** mission is to eliminate sexual assault and domestic violence through sensitive prevention, intervention and treatment. We operate the following 6 programs to serve victims of sexual assault and domestic violence and their families.

Harper House
24-Hour Crisis Line
Child Abuse & Youth Assault Prevention
Child Sexual Abuse Treatment
Latina Outreach
Counseling

Call 661-6336 for more information!

Get involved in your Community Council!
Call Cherry, your Community Worker at 375-1902 today!

SUPPORT
HAS A REAL EFFECT

A Boy Named Joe

By Helen Misener

These things don't happen to people you know
Not to your son's friend of long ago.
The boy who helped me with homely chores
Now charged with MURDER of the one he adored?

She fought with him over the gun he
Shouldn't have owned - now her life is done.

"It was an accident," the young man cries,
"She died in my arms," through tears he sighs.

And I sit and ponder how this could be
The boy who cheerfully cut grass for me
Now sits in a barren and lonely cell
Pondering life in his private HELL.

These things don't happen to people you know,
But it has happened to a boy named Joe.

Wayne

By Escorita Lewis

Wayne was born thirty-two years ago. First child, first grandchild on both sides, so you know what a precious little boy he was to many people.

Over the years he had two more brothers and one sister. What one of these characters didn't think of, the other three did.

Wayne did pretty well in school. He had plenty of girlfriends, ran track, did his share of partying and had his share of hangovers. Despite all of this, he grew up to be a nice young man.

After graduating from high school, he set out to conquer the world and make a life of his own. He went to Alabama where his father's people lived. After finding a job on an oil rig as a cook, he started buying a house so he and his girl could get married. Life was good to him.

One morning at about seven, the phone rang. My mother tearfully informed me that Wayne was dead. I thought I was going to die too. I thought when I lost my father I had a hurt that wouldn't quit. But when I lost my son my soul hurt. There was no cure for this hurt, no amount of tears could wash the pain away.

Wayne had stopped at a wreck to lend his services and started directing traffic. A car full of drunks sped around the wreck and hit my son taking off the back of his head. My only consolation was that he died quickly.

Can you imagine a man's life over at twenty. My son. Furthermore, can you imagine killing someone and being so drunk you don't even know until after you sober up the next day and have the sheriff knock on your door? In this case, the man who killed my son was out on bail and left the area, never to be found.

Over the years I've learned to cope with the death of a beautiful young son, but the hurt still hurts. It's been twelve years now and I still see young blond men and envy some mother who still has her son, and pray Mother and Son just love and enjoy each other.

Send your newspaper submissions to:
Yolo Unite! Editors
950 Sacramento Avenue
West Sacramento, CA 95605

WINTERS

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Suicide Prevention of Yolo County
P.O. Box 622
Davis, CA 95617
756-7542

Crisis Lines

756-5000
666-7778
372-6565

Get involved in your Community Council! Call Andy, your Community Worker at 795-1829 today!

Send your newspaper submissions to:
Yolo Unite! Editors
318 First Street
Winters, CA 95694

You Are Not Alone!

Suicide Prevention of Yolo County

Many people describe the holiday season as the best of times - the cheerful sounds of Christmas carols, sharing traditions and feelings of gratitude. But for some people it is the season of depression and loneliness.

For most people, feelings of depression often subside within a few days, but real depression also has signs and symptoms besides feeling sad. A person with a mild case of depression is able to function in everyday situations, but lacks a normal level of enjoyment or enthusiasm. In more severe levels of depression, people may feel hopeless and helpless. They may not be able to participate in simple activities and they may even consider suicide.

During winter, a person can attribute his depressed mood to the weather or to the stress of the holidays. But, despite the increased pressures of the holiday season, December actually has the lowest suicide rate of all months.

Although many people feel more agitated and depressed during the holidays, the spirit of the season somehow entices them to seek solace from other people around them. A clinically depressed person can blend in with the winter mood and not feel as isolated because other people are experiencing some of the pain that he is feeling.

The highest suicide rates actually occur during the Spring months, when the weather improves and most people are recovering from the holiday blues. A severely depressed person will then feel more out of place and believe he is regressing and therefore may attempt suicide as he experiences a loss of hope.

It is important for that individual to know that he is not alone. Everyone at some time is going to have a suicidal thought. But, there is a difference between suicide and feeling suicidal.

Suicide Prevention of Yolo County has been offering crisis intervention services for 27 years to Yolo County residents. Our 24-hour crisis line is available to anyone in need. From Davis call 756-5000, from Woodland call 666-7778 and from West Sacramento call 372-6565. Remember you do **not** have to be suicidal to call.

¡No Estas Solo!

Prevención de Suicidio en el Condado de Yolo

Mucha gente describe suicidio la temporada Navideña como la mejor - los sonidos alegres de los villansicos Navideñas y el sentirse bién. Pero para mucha gente es la temporada de la depresión y soledad.

Para mucha gente, el sentirse deprimido es tempora pasajero. Pero la depresión es mucho más que sentirse triste. Una persona con depresión leve es capaz de funcionar normalmente, solo le hace falta la alegría o el entusiasmo. En casos más serios estas personas no son capazes de participar en actividades sencillas y hasta consideran el suicidio.

Durante el invierno, una persona atribuye o depresión al clima o al estrés de los días antes de la Navidad. Pero aun con las presiones de la temporada, en el mes de Diciembre no ocurren tantos suicidios como en otros meses.

Aunque mucha gente se siente ajitada y deprimida, el espiritu de la temporada los hace buscar sitios llenos de alegría y de gente. Una persona que se clasifica como deprimida, puede mezclarse entre el clima de invierno sin sentirse tan abandonado sabiendo que otras personas sienten lo que el siente.

El numero más alto de suicidios es en los meses de la primavera, cuando el clima es mas agradable y la gente se recupera de los días tristes del invierno.

Una persona que esta seriamente deprimada se siente aun mas triste y pudede tratar quitarse la vida al sentir que no tiene esperanza.

Es importante que cada individuo sepa que no esta solo. Todos, a un tiempo o otro tienen el acto de cometer suicidio en su mente.

El Proyecto de Prevención de Suicidio del Condado de Yolo lleva 27 anos de ofrecer servicios de intervención de crisis. Tienen una linea de telefono al servicio las 24 horas del dia para todo aquel que sienta que "esta solo en Yolo."

De Davis, pueden llamar al (916) 756-5000; de Woodland llamen al (916) 666-7778 y de West Sacramento, utilizen el (916) 372-6565.

Y recuerden, no tienen que estar en onda de suicidio para llamar... no estas solo en Yolo.

Asking for help is a sign of courage, not of weakness.

Leave It to the Tobacco Industry to Call Inhaling Forty-Three Known Carcinogens "Refreshing"

Some "refreshing" chemicals found in tobacco smoke:

Nicotine: an active ingredient in many bug sprays
Cyanide: the deadly ingredient in rat poison
Formaldehyde: the foul-smelling preservative found in dead laboratory frogs
Ammonia: a poisonous gas and a powerful cleaning agent used to clean toilets
Arsenic: a potent ant poison
Methanol: jet engine and rocket fuel
Cadmium: found in car batteries
Butane: A flammable chemical in lighter fluid
Acetone: a poisonous solvent and paint stripper
Toluene: a poisonous industrial solvent
Polonium-210: a highly radioactive element
Carbon Monoxide: an extremely poisonous gas found in auto exhaust
Benzene: the poisonous toxin that, in trace amounts, forced the global Perrier water recall

Tobacco Free Youth Newsletter

WINTERS

* TOBACCO TIDINGS *

The Tobacco Education Program
666-8448
Diane Swann and Kathryn Shack

PROGRAM UPDATES

A major accomplishment is the completion of an anti-tobacco magazine of posters from our teen poster contest (held last spring). We received a 2500 dollar minigrant from the Gold Country Tobacco Prevention Coalition to print these magazines in full color.

They were expensive but the end product is delightful. Remember, anyone can apply for these minigrants for tobacco education projects. Call us for more information.

The magazine will be distributed to all participating students and teachers.

October is always a busy month with both Red Ribbon Week and the Great American Smokeout. Each school handles their own RRW celebrations and in Woodland there are always week long activities at the Mall.

For the Great American Smokeout, we had a booth at the Woodland Mall and gave out materials to over 100 people.

Our new billboards are finally up in Woodland - the new message is - "Elimine el habito del cigarro. Sea campeon.". The message and the picture come from the youth who won our poster contest. She is also featured on the cover of our magazine.

We are recruiting young people to join our Tobacco-Free Youth Coalition project.

The youth meet at least once a month in Woodland and get involved in media activities, performances, and community events.

The year's activities end with a youth summit during the summer. If you know anyone who would like to join, please call us for information.



LEGISLATIVE UPDATES

State:

AB 13 was passed by the Legislature and signed by Gov. Wilson. It goes into effect **Jan. 1, 1995** now that the Philip Morris initiative (Prop 188) didn't pass.

AB 13 is important enough that I want to take the space here to summarize it. All of you are key to see that it is enforced, therefore you need to know what it covers.

The important thing about AB 13 is that it **eliminates smoking in all enclosed workplaces** including restaurants, statewide.

There are 14 exceptions and here are a few examples: 65% of guest rooms in hotels/motels and lobbies; bars and taverns until either they meet ventilation standards or Jan. 1, 1997; small businesses if the smoking area is not accessible to minors, all employees consent, the air is vented to the outside, and the area meets ventilation standards.

Also, AB 13 **does not preempt** any local law that is stronger e.g. the Davis no smoking ordinance.

It supersedes existing local ordinances if they are weaker e.g. West Sacramento. Local governments can enact new ordinances that are stronger than the standards established in AB 13.

Enforcement is by local law enforcement agencies as determined by the local governing body - the City Council or the Board of Supervisors.

The employer is responsible for posting signs and making "reasonable efforts" at gaining compliance. The law is punishable by a fine not to exceed $100 for the first violation, $200 for the second violation, and $500 for a third or for each subsequent violation within one year.

Call us if you need more information about exception, enforcement, etc. or if you need help with implementation or you want a copy of the law.

MISCELLANEOUS UPDATES

A recent edition of the Morbidity and Mortality Weekly Report from the U.S. Department of Health and Human Services gives current information about youth and tobacco use.

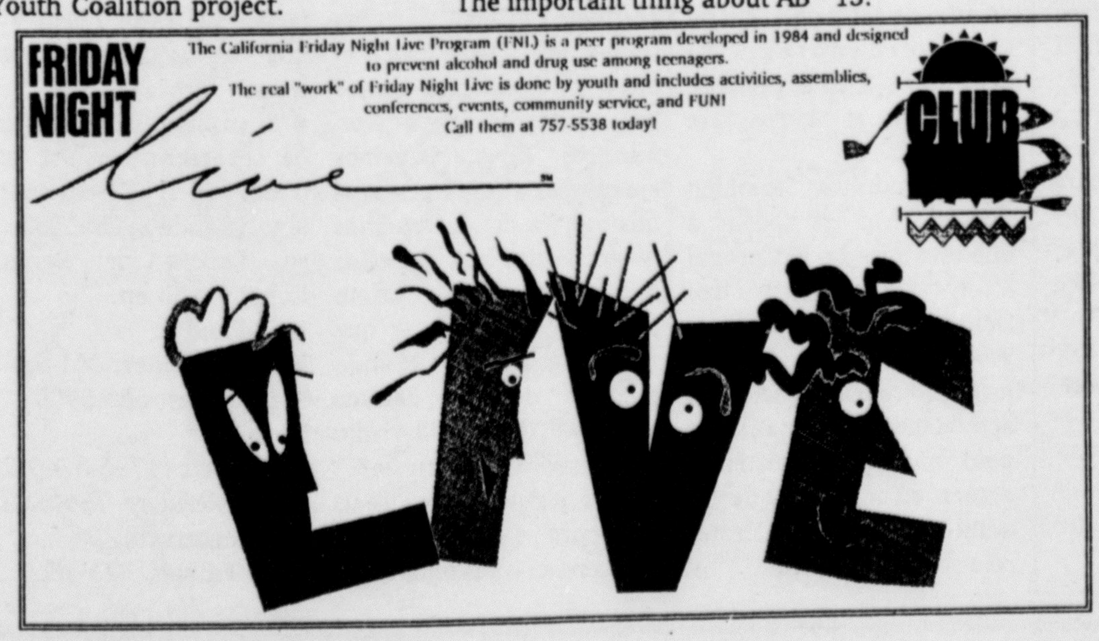
In 1992, 2/3rds of the adolescent smokers reported that they wanted to quit smoking, and 70% said they would not have started smoking if they could choose again.

Four strategies may assist tobacco-free adolescence: enforce laws prohibition sales to minors, reduce advertising and promotion, increase prices of tobacco products, and have school health education programs that are reinforced by media-based and other community programs.

One of the biggest reasons progress to reduce tobacco use is in jeopardy is that young people are smoking at about the same rate they did 10 years ago. 30% of high school seniors smoked regularly in 1993, 19% smoked daily.

One bright spot is the decline in daily smoking among African-American youth, from 16% in 1980 to 4% in 1993. The use of smokeless tobacco has tripled among youth since the 1970's.

In the U.S., Canada, and Great Britain fewer than 10% of the physicians smoke; but in France, Italy, Spain, Japan and Greece, at least, 40% do. In China, 68% of the male physicians in Beijing smoke.



Today

Outside my window, a new day I see
and only I can determine
what kind of day it will be.
It can be busy and sunny, laughing and gay,
or boring and cold, unhappy and grey.
My own state of mind is the determining key,
for I am only the person I let myself be.
I can be thoughtful and do all I can to help,
or be selfish and think just of myself.
I can enjoy what I do and make it seem fun,
or gripe and complain and make it hard on someone.
I can be patient with those who may not understand,
or belittle and hurt them as much as I can.
But I have faith in myself, and believe what I say,
and I personally intend to make the best of each day.

Anonymous

WOODLAND Gang

(n): a group of people that form an allegiance for a common purpose, and engage in unlawful or criminal activities.

(n): un grupo de personas que forma una aliansa para un propósito comun, para participar en ilegal o actividades criminales.

By Dave Stoebel

We have been hearing about gangs for years, but in the past two or three, they have become a reality here in Yolo County.

Last summer, a 13 year-old boy was shot by gang members in a drive-by shooting. A year earlier, another youth was shot in front of a Woodland McDonald's, and a Davis teen was stabbed in the parking lot of a shopping center. Meanwhile, gang graffiti, once non-existent in Yolo County, has become common everywhere.

Research on why young people join gangs has shown that many do so for companionship, comradery and to belong to a group. Frequently the joining process begins in the upper elementary grades. Youngsters at this age often experience a tremendous drop in self-esteem - the pressure to succeed or fail in society becomes a reality they must confront. Gang membership can provide the social support they need at that critical time.

Sometimes adults can unwittingly help the process along. According to Lieutenant Rich Lansburgh of the Woodland Police Department, few children are involved in gang activity, but many youths will dress or act in ways that adults might interpret as gang related.

He has seen many cases where even his colleagues on the police force will stop a young person because of the way he is dressed. When that happens, Lansburgh says, the young person gets the message that "even though I'm not doing anything wrong... because of the way I look, I'm expected to do something wrong".

Sometimes that kind of rejection from mainstream society helps push a young person toward a group that is more accepting - a gang.

According to Lansburgh, what kids want is respect. If they can't get it from adults, they know they can get it from being part of a gang.

Lansburgh also has a problem with the way we sensationalize gangs, crime, and violence. "Generally, gang members do the illegal activities for the recognition. The media sensationalizes the bad and we develop anti-heroes like O.J. Simpson and Jeffrey Dahmer. The media needs to report more on the good things".

"As adults, we are the guardians", he continued, "and we can't give up on our children". "We must teach them to respect themselves and others. We must have standards for them to live up to and we must maintain those standards for ourselves. How can we ask them to live healthy lives when some of us engage in gang activity and substance abuse? Our children will learn that those are the norms and it is wrong and unfair".

The following are helpful tips for parents to help them keep their kids out of gangs and away from drugs and alcohol:

- Be aware of your children's environment.
- Know what music, movies, TV, or literature your children are exposed to and know how they feel about the messages they receive.
- As a family, spend quality time together and support each member.
- Create a sense of belonging for each family member. Make children a vital part of family life and see to it that each member receives respect as an individual.
- Praise often. Help your children set realistic goals.
- Find out how your child feels about gangs. Don't lecture - listen.
- Notice who your children's friends are. Know their names and where they live.
- When possible, talk to their parents. Share with them what the family rules are.
- Be aware of how your child spends his/her free time and what is important to him or her.
- If your child is bordering on being recruited into a gang - or is already a gang member, GET HELP! Contact your local community service police officer:

Woodland
Mario Martinez: 661-5900
Max Garces: 661-5900
Davis
Steve Pierce: 756-3740
Dusty McAuley: 756-3740
W. Sacramento
Steve Palmer: 373-5860

Por Dave Stoebel

Hace años que hemos escuchado sobre las pero hace dos o tres años que se han manifestado aqui en el Condado de Yolo.

El verano pasado un miembro de pandilla hirió a un joven de 13 años con una bala al disparar "a la ventura" por la calle. Un año antes de esto, dispararon en contra de otro joven frente a un McDonald's y un joven de Davis fué apuñalado en el estacionamiento de un centro comercial. El "graffiti" de pandillas cada vez es más común en el Condado de Yolo, algo que antes no existía.

Los estudios demuestran que los jovenes se involucran en pandillas por sus necesidades de companerismo y por pertenecer a un grupo. Frecuentemente, la inquietud comienza en los últimos años de la primaria. Los niños a esta edad experimentan una pérdida significante de su auto-estima, se enfrentan a la presión de ser exitosos o de ser perdedores. El pertenecer a una pandilla les ofrece el apoyo que necesitan.

Los adultos también toman parte en apoyar a que esto suceda. El Coronel Rich Lansburgh del Departamento de Policía de Woodland dice que pocos jovenes toman parte en actividades de pandillas pero muchos se visten y actúan en maneras que los adultos interpretan estar relacionados con el pandillerismo.

El ha visto muchos casos en el cual sus colegas del Departamento de Policía paran a un joven solo por la manera en que esta vestido. Cuando esto sucede el Colonel dice que el mensaje que se transmite es que diga, "aunque no hago nada malo, la manera en que me visto hace que supongan que voy a hacer algo malo."

Algunas veces esa clase de rechazo de la sociedad ayuda a que el joven acuda la pandilla por la acepatación.

"Lo que los jovenes quieren es respeto," dice el Coronel Lansburgh. Si no lo consiguen de los adultos, saben que pueden conseguirlo perteneciendo a una pandilla.

Lansburgh también tiene reservas en cuanto a la manera en que el medio (la TV o periodicos) le da popularidad a las pandillas y crea heroes negativos como O.J. Simpson y Jeffrey Dahmer. El medio necesita reportar más noticias positivas. "Como adultos somos los guardianes," el dice, "y no podemos darnos por vencidos para con nuestros hijos. Debemos enseñarles a respetarse a si mismos y a otros. Debemos tener normas fijas que ellos deben cumplir. Como podemos perdirles que vivan sanamente cuando algunos de los adultos participan del pandillerismo y el abuso de sustancias?

Los siguientes consejos son para que los padres mantengan a sus hijos fuera del pandillerismo y el abuso de sustancias:

- Conozca bién el ambiente en el que sus hijos viven.
- Conozca la música, peliculas, programas televisivos, o literatura que le rodea y sepa como responden al mensaje que éstas cosas le envían.
- Pasen tiempo juntos como familia para darse apoyo.
- Cada miembro debe sentirse como una parte importante de la familia, que los niños se sientan importantes y que merecen respeto como personas.
- Alabe y premie al niño joven seguido y ayudele a poner metas para si mismos.
- Sepa que actitudes sus hijos tienen sobre el pandillerismo, no sermonée, solo escuche.
- Sepa quienes son las amistades de sus hijos, sus nombres y donde viven.
- Cuando sea posible, hable con los padres de sus amigos, investigue las normas de la casa.
- Sepa como sus hijos pasan sus ratos libres y lo que es importante para ellos.
- Si su hijo esta en peligro de ser recrutado por una pandilla o si ya pertenece a alguna, pida ayuda, llame a su Policía de Servicio Comunitario en:

Woodland
Mario Martinez: 661-5900
Max Garces: 661-5900
Davis
Steve Pierce: 756-3740
Dusty McAuley: 756-3740
W. Sacramento
Steve Palmer: 373-5860

WOODLAND

Last Pocket

534 Bush Street
Woodland, CA 95695
(916) 666-2488

Sunday - Thursday:
11:30 a.m. to 11:00 p.m.
Friday & Saturday:
11:00 a.m. to 1:00 a.m.

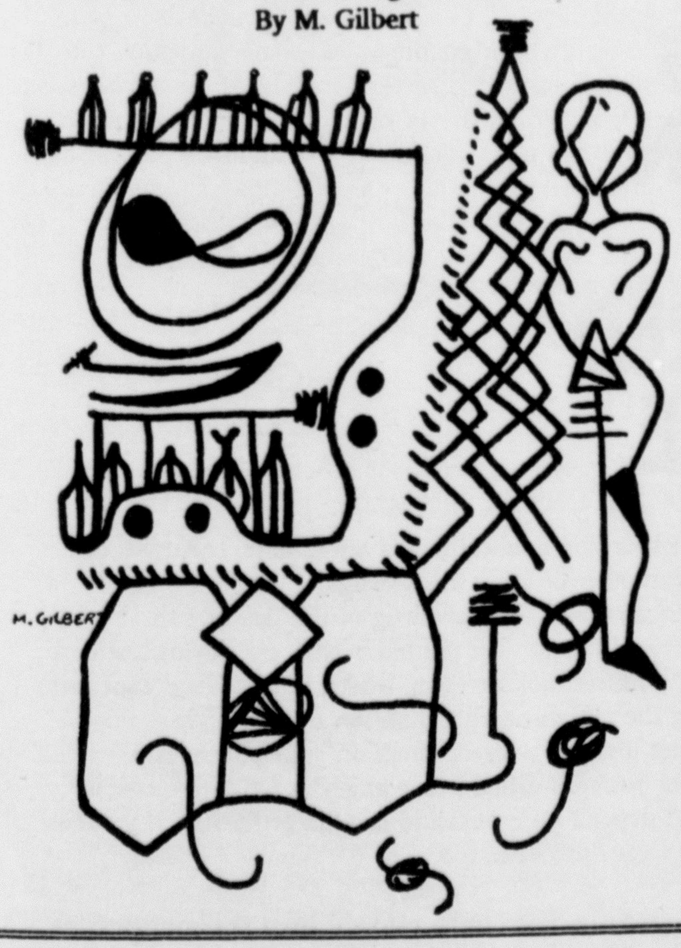


Photo by Allison Pohl

"We provide a healthy, safe, alcohol and drug-free environment for youths ages 12 and up by providing a centralized place for them to socialize and enjoy themselves away from home, says Jose Garcia, Jr. one of the co-owners. Our activities include billiards, video games, air hockey, and darts. We have a large screen TV, a juke box, and a deli that provides sandwiches, drinks, and ice cream. We also have tutoring and Bible study.

We don't want kids to go out and look for something they don't need. They're all friends to us and we treat them like we've known them for years. We want them to know that they're always wanted here!

CrossChange
By M. Gilbert



Dancing the Night Away...

By Hector Lopez

Each Tuesday and Thursday evening you can hear the music inside the Douglass Junior High School multipurpose room. As you peek inside, you can see up to 25 couples dancing gracefully on the wooden floor. The dances are Country Western and Line Dance which are taught by two special individuals.

Pat and Sherri Fay have studied and learned a variety of country dances over their 30 years of marriage. In 1990, they competed in the Division III Sacramento Country Western swing, and in 1991 they competed in Division I Line Dancing in Reno, Nevada. This experience, along with their education has landed them in Woodland where they teach for the City of Woodland Parks, Recreation, and Community Services Department.

The dance program they run throughout the school year has become an extremely positive outlet for many of today's youth, teens, and seniors. In today's society, people are trying to find places where they can socialize, have fun, and laugh without having to worry about problems. This program does just that. Individuals ranging from 16 years of age to 60 years of age participate with other people in the community.

This program seems to be a glimpse of bright light in today's dark world of drugs, violence, and uncertainty. Hopefully, in the future, more communities will organize programs like this where people regardless of age, creed, or color can gather peacefully together while learning and laughing as they dance the night away. For further information, please contact Hector Lopez at 661-5880 or Sherri Fay at 756-1235.

This page was made possible by your community members:

Daily Democrat

Peggy's Homestyle Catering

Yolo County District Attorney
David Henderson & Staff

City of Woodland

Parks & Recreation
1122 Main Street
Woodland
661-5880

Youth Recreation Scholarships
Still Available!

Great programs!

Boreal Ski Trip!
Horseback Riding
Yolano Recreation Center
Lee Jr. High Lair
Night Hoops
Open Gym Programs
Woodland Boxing Club
Table Tennis Club
Douglass Jr. High Ropes Course

Get involved in your Community Council! Call Marilyn, your Community Worker at 666-6008 today!

Send your newspaper submissions to:
Yolo Unite! Editors
430 Lincoln Avenue
Woodland, CA 95695

WORKPLACE

Preventing Violence in the Workplace

By Allison Pohl

On February 2, 1994, an incident occurred at the Juvenile Hall facility in Woodland. Nine minors escaped and 3 employees were assaulted during the incident. Despite the serious incident and the physical and emotional injuries incurred, these employees continue to work in the Juvenile Justice System.

"These employees knew they had responded properly, unfortunately the number of kids involved simply overpowered them", says Heidi Carothers, Training Officer. "They are survivors. They don't look at what they lost in the incident, rather what they gained and learned."

The most important characteristics of a survivor are leadership, self-confidence, confidence in their ability to perform under stress - both mentally and physically, belief in their training - that it is relevant and effective, ability to make accurate decisions, and the ability to **always** see themselves as winners.

These employees possessed these qualities and employees of the Yolo County Probation Department Community Corrections in Yolo County receive constant and consistent training to teach them these abilities and be aware of their own physical and mental abilities. They learn to first, verbally diffuse a situation, and then, through confrontation simulation and explosive endurance training, they learn physical techniques to control situations, if necessary.



Since the formal Management of Assaultive Behavior (MAB) training began over 4 years ago, the staff has become more self-assured and self-confident when dealing with juveniles in their facility. The incidents of physical restraint have decreased.

The goal of the training program is to provide staff with a wide variety of options beginning with command presence and verbal diffusion techniques; culminating with physical intervention. It is the program's hope, the physical intervention will not be necessary because of the confidence offered the employee through Confrontational Simulation exercises. Heidi makes sure staff have frequent updates on techniques and Case Law updates to make certain employees are staying competent, confident, and physically and mentally capable.

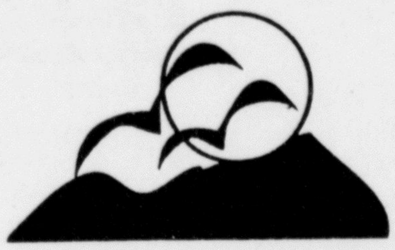
After the escape, a Blue Ribbon Commission was established to review security concerns. Those involved in the commission included: Dean Alderman, Lynn Black, County of Yolo CAO's office, Supervisor Helen Thomson, Woodland Police Department, Yolo County Sheriff's Department, Grand Jury, Juvenile Justice Commission, and David Tucker representing Assemblyman Tom Hannigan.

One of the recommendations of the Committee, and supported by the Board of Supervisors, was to create a Training Officer position. In October, a selection process from qualified Supervising Group Supervisors resulted in Heidi Carothers becoming the first Training Officer. "The employees of the Yolo County Juvenile Hall are way ahead of the curve in terms of training and professionalism," says J. Lynn Black, Director of Special Programs. In addition to training within the Probation Department, the Training Program may be willing to provide agency-specific training to other Yolo County agencies.

"The training was absolutely outstanding", said Carlos Matos, a counselor with Alcohol and Drug Programs. "It reaffirms our need to be aware of the possibility of being violently assaulted in our workplace. Also, it encourages and teaches us to communicate to prevent being assaulted and to react appropriately. We're looking forward to the next session on how to physically defend ourselves".

"What Heidi teaches in her training can really help make an individual more aware of how to keep themselves safe or decrease their chances of being assaulted", said Sandy Holman, Alcohol and Drug Prevention Coordinator. "She really emphasizes the forethought and awareness of personal safety. I highly recommend this training for everybody, but particularly those who work in environments where human tension is a consistent part of everyday life".

If you would like more information, contact Heidi at 666-8015.



Reduce Stress Naturally with Therapeutic Massage

By Henry and Pam Hughes, C.M.T.'s

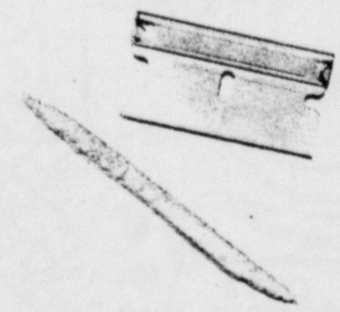
Therapeutic Massage relieves mental and physical fatigue, enhances the function of joints and muscles, improves the circulation and general body tone. Massage can also promote the release of emotional tensions.

Therapeutic massage has a tranquilizing effect on the central nervous system. The effects felt are naturally induced by the body's own pain killers called endorphins. This is a direct aid in dealing with overstressed lifestyles present in our society.

We sometimes turn to drink or drugs to relieve our stress. We suggest having a massage on a regular basis! It is a much healthier way to deal with stress and much more cost-effective in the long run.

The one thing holding many people back from trying this enjoyable and healthful experience is not knowing what to expect during a massage. We can answer all of your questions if you give us a call at 661-1509. You deserve to feel good in a healthy way!

TO MILLIONS OF AMERICAN WORKERS, IT'S CONSIDERED A LUNCH LINE.



If it's not cocaine, it's marijuana or hashish or non-medical use of stimulants, sedatives or tranquilizers. Or any number of other illicit drugs.

More than 8 million employed Americans used an illicit drug in the last month. Nearly 14 million used one in the past year. And it's not just the users who are paying the cost, it's you, the non-user. Because of accidents, illnesses, absenteeism, thefts, and medical expenses, illicit drug use on the job is costing the nation nearly 60 billion dollars a year.

And while you may not realize it, that loss has a direct effect on your paycheck.

It's enough to make you furious. But after you're finished being angry at what the user is costing you, do something. Speak up. Don't depend on a husband or wife or friend. If you see a problem it's your problem, too.

Because the only way to get rid of lunch lines is to help people lose their appetites.

EDITORIAL

A Wish for Protection, A Wish for Peace

By Armand Brint
Mendocino County Communityworks

As I begin to consider the holiday season, a rush of brassy images crowds out the subtler more tranquil associations that are at the root of our cultural celebrations.

It's as if someone just posted a large scribbled sign exclaiming: "BARGAIN SALE." Proper matrons and well-behaved offspring suddenly turn into a gnashing force of hungry consumers. Clothes tagged with red sale stickers fly in every direction and piqued tempers flush the temples of businessmen on lunch break.

In the jargon of prevention, it could be said that holiday shopping represents a real risk factor for alcohol and other drug abuse. The holidays truly fit the Dickinsonian description of the "best of times and the worst of times."

For those experiencing loneliness, loss and alienation, holidays often amplify feelings of disconnection and can become a dangerously tempting time to abuse alcohol and other drugs. They can, of course, also bring people together in what sometimes become legendary family gatherings or luminous community events.

These happy occasions - ones that minimize alcohol - represent a "protective factor" since they tend to reinforce an individual's place in the greater whole. Meaningful relationships can counteract susceptibility to substance abuse.

Partly because alcohol advertisers have been successful in linking celebrations with alcohol, drinking goes up, way up during the holiday season. If we look over the catalogue of our own holidays, most will find instances of imbibing (or drugging) to excess and driving home or sending a loved one out the door even though they insist on a sloppy, boozy kiss goodbye.

Research in risk and protective factors indicate that an accumulation of risk factors (antisocial behavior, an alcoholic parent, a lack of positive community activities), can dramatically increase an individual's risk for substance abuse. Conversely, the healthier, more resilient someone is, the greater their resistance to the appeal of alcohol and other drugs.

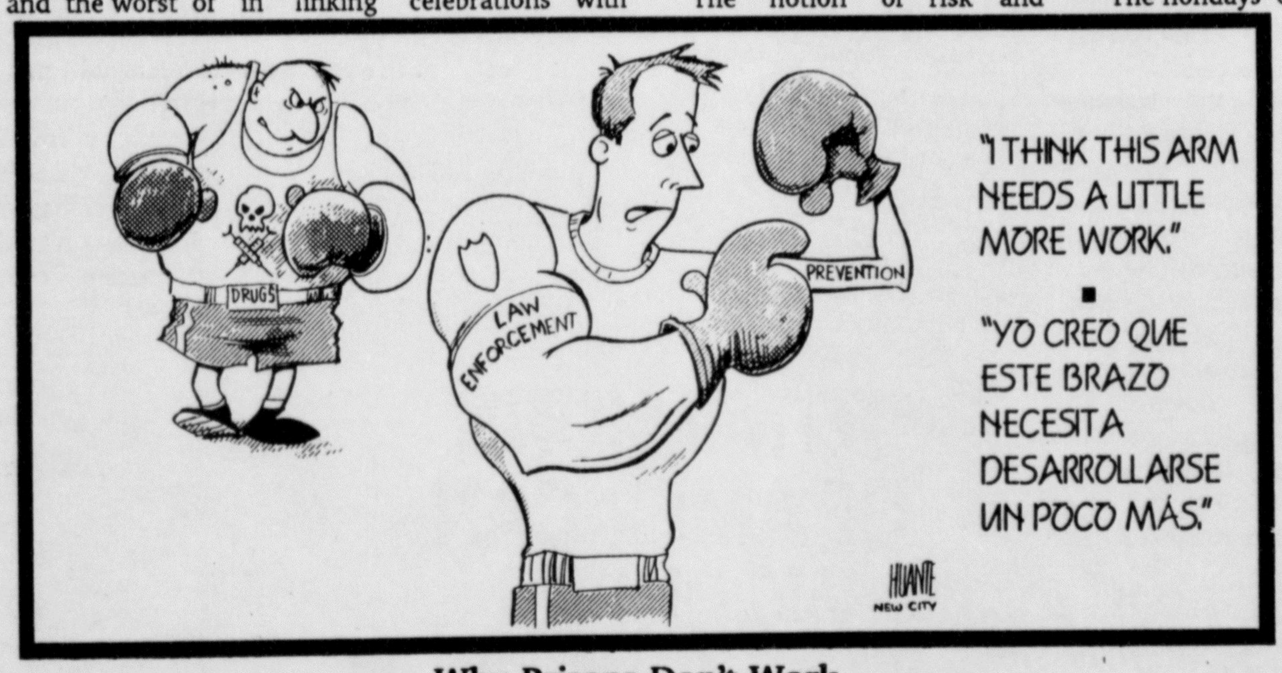
The notion of risk and protective factors is not a new development, either as a philosophical principle or as a research modality. Consider the breakthrough studies of risk factors related to heart disease. We now know that several discreet factors such as genetics, diet, exercise, stress and so forth can act as reliable predictors of heart problems. There is also a great deal that can be accomplished to protect against risk and promote health.

As much as anything else, good prevention relies on planning and making healthy choices. The holidays present a particularly opportune time to do both. Sometimes, however, even these precautions fail to lower the decibel level.

The holidays can easily lose their incandescent harmony under an assault of second helpings, stressful family interactions, and a cacophony of blaring horns, frenzied shoppers and sensory overload.

It's no wonder that people drink to excess to blot out the noise and heartache or simply use the holidays as an excuse to overindulge. Sometimes the only curative necessary, is to stop. And let the stars whirling overhead settle back into their rightful place.

An equally powerful antidote simply involves drinking in the warm feelings and ineffable light of the season, rather than the free-flowing liquor. As Carl Jung put it, "spiritus contra spiritum," spirituality can counteract the allure of alcohol.



Why Prisons Don't Work

By Wilbert Rideau
An Excerpt from Time Magazine, March 1994

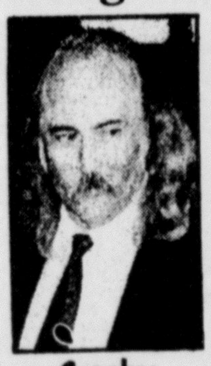
"I was among 31 murderers sent to the Louisiana State Penitentiary in 1962 to be executed or imprisoned for life. We weren't much different from those we found here, or those who had preceded us. We were unskilled, impulsive and uneducated misfits who had done dumb, impulsive things - failures, rejects from the larger society.

Now a generation has come of age and gone since I've been here, and everything is much the same as I found it. The faces of the prisoners are different, but behind them are the same impulsive, uneducated, unskilled minds that made dumb, impulsive choices that got them into more trouble than they ever thought existed. The vast majority of us are consigned to suffer and die here so politicians can sell the illusion that permanently exiling people to prison will make society safe.

The only effective way to curb crime is for society to work to **prevent** the criminal act in the first place, to come between the perpetrator and crime. Our youngsters must be taught to respect the humanity of others and to handle disputes without violence. It is essential to educate and equip them with the skills to pursue their life ambitions in a meaningful way. As a community, we must address the adverse life circumstances that spawn criminality. These things are not quick, and they're not easy, but they're effective. Some politicians think that's too hard a sell. They want to be on record for doing something now, something they can point to at re-election time. So the drumbeat goes on for more police, more prisons, more of the same failed policies. Ever see a dog chase its tail?

Wilbert Rideau is editor of the Angolite, the Louisiana State Penitentiary newsmagazine, and co-editor of Life Sentences.

Drugs Do You...



Crosby

LOS ANGELES (AP) — Rock singer David Crosby, who was hospitalized earlier this month when his drug-damaged liver began to fail, received a new organ in a seven-hour operation.

The transplant was performed Sunday at the University of California, Los Angeles Medical Center.

Crosby, of the venerable rock group Crosby, Stills and Nash, was listed in critical condition Sunday night, which is normal for organ transplant patients, said hospital spokesman Warren Robak. He said he had no details on the donor.

Elliot Mintz, Crosby's publicist, urged fans to keep the 53-year-old musician in their thoughts.

Crosby was admitted to the hospital with a deteriorating liver on Nov. 2. Mintz blamed his condition on decades of drug abuse.

"There was no question about it that substance abuse did, in fact, contribute to the condition of David's liver," Mintz said Sunday night.

Crosby had been in considerable pain in recent months but still performed with Stills and Graham Nash at this summer's Woodstock '94 concert.

EDITORIAL

PreventionWORKS!

Drugs, Gangs, Youth & Violence: The Solutions

By Reverend Timothy T. Malone, Campus Minister UCD

The news reports are filled with stories involving drugs, gangs, youth and violence. What are the solutions to these major problems that are plaguing America? Why do some children take drugs and guns to school? Why do young people choose to settle their differences with violence? Why have gangs taken over some of our neighborhoods? Why are we building more prisons and spending less money on our children's education in America?

Recently, it was reported in the news media that violent crime is on the rise in America. It was stated that no one is safe anymore due to the fact that violence has become as American as apple pie.

Yolo Unite, in partnership with other UCD and Sacramento organizations will be hosting Jim Brown, former NFL running back, in an event organized to address theses issues.

On February 9, 1994, before the U.S. Senate Committee on Juvenile Justice, Brown emphasized the need for prevention and intervention programs: "My experience has been that prisons and youth authorities alone have not been and cannot be entirely effective methods of dealing with the problems of gangs and youth violence. These problems are rooted in the general decline of our civilization: the failure of our educational system, the rise in adult criminality, drug abuse, family breakdown, racism, political corruption, hopelessness, and so on. It is logistically and financially impossible to build enough prisons to hold all those who will continue to be trapped in cycles of criminality and punishment..."

Jim Brown has developed a program called "The Amer-I-Can Program". This program emphasizes the importance of responsibility and self-determination in all areas of problem-solving. On Wednesday, February 1, 1995 at 7:30 p.m., Jim Brown will speak on Drugs, Gangs, Youth & Violence: The Solutions. For information, call Tim Malone at 753-2000 or Yolo Unite at 757-5520 or, for ticket information, call 752-1915.

recovery happens

Yolo County Hispanic Association for Professional Development (YCHAPD)

is a local organization that was started to support the training, employment, and advancement of Latinos and other persons of color throughout Yolo County. This organization is also a resource group for elected and appointed officials who provide positive role models for Latinos and other minority youth.

On Saturday, January 28, 1995, YCHAPD is holding a scholarship fundraiser dinner / dance at the Elks Lodge, 500 Bush Street in Woodland at 7:00 p.m.

If you are interested in helping to raise money for the scholarship, you can buy your $20.00 ticket from:

Debbie Singh: 666-5417
Hugo Martinez: 666-5438
Melton Losoya: 662-6121
Carlos Matos: 758-8642

Happy New Year, Yolo County!

On My Mind

Yolo Unite! will print comments which are relevant to our stated purpose. Comments should be short and should not contain libelous statements or offensive language. Views expressed are not necessariiy those of **Yolo Unite!** and comments are presented as spoken by the caller.

Call 757-5524 after 5:00 p.m.

Letters to the Editor

Yolo Unite! will print letters to the editor which are relevant to our stated purpose. All letters must be signed and contain the address and phone number of the sender. Senders' names will be withheld at their request. Letters should be no more than 400 words long and should not contain libelous statements or offensive language.

Send them to: **Yolo Unite! Editors**
600 A Street
Davis, CA 95616

Yolo Unite! is a publication of Yolo Unite, the Partnership for a Healthy, Drug-Free Yolo County. The purpose of **Yolo Unite!** is to continue building the Yolo County Prevention community by informing the public about prevention events, activities and concepts.

Yolo Unite! will contain material related to the prevention of substance abuse and related problems. Priority will be given to material that was produced by local writers and/or that has a local angle. Material that has a more general scope but that focuses on prevention issues may be accepted. Final responsibility for the publication's content rests with the Editor-in-Chief.

Submissions will be accepted from anyone. In addition non-copyrighted material or material reprinted from other publications may be accepted. The deadline for submissions is the second Friday of each month.

Yolo Unite! will only advocate positions which have been agreed upon by the Steering Committee. However, from time to time, **Yolo Unite!** may present material on controversial issues. In such cases, we will present a balance of the different points of view about the issue.

This newspaper is supported, in part, by a grant from the U.S. Department of Health & Human Services, Center for Substance Abuse Prevention. The content of this publication does not necessarily reflect the views of any agency of the U.S. government.

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